

LIFE STYLE

KITTY & GUS SHARE:
BOOKS, RECIPES & MORE

NEW ARRIVALS:
SUMMER ESSENTIALS



SPECIAL FEATURE:
SUMMER ACCESSORIES

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**WHAT'S ON
IN KELSO**

COMFORTLBE & CHIC

*Lightweight.
Breathable.
100% cotton.*

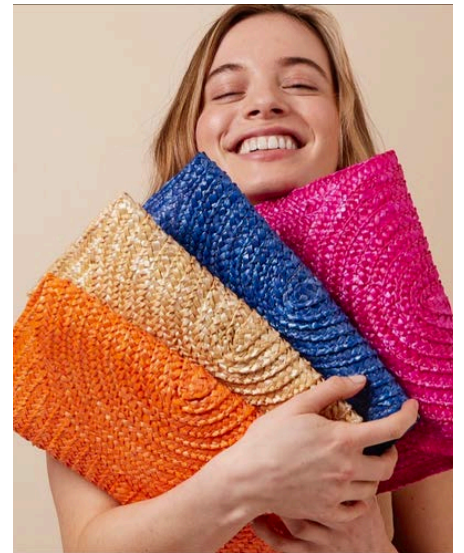
Palma Cotton Shirt
£48
Pink/Orange



Line Sandals £89.95
Rose Multi



Evamaja Scarf £24.95
Morning Glory Pink



Straw Clutch £25
Various colours



Fabric Pouchette £18
Pink/Orange

PEACHY SUMMER

Induce a sense of holiday spirit with these fabulous peach and pink accessories, certain to enhance any summer ensemble.



Raffia Belt £18
Pink



Mini Cube Cosmetic Bag £18
Orange Stripe



Flower Stud Earrings £11.20
Pink



Ronja Sneaker £109.95
Ivory Multi

DREAMING *is believing*

Say hello to your new versatile statement t-shirt. Available in Ice, Apricot and Palace Blue.

Ebba T-Shirt £24.99
Ice, Apricot & Palace Blue

SAINT TROPEZ





Amalfi Cotton Shirt
£48
Pink



Iliane Pullover
£79
Spruce Green



Urbana 7/8 Trousers
£89.95
French Oak



Ratana T-Shirt
£34.95
Morning Glory Pink

Effortless style

Comfort is key when it comes to everyday looks. Look stylish and fashionable in these hand-picked favourites.



Ryan Jeans £79
Pink



Aminase Linen Dress £79
Morning Glory Pink



Soffy's 7/8 Chinos £59.95
Spruce Green



Estermarine Blouse £69.95
Green Flower

SUMMER DAY DRESSING

Raffia Belt £18
Natural



Straw Clutch Bag £25
Natural



Line Sandals £89.95
Leopard



*Style
me up*

Tanya Cotton Skirt £55
Blue/White



Jackie Denim Jacket
£67.50
Mid Blue



Above Left:
Elmiko Dress £59.99
Palace Blue



Above Right:
Elli Linen Shirt £59.99
Provence Blue



Right:
Blanca Dress £69.99
Surf Blue

FOCUS ON NEW BRANDS AT KITTY & GUS

FARM SOAP CO.

Farm Soap Co. botanical soaps and natural skincare products are handmade in small batches in their workshop in Dorset, using traditional artisan methods.

They are passionate about natural, seasonal skincare with a sense of place. We are passionate about bringing their botanical scents to the Scottish Borders.

In autumn and winter they use plants from warmer climates for essential oils. In the spring and summer they grow and distill skincare herbs and flowers from an organic walled garden. Dorset Sea Salt and seaweeds are sourced from the shores of the Jurassic Coast.

All of their products are vegan, cruelty free and gentle, leaving skin and hair clean, soft and moisturised. The fragrances are delicate and natural and don't use any synthetic fragrances or petrochemical derived ingredients.

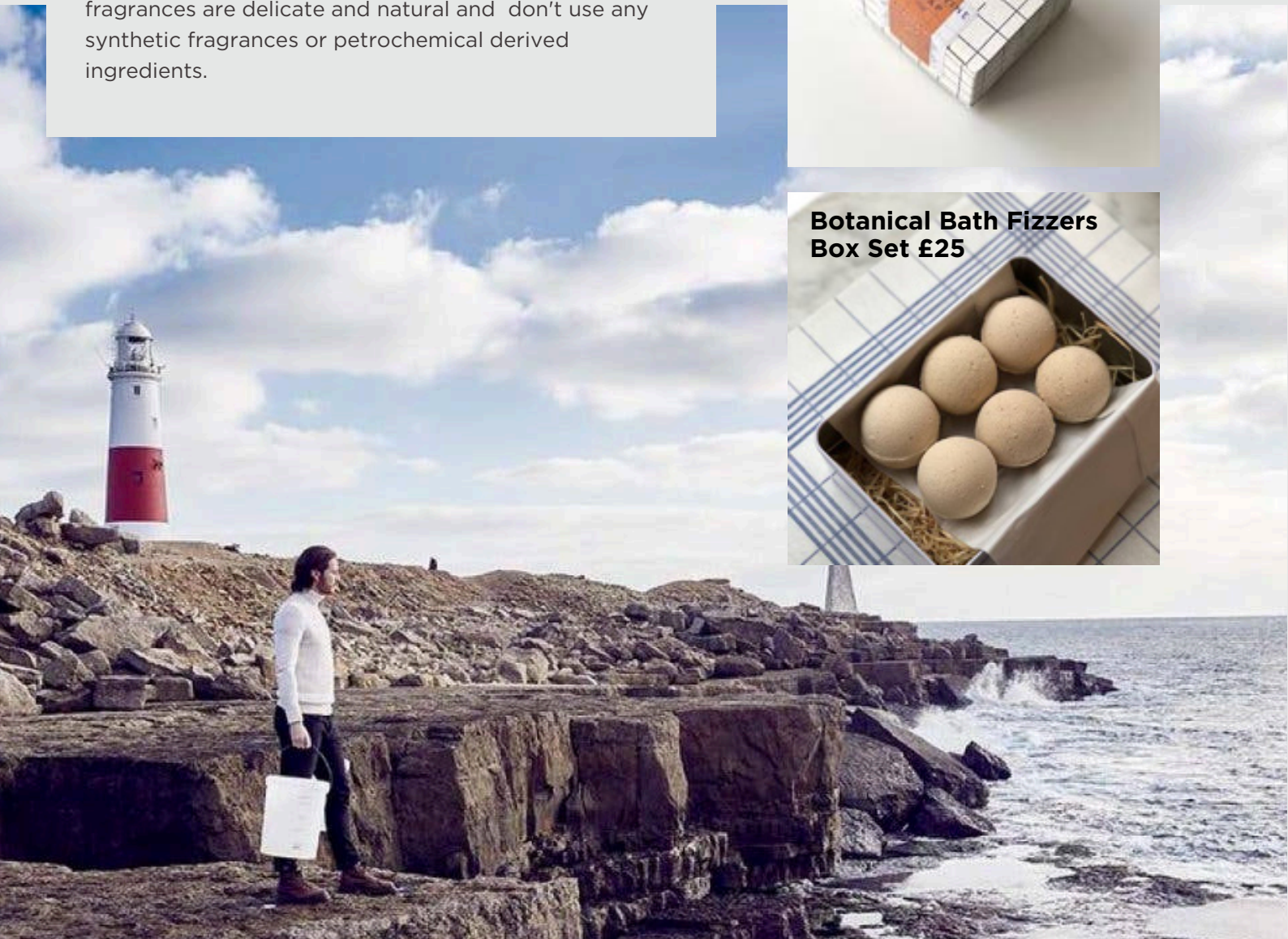
Hair & Body Slab Bars £6



Clementine Hair & Body Soap £8



Botanical Bath Fizzers Box Set £25

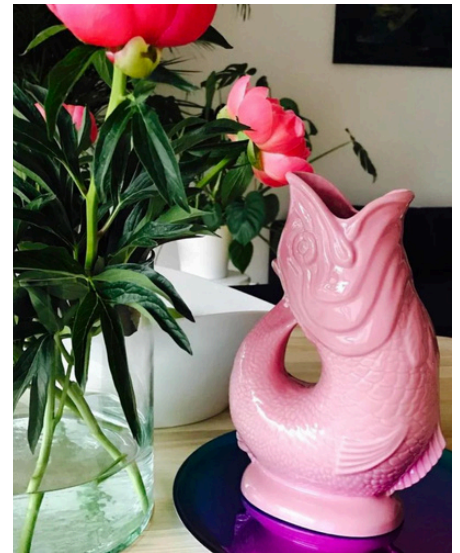




**6 O'Clock Club
Kitchen Board £16**
The Perfect G&T



**Stripe Tea Towel
£12.50**
Pink



Gluggle Jug £39.99
Pink



**Travel Wash Bag
£34**
Multi Outline Hearts

GIFTING IDEAS

Mid summer soiree? Loved ones birthday or simply a treat for yourself. We have a fabulous range of gifts and homewares.



Hearts Mug £12.50
Pink/Orange



**Little People, Big
Dreams £9.99**
Taylor Swift



**Men's Braided Belt
£28**
Beach



Sky Print £79
Aurora

MADE-TO-MEASURE

*Soft furnishings
from Kitty & Gus*



We are proud to offer a curated selection of our favourite curtain and upholstery fabrics from UK based designers and mills.



We offer a made-to-measure service for curtains, blinds, cushions, lampshades, and headboards. With over 20 years of experience in soft furnishings and interiors, each bespoke item is expertly handmade using traditional methods in our local workshop in Scotland.

Visit us for a quote and lead-time information. We can work with your unique requirements, and help select from our gorgeous range of curated wool and linen fabrics.

MADE-TO-MEASURE

SERVICES WE OFFER

BESPOKE INTERIORS: A HAND CRAFTED PROCESS

CONSULTATION/ HOME VISITS

We can arrange a design consultation in the comfort of your own home. We will guide you through every step of the process, from initial consultation and measure to installation, ensuring your vision becomes a reality.

SOFT FURNISHINGS MADE TO MEASURE

We offer a made-to-measure service for curtains, blinds, cushions, lampshades, and headboards. The majority of our soft furnishings are hand stitched, interlined and lined. We combine traditional methods and skills with modern practice to ensure they are beautifully made every time and delivered on time and in budget.

SOURCING OF FABRICS, WALLPAPERS & CURTAIN HARDWARE

Kitty and Gus are proud to work with a selection of British designers & manufacturers. From modern classics, to country linens or bright and bold we have something for everyone.

Contact us for more information.

“

I'm so happy with my new curtains. Rachel was very knowledgeable and assisted me with my window measurements.

Hints & Tips

HOW TO SELECT THE BEST CUSHION INSERT.

FEATHER INSERTS

Feather inserts are generally considered the best for their durability and excellent lumbar support. Despite their advantages, they do need reshaping and fluffing after use, and occasionally, you may spot a stray feather drifting around.

Key Takeaways:

- Needs reshaping post-use
- May result in the 'Karate Chop V' look
- Longer lifespan
- Effective for lumbar support
- Occasional stray feathers

SYNTHETIC INSERTS

A great alternative to feather are synthetic/fiber inserts. They are allergy-friendly, require minimal reshaping, and maintain their shape well, though they do not allow for the trendy "karate chop" look. When it comes to a child's bedroom, synthetic inserts are always recommended.

Key Takeaways:

- Allergy-friendly
- Requires occasional reshaping
- Maintains its structure
- (no "Karate Chop" effect)
- Washable
- Suitable for outdoor use



Size & Quality

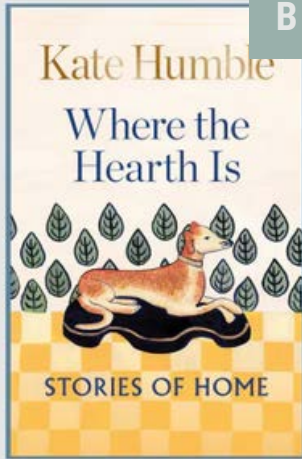
Getting a new cushion that appears smaller than expected, with empty corners and a lumpy middle, can be quite disheartening.

For a more lavish, plump look, it's recommended to choose a larger insert. Cushion sizes usually go up in 2-inch steps.

While synthetic inserts come in different options, we only use premium quality to prevent an uneven, lumpy look.

KITTY & GUS SHARES

BOOK



Where the Hearth Is by Kate Humble

Lucky enough to meet Kate at the Borders Book Festival. In her latest book, Kate reimagines whatever we consider 'home' – examining her own experiences and expectations, ideals and memories, and considering the views of others living uniquely, extraordinarily, happily.

PODCAST



Just One Thing with Michael Mosley

In memory of the late Michael Mosley, we highly recommend his podcast. If time is tight, what's the one thing that you should be doing to improve your health and wellbeing? Michael Mosley reveals surprisingly simple top tips that are scientifically proven to change your life.

FAVOURITE FIND



Pilot FriXion Erasable Rollerball Pen

Utterly brilliant erasable rollerball pen - makes all others obsolete! This pen is a game changer for me when marking out pockets in roman blinds and headings in hand-finished curtains, in-fact everything. Run over with the iron and your lines & marks disappear, like magic.

RECIPES

WARM PUMPKIN AND FETA SALAD

Simply season and roast the pumpkin with a splash of olive oil in an oven at 180°C for approximately 30 minutes. Once cooled construct your salad and drizzle the dressing before serving. Sprinkle the pomegranate seeds for a touch of crunch and summer zestiness.



INGREDIENTS

- 600g pumpkin cut into 2cm cubes
- 1 ½ tbsp olive oil
- Salt and pepper

DRESSING:

- 2.5 tbsp extra virgin olive oil
- 2 tbsp balsamic vinegar
- 1 tbsp honey
- Salt and pepper

SALAD:

- 35g pine nuts
- 150g baby spinach & rocket leaves
- 60g feta, cubed & crumbled
- Pomegranate seeds

SPOTLIGHT ON BRANDS AT KITTY & GUS

PART TWO



Founded in 1986 in the vibrant city of Copenhagen, Part Two draws its inspiration from the iconic Scandinavian design tradition.

Part Two celebrates the essence of timeless elegance. Their collections are crafted with meticulous attention to detail, offering a harmonious blend of sophistication and comfort. From versatile essentials to statement pieces, each garment embodies the enduring charm of Scandinavian design, making every woman feel effortlessly chic and confident.



CAROLINE GARDNER

Caroline Gardner's eponymous company embodies a deep-rooted passion for the simple pleasures found in beautifully designed objects. Their products are defined by quality, integrity, and excellent value, reflecting Caroline's unwavering dedication to creating timeless pieces through quality craftsmanship and thoughtful design.



BARNEBY GATES

Barneby Gates is a UK-based studio renowned for its diverse range of prints that blend traditional techniques and historical references with a contemporary twist.

Their collections, including wallpaper, fabric, and beautifully crafted cushions hand-sewn in the UK, are all hand-drawn, designed, and proudly printed in England.

BRANDS

IN THE KNOW

WHAT'S ON IN KELSO

**KELSO CIVIC WEEK 2024**

Starting 13th July, the town will host full week of events; bringing together a mix of history, sport, art, fun and more. The Kelso Standard will be carried by Jack Forsyth. Full details available on

**KELSO FARMER'S MARKET**

Kelso Farmer's Market is held in the Market Square on the 4th Saturday of each month, with the exception of July & December to accommodate Civic Week & Christmas. Next Date: Saturday 13th July 2024 9.30 to 1.30pm.

**FLOORS CASTLE ANIMAL ENCOUNTERS**

Throughout July & August Floors Castle will host several events. Meet a variety of awesome animals, some slimy, some with fangs and pinchers, and some that like to scuttle around in the dark! Come face to face with these exciting creatures.

**BORDER UNION SHOW 2024**

The Annual Show is held on the last Friday and Saturday of July in the Borders Events Centre. A traditional farming show with over 500 open competitions for horses, livestock and industrial arts. From trade stands, to a craft & gift marquee, Fun fair and catering outlets.

FOR MORE INFORMATION ON PLACES TO STAY, VISIT, EAT AND SHOP, CHECK OUT THE VISIT KELSO WEBSITE

LIFE STYLE

MAGAZINE



Shop online:

WWW.KITTYANDGUS.CO.UK

CLICK AND COLLECT AVAILABLE

Or in-store:

55 HORSEMARKET, KELSO,
SCOTLAND, TD5 7AA

Kitty & Gus