



Exercise Chart for the DF9600
FID Dumbbell Bench Deltech Fitness

Dumbbell Bench



Start



Finish

Incline Dumbbell Press



Start



Finish

Decline Dumbbell



Start



Finish

Dumbbell Fly

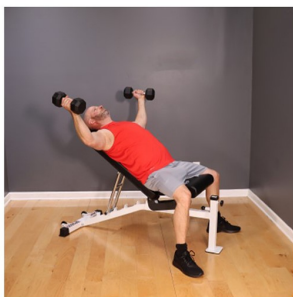


Start

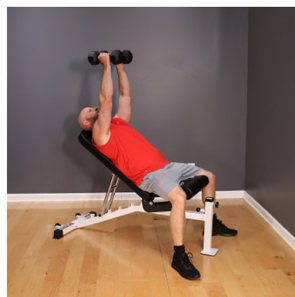


Finish

Incline Dumbbell Fly



Start

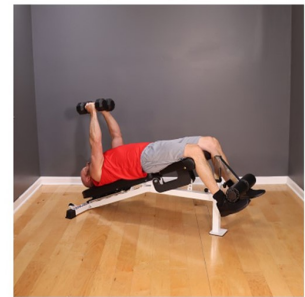


Finish

Decline Dumbbell Fly



Start



Finish