



7 June 2024
Westleigh Conference Centre
09:00- 16:30



Dr Radha Modgil

Event MC

9:00 - 9.30 Registration & refreshments

9.30 - 9.50 Introduction

Dr Radha Modgil

Alex Staniforth, Mind Over Mountains

9.50 - 1050 1.Practitioner session & panel

Rhoda Wilkinson, Lancs, Manchester
& N.Merseyside Wildlife Trust

Richard Chapman, Climbing Matters

Ian Sansbury, Mind Over Mountains

1050 - 1100 Break

1100 - 1130 Workshop 1

1130 - 1230 2.Prescribers session & panel

Dr Nick Barnes, Royal College of
Psychiatrists

Dr William Bird, Intelligent Health,

Dr Helen Monk, British Society for Lifestyle
Medicine

1230 - 1330 Lunch

1330 - 1430 3.Policy & Commissioners
session & panel

Jim Burt, National Academy for Social
Prescribing

Dom Higgins, The Wildlife Trusts,

George Coombs, Natural England,

1430 - 1440 Break

1440 - 1515 Workshop 2 - practicals

1515 - 1615 4.Barriers & Solutions

Paul Foster, Burnley Outdoor Town

Jim Burt, National Academy for Social
Prescribing,

David Smithson, Anxiety UK

Deon Barrett, True North Project

Hannah Beecham, RED Together,

1615 - 1630 Next steps

Bryan Jones, University of Central Lancashire