



The Wiley Protocol

Variable Dose Schedule

APRIL 2024 LUNAR

Wiley Protocol for Men (SPRING +25%)
Wiley Protocol for Men DHEA +1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 DAY 19 T (AM): 12 T (PM): 14 DHEA (AM): 9	2 DAY 20 T (AM): 5 T (PM): 9 DHEA (AM): 5	3 DAY 21 T (AM): 5 T (PM): 9 DHEA (AM): 5	4 DAY 22 T (AM): 5 T (PM): 9 DHEA (AM): 5	5 DAY 23 T (AM): 5 T (PM): 9 DHEA (AM): 5	6 DAY 24 T (AM): 3 T (PM): 7 DHEA (AM): 4
7 DAY 25 T (AM): 3 T (PM): 7 DHEA (AM): 4	8 DAY 26 T (AM): 3 T (PM): 7 DHEA (AM): 4	9 DAY 27 T (AM): 3 T (PM): 7 DHEA (AM): 4	10 DAY 28 DHEA (AM): 3	11 BASELINE T (AM): 3 T (PM): 7 DHEA (AM): 3	12 DAY 1 T (AM): 3 T (PM): 7 DHEA (AM): 3	13 DAY 2 T (AM): 3 T (PM): 7 DHEA (AM): 3
14 DAY 3 T (AM): 3 T (PM): 7 DHEA (AM): 3	15 DAY 4 T (AM): 3 T (PM): 7 DHEA (AM): 3	16 DAY 5 T (AM): 7 T (PM): 10 DHEA (AM): 5	17 DAY 6 T (AM): 7 T (PM): 10 DHEA (AM): 5	18 DAY 7 T (AM): 7 T (PM): 10 DHEA (AM): 5	19 DAY 8 T (AM): 7 T (PM): 10 DHEA (AM): 5	20 DAY 9 T (AM): 4 T (PM): 8 DHEA (AM): 3
21 DAY 10 T (AM): 8 T (PM): 12 DHEA (AM): 7	22 DAY 11 T (AM): 8 T (PM): 12 DHEA (AM): 7	23 DAY 12 FULL MOON T (AM): 8 T (PM): 12 DHEA (AM): 7	24 DAY 13 T (AM): 8 T (PM): 12 DHEA (AM): 7	25 DAY 14 DHEA (AM): 3	26 DAY 15 T (AM): 8 T (PM): 12 DHEA (AM): 9	27 DAY 16 T (AM): 12 T (PM): 14 DHEA (AM): 9
28 DAY 17 T (AM): 12 T (PM): 14 DHEA (AM): 9	29 DAY 18 T (AM): 12 T (PM): 14 DHEA (AM): 9	30 DAY 19 T (AM): 12 T (PM): 14 DHEA (AM): 9				
<ul style="list-style-type: none"> T (AM) - TESTOSTERONE MORNING T (PM) - TESTOSTERONE EVENING DHEA - DEHYDROEPIANDROSTERONE MORNING ONLY 						

SYMPTOM OBSERVATION CODES

ANORGASMA ANG	DRIBBLING DR	JOINT PAIN JP	INSOMNIA INS	FEEL GREAT GRT	ANXIETY AN	HEADACHE HD	DEPRESSION DE
PENIAL DYSFUNCTION PD	NIGHT SWEATS NS	HEART PALPITATIONS HP	BRAIN FOG BF	LIBIDO LI	CONSTIPATION CO	DIARRHEA DI	