



# The Wiley Protocol

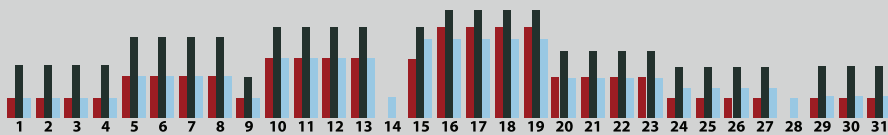
Variable Dose Schedule

## AUGUST 2024 LUNAR

Wiley Protocol for Men (SUMMER+50%)  
Wiley Protocol for Men DHEA +2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 DAY 23	2 DAY 24	3 DAY 25
DHEA (AM):				T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):
4 DAY 26	5 DAY 27	6 DAY 28	7 BASELINE	8 DAY 1	9 DAY 2	10 DAY 3
T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):	DHEA (AM):	T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):
11 DAY 4	12 DAY 5	13 DAY 6	14 DAY 7	15 DAY 8	16 DAY 9	17 DAY 10
T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):
18 DAY 11	19 DAY 12 FULL MOON	20 DAY 13	21 DAY 14	22 DAY 15	23 DAY 16	24 DAY 17
T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):	DHEA (AM):	T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):
25 DAY 18	26 DAY 19	27 DAY 20	28 DAY 21	29 DAY 22	30 DAY 23	31 DAY 24
T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):	T (AM): T (PM): DHEA (AM):

- T (AM) - TESTOSTERONE MORNING
- T (PM) - TESTOSTERONE EVENING
- DHEA - DEHYDROEPIANDROSTERONE MORNING ONLY



### SYMPTOM OBSERVATION CODES



ANORGASMA  
ANG



DRIBBLING  
DR



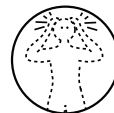
JOINT PAIN  
JP



INSOMNIA  
INS



FEEL GREAT  
GRT



ANXIETY  
AN



HEADACHE  
HD



DEPRESSION  
DE



PENIAL  
DYSFUNCTION  
PD



NIGHT SWEATS  
NS



HEART  
PALPITATIONS  
HP



BRAIN FOG  
BF



LIBIDO  
LI



CONSTIPATION  
CO



DIARRHEA  
DI