

CAMBROOKE™

desserts

GINGERBREAD MIX



serving suggestion

A low protein mix for making low protein gingerbread

Nutrients

16 servings per container

Per serving dry 43 g Per 100 g

Energy, kcal	172	401
Energy, kJ	721	1676
Total Fat, g	2.8	6.4
Saturated Fat, g	1.3	3.1
Trans Fat, g	0.0	0.1
Carbohydrate, g	36	83
Total Sugars, g	17	40
Fibre, g	0.6	1.4
Protein, g	0.1	0.3
L-Phenylalanine, mg	2.7	6.3
L-Valine, mg	5.9	14
L-Leucine, mg	2.9	6.7
L-Isoleucine, mg	2.7	6.3
L-Methionine, mg	2.7	6.3
L-Tyrosine, mg	2.7	6.3
L-Threonine, mg	2.7	6.3
Sodium, mg	267	620
Calcium, mg	27	62

FOOD FOR SPECIAL MEDICAL PURPOSES (FSMP)

INDICATION: For the dietary management of Phenylketonuria (PKU) and other inborn errors of protein metabolism.

IMPORTANT NOTICE: Must be administered under medical supervision only. Not suitable for use as a sole source of nourishment. For enteral use only.

DIRECTIONS FOR USE: Use as directed by the physician or healthcare provider.

Store in a cool, dry place.

Adjust oven rack to middle position and heat to 180° C. Grease a 23x23 cm pan. Melt 1½ sticks butter (170 g) and stir into Gingerbread Mix along with 20 mL of non-dairy milk until smooth. Transfer batter to prepared pan. Bake for about 35 minutes or until toothpick inserted in centre comes out clean. Store in airtight container.

INGREDIENTS: **Wheat** starch, sugar, molasses, palm oil, contains less than 2% of sodium bicarbonate, xanthan gum, salt, spices, natural fruit color, sodium diacetate.
Contains wheat.

Eat Well. Live Well.

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