good4u

Our Formula, Decoded.

Feeling drained?

It's not just in your head. The constant hustle and bustle of modern life can silently deplete your body of the essential nutrients you need to **feel your best**.

Modern Lifestyles

Busy schedules and stress deplete essential nutrients

Environmental Factors

Pollution and toxins increase oxidative stress

Dietary Habits

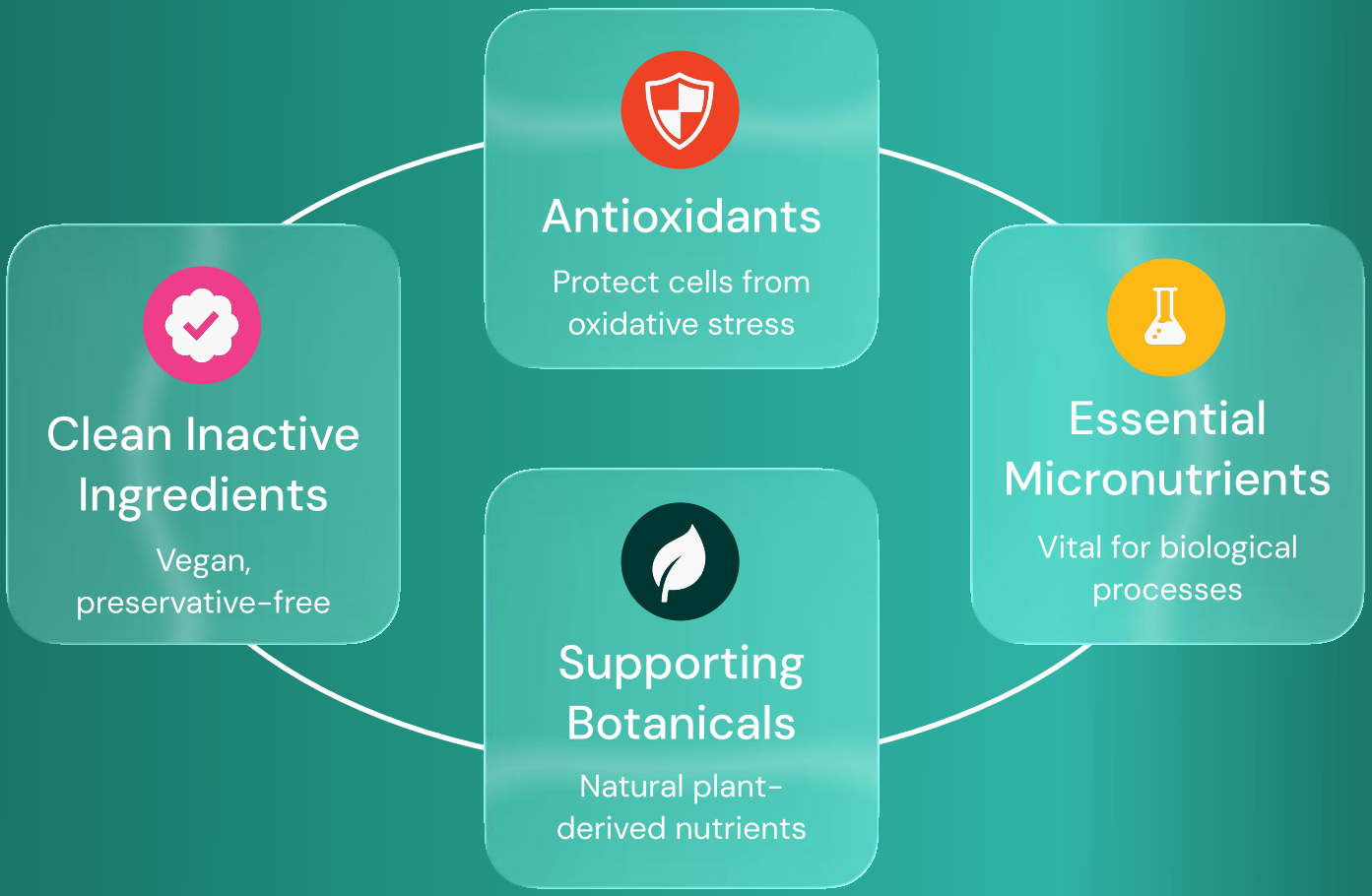
Processed foods lack essential micronutrients

Our Solution

Welcome to the antidote. g4u Multivitamin+ isn't a random mix of ingredients—it's a carefully crafted formula that targets the specific nutritional gaps created by the modern world. No fluff, just what your body needs.

Holistic Formulation

g4u Multivitamin+ features scientifically selected components, with each ingredient chosen for its unique contribution to your body's essential systems.



Synergistic Benefits

In a world of one-size-fits-all gimmicks, we take a different path. Our meticulously formulated blend is designed so each component works in concert with the others, making our product a clear and simplified choice.

What's Inside, Simple.

Full transparency is our promise. Here’s a look at every ingredient in our Multivitamin+ — what it is, what it does, and why we chose it. No confusion, no fine print.

Antioxidant Defense System

A precise blend of antioxidants, selected to contribute to the protection of cells from oxidative stress.

Ascorbic Acid (Liposomal Vitamin C)

Its Purpose: This water-soluble vitamin helps protect cells from oxidative stress.

The good4u Difference: We use a liposomal form for enhanced delivery to body's cells, allowing more efficient nutrient use.

Tocotrienol/Tocopherol Complex (Vitamin E)

Its Purpose: A fat-soluble vitamin that helps protect cell membranes from oxidative damage.

The good4u Difference: Our complex provides a broader spectrum of Vitamin E's beneficial forms.

Alpha-Lipoic Acid (ALA)

Its Purpose: ALA dissolves in both water and fat, allowing it to function in various cellular environments.

The good4u Difference: ALA helps regenerate antioxidants like Vitamins C and E.

Coenzyme Q10 (CoQ10)

Its Purpose: CoQ10 is a naturally occurring compound that plays a key role in the production of cellular energy.

The good4u Difference: Due to its fat-soluble nature, CoQ10 is a unique antioxidant, making it a valuable addition to our formula.

Essential Micronutrients & Botanicals

Our formula is designed to deliver fundamental nutrients and botanicals that are vital for key physiological processes.

Zinc Amino Acid Chelate

Its Purpose: This essential mineral contributes to the normal function of the immune system and maintenance of normal skin.

The good4u Difference: We use a chelated form for superior absorption, so your body can actually use it.

Vitamin A

Its Purpose: This nutrient has a role in body growth, normal vision, and iron metabolism.

The good4u Difference: We included Vitamin A because its metabolism in the body is supported by Zinc, another key nutrient in our formula.

Citrus Aurantium & Rice Bran Oil

Its Purpose: These plant-derived ingredients provide compounds, such as bioflavonoids and phytosterols.

The good4u Difference: They enhance the formula with additional plant-derived nutrients, supporting our holistic approach.

Quality & Purity: The Inactive Ingredients

The inactive ingredients in our formula are carefully chosen for product integrity and stability.

Capsule Shell: Hydroxypropyl Methyl Cellulose (HPMC)

Its Purpose: HPMC is a plant-derived cellulose that serves as the capsule's shell.

The good4u Difference: Using HPMC makes our capsules vegan-friendly.

Capsule Opacity: Calcium Carbonate (INS 170i)

Its Purpose: Calcium carbonate is used to make the capsule opaque, which helps protect the product from oxidation.

The good4u Difference: We use calcium carbonate to keep the product titanium dioxide-free, an ingredient others might use for this purpose.

Flow & Structural Agents: Magnesium Stearate (INS 470iii) & Microcrystalline Cellulose (INS 460i)

Their Purpose: These ingredients provide the physical structure for the capsule's contents and ensure a smooth flow during manufacturing.

The good4u Difference: They maintain the product's consistency and integrity, which is essential for accurate dosing and stable manufacturing.

Moisture Control: Silicon Dioxide (INS 551)

Its Purpose: This agent is used to control moisture, which prevents clumping and degradation of the product.

The good4u Difference: It helps to maintain the quality and shelf-life of the product by keeping the capsules dry and stable.

Approved Nutrients Function Claims

The following nutrient function claims for our product are approved by the relevant authorities in Thailand. These statements reflect the verified roles of our key ingredients.

Vitamin E

- Contributes to the protection of cells from oxidative stress

Zinc

- Contributes to the protection of cells from oxidative stress
- Contributes to the normal function of the immune system
- Contributes to the maintenance of normal vision
- Contributes to the maintenance of normal skin
- Contributes to the maintenance of normal nails
- Contributes to the maintenance of normal hair
- Contributes to normal protein synthesis
- Contributes to normal metabolism of vitamin A

Vitamin A

- Has a role in body growth
- Contributes to the maintenance of normal vision
- Contributes to the maintenance of normal mucous membranes
- Contributes to normal iron metabolism
- Contributes to the normal function of the immune system
- Contributes to the maintenance of normal skin

Vitamin C

- Contributes to the protection of cells from oxidative stress
- Contributes to normal collagen formation for the normal function of skin
- Contributes to normal energy-yielding metabolism
- Contributes to the normal function of the nervous system
- Contributes to the normal function of the immune system
- Contributes to the regeneration of the reduced form of vitamin E

The Final Word

“A different kind of wellness. One that just works.
good4u. health. simplified.”

Important Disclaimers

For Informational Purpose Only

This brochure is for informational and educational purposes only. The information provided is not a substitute for professional medical advice, diagnosis, or treatment.

Consult a Healthcare Professional

Always consult with a qualified healthcare professional (such as a doctor or registered dietitian) before starting any new supplement regimen, especially if you have underlying health conditions, are taking medications, are pregnant, or breastfeeding. Do not disregard professional medical advice or delay in seeking it because of something you have read in this report

Product Use

The effects of supplementation can vary from person to person. The benefits described in this report are based on scientific literature and do not guarantee a specific outcome for any individual.
Consume a variety of foods from the five food groups in appropriate proportions regularly. Use this product only as directed on the label.

Not Evaluated for Disease Treatment

These statements have not been evaluated by the Thai Food and Drug Administration (Thai FDA) for the purpose of diagnosing, treating, curing, or preventing any disease. Dietary supplements are regulated as foods and are not intended to replace a varied and balanced diet.

References

A selection of key scientific literature that informed our product's development.

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