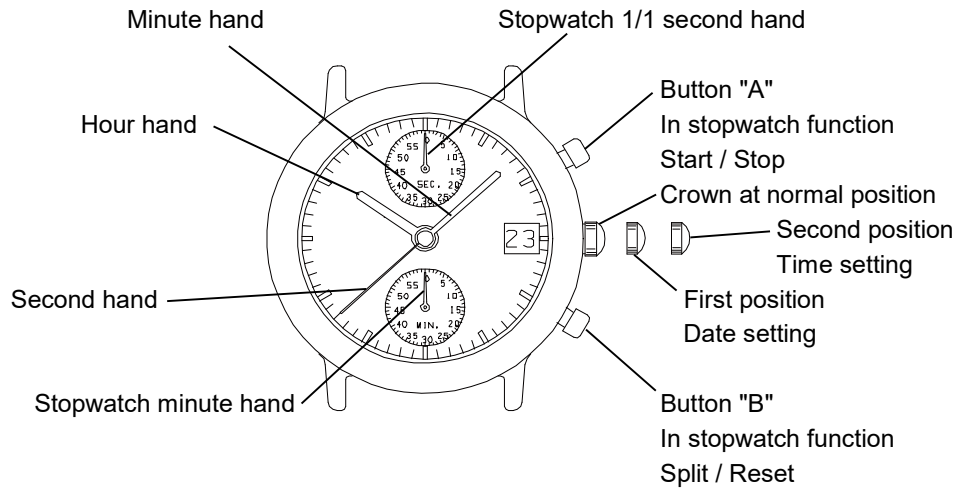


DISPLAY AND CROWN / BUTTON OPERATION



*The measurement time is indicated by the stopwatch hands that move independently of small second hand.

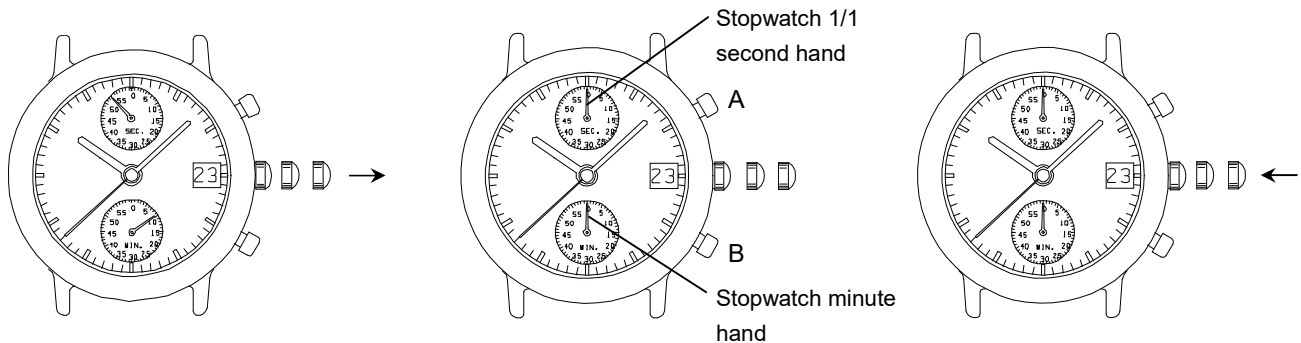
ADJUSTING THE STOPWATCH HAND POSITION

Before setting the time, check if the stopwatch 1/1 second, second and minute hands are in the "0" position.

*If the stopwatch is in use, press the button in the following order to reset it, and then, check if the hands return to "0" position. (For details, see "HOW TO USE THE STOPWATCH")

- * If the stopwatch is counting : A → B
- * If the stopwatch is stopped : B
- * If the split time is displayed : B → A → B

If either of the stopwatch hands are not in the "0" position, reset them following the procedure below.



1. Pull the crown out to the second click.

2. Press button A or B to reset the stopwatch 1/1 second, minute hands to "0" position.

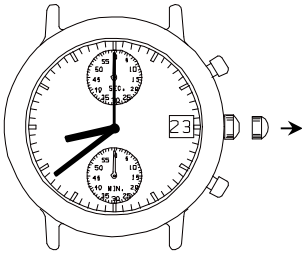
3. Push the crown back to the normal position.

*By pressing button A set the stopwatch 1/1 second hand.

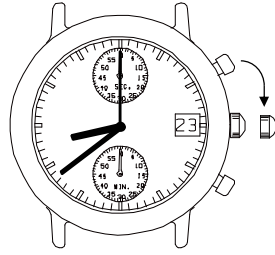
*By pressing button B set the stopwatch second and minute hands.

*The stopwatch minute hand moves correspondingly with the stopwatch second hand.

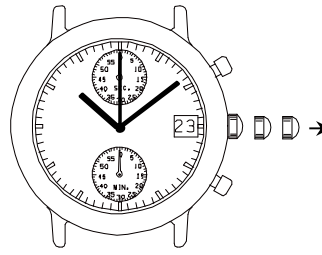
*The hands move quickly if the respective buttons are kept pressed.

TIME SETTING

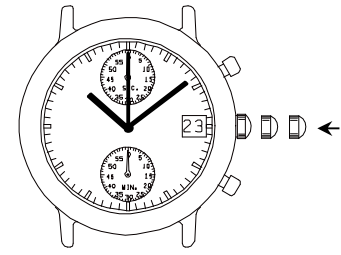
1. Pull out the crown to the first click.



2. Turn the crown clockwise until the previous day's date appears.



3. Pull out the crown to the second click when the second hand is at the 12 o'clock position. It will stop on the spot and advance the hour and minute hands by turning the crown. (Check that AM/PM is set correctly.)



4. Push the crown back in to the normal position in accordance with a time signal.

*When the crown is at the second click position. Do not press any button. Otherwise, the chronograph hands will move.

*Do not set the date between 9:00 P.M. and 1:00 A.M.

Otherwise, the day may not change properly. If it is necessary to set the date during that time period, First change the time to any time outside it, set the date and then reset the correct time.

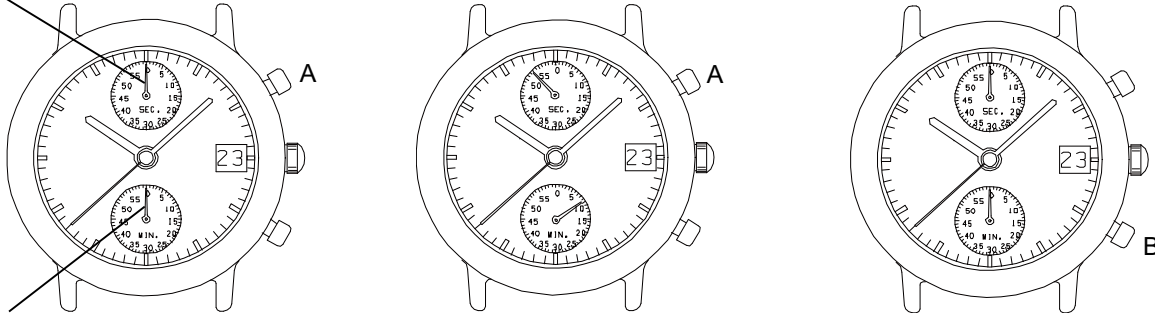
HOW TO USE THE STOPWATCH

- The measurement time is indicated by the stopwatch hands that move independently of the small second hands.
- The stopwatch can measure up to 12 hours in second.

(Standard measurement)

Ex) 100m race (Press the buttons in the following order A → A → B)
 START → STOP (Finish) → RESET (Reset to "0'00")

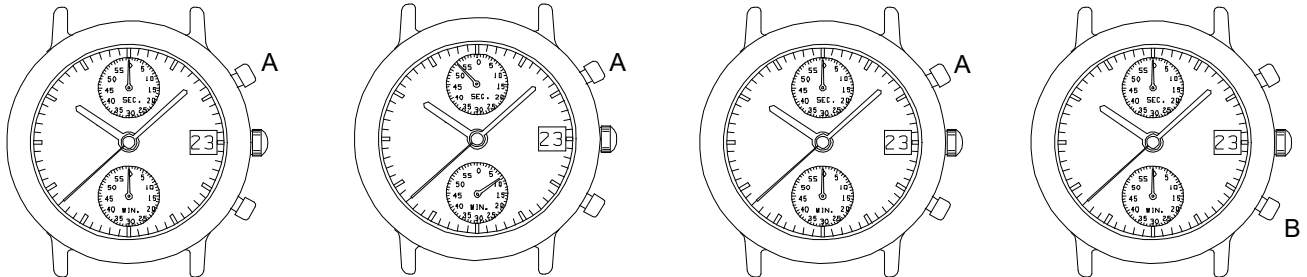
Stopwatch 1/1 second hand



Stopwatch minute hand

(Accumulated elapsed time measurement)

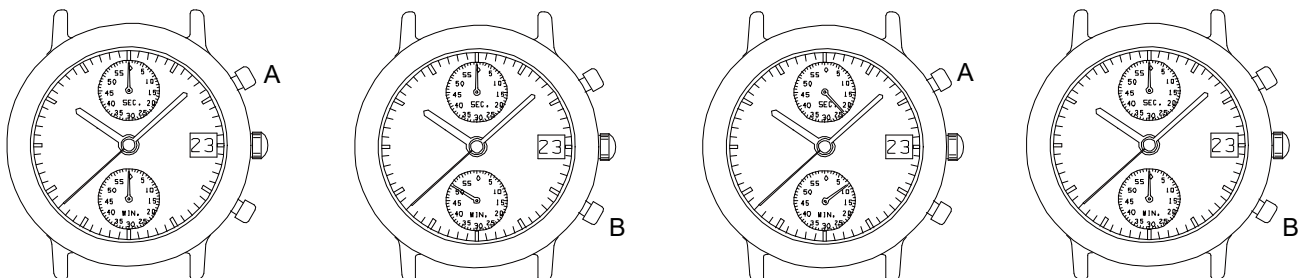
Ex) Basketball game (Press the buttons in the following order A → A / A → A → B)
 START (Start of game) → STOP (Time out) / RESTART (Restart of game) → STOP (Game over) → RESET



*Restart and stop of the stopwatch can be repeated as many times as necessary by pressing button A.

(Split time measurement)

Ex.) 5,000m race (Press the buttons in the following order A → B / B → A → B)
 START → SPLIT / SPLIT RELEASE → STOP → RESET



*Measurement and release of the split time can be repeated as many times as necessary by pressing button B.