

India Knight

This firming eye cream works wonders on older skin



Having never really believed in eye creams, I discovered too late that they may have been a good idea — though there is a stubborn part of me that is still sceptical about eyes needing a separate cream. The fact remains that by the time you peer into the mirror and wonder whether eye cream might be an idea, it is, frankly, a bit late in the day. (See also: necks.) So the more interesting question is: is there anything you can realistically do about an eye area that is looking more knackered than you'd like?

I would always have sworn blind that the answer to this was no. But actually ... I have been using **Murad Retinal ReSculpt Eye Treatment** (£92) and, blow me, it absolutely makes a noticeable difference. I was well disposed towards it because the same brand's Retinal ReSculpt Overnight Treatment is fantastic on crepy skin and jowls, so I thought I'd give it a try. In case you're confused, retinal with an A is a super-duper version of retinol with an O (they're both vitamin A). It works much faster at resurfacing the skin and rebuilding collagen and I find it particularly good on older skin. This particular cream is a case in point. It's not designed for young whippersnappers concerned about the odd tiny line. It's for their mothers who didn't believe in eye cream or were too busy living their lives to faff around with complicated products at bedtime, and who now perhaps wish they had.

What it does, or what it does on me, is really help with eye sag and lid droop. It noticeably firms things up. Now look, my eyes are fine. They haven't entirely collapsed in on themselves. I can still see out. They're not especially wrinkly (because I have Botox in the sides of them), so I can't vouch for the wrinkle-zapping aspect of this overnight treatment, but this is a brand I am very familiar with, and when they say it helps with plumping out fine lines, I absolutely believe them. The lifting and firming, though, is pretty amazing, and if you have dark circles or puffiness under your eyes this will really help too.

It's the first eye treatment I've used that goes on the actual lid. You pat it on (gently!) all over the orbital bone, ie the bone all around your eye socket, and then you take it on to the lid. Makes sense, since this is obviously the area we are targeting, but initially it feels like a weird thing to do. However, my under-eyes looked perkier — smoother and depuffed — after a mere week and the whole area looked lifted after a month. A very impressive product indeed. ■



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Catherine Garcia