

INFLATION – DEFLATION Directions for Travel Sleeper Self-Inflating Mattress

Note: Use the longest nozzle when deflating the mattress.

Separate the nozzles by cutting the cords. Makes using the long nozzle easier to use.



Tip: It is easier to insert valve flaps, yellow and “stopper” into the SIM ports one at a time, by separating the yellow flap from the stopper flap.

Travel Sleeper Mattress has 2 valves:

Driver’s side valve is for Inflation. Passenger side valve is for Deflation.

About the valves:

Open – No yellow or stopper flaps engaged into the port hole valve opening.

The white foam can be seen inside the SIM.

Open valve is used for self-inflation and deflation with air pump.

Stopper Flap Closed – engage after inflation and after deflation.

Yellow Flap on the Inflate side of the mattress, with yellow disk facing towards the mattress is used with the air pump to add additional air for a firmer mattress. Pump Run time to add extra air 5-10 seconds.

Yellow Flap on the Deflate side of the mattress, with yellow disk facing away from the mattress is used during manual rolling up or folding of the SIM.

In this position, air is allowed out, but does not allow air to re-enter the SIM.



Self-Inflation:

The SIM will self-inflate with left side (Driver’s Side) valve open (no flaps used, nothing inside the port hole in the SIM) and right side valve closed.

SIM will self-inflate to 90% or so in 3 minutes. Self-inflation firmness will be comfortable for most people to sleep.

Close yellow and stopper flap after inflation. (Yellow disk is facing the mattress)

Additional Inflation with included Air Pump:

For those who want a very firm mattress. Add air with the pump nozzle pushed against the yellow flap, for 5-10 seconds. Valve on opposite side of the SIM should be closed.

DEFLATION of Mattress:

Deflation and Rolling-up SIM for Transport in the Main Rear Trunk. 2nd row seats up, storing SIM inside long Stuff Sack

Use the longest nozzle for deflation and attach it to the deflate side of the pump.



With driver's inflate side valve closed, open the deflation valve on the passenger side of the mattress. (white foam and air tunnels visible inside the SIM)



Insert the long nozzle through the open valve into the "tunnel" channel inside the foam. Turn on the air pump, and let it run for 5-6 minutes to remove as much air as possible. Mattress will be around 1.5 inches thick after deflation with air pump.

Immediately insert the yellow flap which allows air out, but not back in.

It is easier to roll up the SIM when after mattress is deflated and laying flat out (not folded in half lengthwise) to fit inside the long stuff sack. (44x14 inch roll)

You can also continue to use the air pump while rolling up the SIM. Roll up from the narrow end of the mattress with the yellow flap engaged. When you are finished with the air pump, press on the rolled up SIM to push any small amount of air left inside through the yellow flap, then insert the stopper flap.

Install securing straps around the rolled up mattress and place the SIM inside the stuff sack.

Folding and Rolling Mattress for Enroute Storage:

Folding the SIM after complete deflation is an option to rolling it up.



Fold the flat deflated mattress in half lengthwise and attach two straps. Result is a long 74x20 inch size which can be laid flat or put on edge to fit when rear seats folded down. Full length of the trunk.

Folding mattress when 2nd row seats are up. Mattress not rolled up.



Rolling up the SIM to its smallest size, to fit inside the rear lower trunk or frunk is difficult to do. Remove as much air as possible.

Storage at home:

It is recommended that the SIM be **stored inflated** with both valves open (No flaps engaged).

You can store the SIM under a bed, or stand it up in a closet or garage wall.

For more information

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