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**52 Clarence St,
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Tattoo Aftercare

- *Your artist will have wrapped your tattoo up before leaving the studio. In a couple of hours, remove cling film & rinse (don't soak) with warm water. Don't use strong soap. Pat dry with clean kitchen roll & allow to air for an hour. Don't use any cream.*
- *Re wrap your tattoo for bed, rinse & dry thoroughly beforehand using fresh cling film.*
- *In the morning, remove cling film, thoroughly wash tattoo (with only warm water) & pat dry. If you are going straight out, wrap it back up with fresh cling film. If you are at home, leave to air out for up to an hour before re wrapping. Still use no cream.*
- *During the rest of the day, keep your tattoo wrapped, changing the cling film at intervals throughout the day. I.e; at lunch time, late afternoon, evening. Washing & thoroughly drying tattoo each time. If you are out & struggling to find a clean place to wash the tattoo, a baby wipe can be used.*
- *In the evening, if possible, wash tattoo thoroughly, pat dry & leave to air for a few hours before bed. Re wrap tattoo for bed, making sure tattoo is clean beforehand.*
- *This process should be continued for 3 nights in bed, & 3 days. Please do not use cream in this period. At the end of the 3 days, the tattoo should no longer require cling film.*
- *After that, apply a thin layer of cream no more than two or three times a day just to help keep tattoo moisturised. Please try & wear loose clothing to avoid irritation whilst healing.*
- *Creams we recommend using:
Tattoo Goo
Palmers Solid Formula Cocoa Butter (in a small tub, not a bottle of body lotion)
If you have a different cream, please check with your artist before using it.
Do not use E45, Vaseline, Savlon, Sudocrem or any strong anti septic creams.*
- *Please make sure to allow two weeks before soaking in a bath, swimming, hot tubs, saunas/steam rooms, fake tan etc.*
- *Any questions, please do not hesitate to call the shop (01904 671118) or contact us via our Facebook page (Adara Tattoo Collective).*

These instructions are a base guideline for your aftercare. If you are instructed differently by your artist please follow their advice as artists may change certain aspects of their aftercare depending on the placement or the amount of work been done on the day.