

CAMBROOKE™

PASTA DUETS™

Creamy Garlic & Broccoli Rice

low protein rice with sauce mix

serving suggestion



Nutrients

3 servings per container

Per serving dry 66 g Per 100 g

Energy, kcal	231	350
Energy, kJ	971	1471
Total Fat, g	0.6	0.9
Saturated Fat, g	0.0	0.0
Trans Fat, g	0.0	0.0
Carbohydrate, g	56	85
Total Sugars, g	0.2	0.3
Fibre, g	0.3	0.5
Protein, g	0.7	1.1
Phenylalanine, mg	29	44
Valine, mg	33	50
Leucine, mg	48	73
Isoleucine, mg	24	36
Methionine, mg	12	18
Tyrosine, mg	17	26
Threonine, mg	24	36
Sodium, mg	640	970
Calcium, mg	7.1	11

FOOD FOR SPECIAL MEDICAL PURPOSES (FSMP)

INDICATION: For the dietary management of Phenylketonuria (PKU) and other inborn errors of protein metabolism.

IMPORTANT NOTICE: Must be administered under medical supervision only. Not suitable for use as a sole source of nourishment. For enteral use only.

DIRECTIONS FOR USE: Use as directed by the physician or healthcare provider. Store in a cool, dry place.

Mix together contents of seasoning packet with 175 mL non-dairy liquid creamer and set aside. In a saucepan, bring 1.9 L water to a boil, then add rice. Reduce heat and simmer for 10-12 minutes stirring frequently until tender. Drain and rinse well with hot water and set aside. In same pan over medium heat, add sauce mixture and stir until it begins to bubble and thicken. Remove from heat and add rice back to the pan. Mix thoroughly and serve.

INGREDIENTS: Short grain rice; Cornstarch, **wheat** starch, white rice flour. Garlic-broccoli dry mix: Potato starch, maltodextrin, salt, dehydrated garlic, dehydrated broccoli, expeller pressed canola oil. **Contains wheat.**

Eat Well, Live Well.

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