CAMBROOKE

PASTA DUETS

White Cheddar Mac

low protein pasta and imitation cheese sauce

Nutrients

3 servings per container

Per serving dry 66 g		Per 100 g
Energy, kcal	254	384
Energy, kJ	1061	1607
Total Fat, g	1.8	2.7
Saturated Fat, g	0.3	0.5
Trans Fat, g	0.0	0.0
Carbohydrate, g	56	86
Total Sugars, g	1.1	1.7
Fibre, g	0.6	0.9
Protein, g	0.7	1.1
Phenylalanine, mg	26	39
Valine, mg	13	20
Leucine, mg	52	79
Isoleucine, mg	28	42
Methionine, mg	10	15
Tyrosine, mg	10	15
Threonine, mg	29	44
Sodium, mg	574	870
Calcium, mg	19	29

PET 90 PLASTIC Check local provisions



FOOD FOR SPECIAL MEDICAL PURPOSES (FSMP)

INDICATION: For the dietary management of Phenylketonuria (PKU) and other inborn errors of protein metabolism.

IMPORTANT NOTICE: Must be administered under medical supervision only. Not suitable for use as a sole source of nourishment. For enteral use only.

DIRECTIONS FOR USE: Use as directed by the physician or healthcare provider. Store in a cool, dry place.

For each serving, bring 1.9 L of water to a rapid boil. Add ½ tsp salt (optional) and pasta. Stir and return to boil. Reduce heat. Simmer for 18-22 minutes or until tender. Drain and rinse well with water. Over medium heat melt 1 Tbsp butter in same pan. Add 235 mL non-dairy liquid creamer and packet of cheese mix. Blend until smooth and creamy and cheese mixture thickens. Remove from heat. Return pasta to pan. Blend thoroughly and serve.

INGREDIENTS: Pasta: Corn starch and carrot powder. Cheese mixture: Modified corn starch, soybean oil, whey, salt, potato starch, wheat flour, yeast extract, corn syrup solids, natural flavours, sodium caseinate (milk). Contains milk, soy and wheat.

Eat Well, Live Well.



Manufactured by: Ajinomoto Cambrooke, Inc. Ayer, MA 01432 USA cambrooke.com PRODUCT OF USA



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