## CAMBROOKE

## BROWNIE MIX

Chewy-Fudgy

Just add butter and non-dairy milk to make chewy, chocolaty, low-protein brownies at home!



## **Nutrients**

## 24 servings per container

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Per serving	dry 28 g	Per 100 g
Energy, kcal	110	391
Energy, kJ	459	1637
Total Fat, g	2.0	7.0
Saturated Fat, g	1.0	3.5
Trans Fat, g	0.0	0.1
Carbohydrate, g	23	82
Total Sugars, g	12	42
Fibre, g	0.7	2.4
Protein, g	0.3	1.2
Phenylalanine, mg	12	44
Valine, mg	16	57
Leucine, mg	16	57
Isoleucine, mg	9.9	35
Methionine, mg	4.5	16
Tyrosine, mg	11	38
Threonine, mg	11	39
Sodium, mg	187	669
Calcium, mg	4.0	14

FOOD FOR SPECIAL MEDICAL PURPOSES (FSMP)

INDICATION: For the dietary management of Phenylketonuria (PKU) and other inborn errors of protein metabolism.

IMPORTANT NOTICE: Must be administered under medical supervision only. Not suitable for use as a sole source of nourishment. For enteral use only.

DIRECTIONS FOR USE: Use as directed by the physician or healthcare provider. Store in a cool, dry place.

Adjust oven rack to middle position and preheat oven to  $180^{\circ}$  C. Grease 23x23 cm pan or 24 mini-muffin tin. Melt  $1\frac{1}{2}$  sticks butter (170 g). Stir melted butter, 120 g non-dairy milk and brownie mix in medium bowl until well blended. Spread evenly until smooth in prepared pan or muffin tin. Bake about 35 minutes for pan brownies and about 15 minutes for muffin brownies or until toothpick inserted in centre comes out clean. Cool to room temperature, about 2 hours.

INGREDIENTS: **Wheat** starch, sugar, brown sugar (molasses), palm oil, stabilizer (xanthan gum), high fat cocoa, leavening agent (baking soda), salt, acidulant (sodium diacetate), natural flavours (vanilla). **Contains wheat.** 

Eat Well, Live Well.



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