

## BREAKER



Breaker is a cropped, plush fantasy of a sweater that elevates leggings to a playful kind of glam. With the spun-sugar color of a puffy marshmallow, zippered plunging décolletage, and the fit and comfort of your favorite college zip-up, Breaker will be there for you whether you wear your athletic wear to the gym or the couch.

## Breaker is a One Wild pattern designed by Jennifer Parroccini

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Join the One Wild Slack group for community, fit chat, and to show off your WIPs. We can't wait to knit with you!



## CONSTRUCTION

Breaker is worked flat from the bottom up and seamed. The zipper band is picked up, worked flat, and shaped with German Short Rows. The zipper is sewn in by hand. This cardigan features gentle hip shaping, very deep armholes for a dolman-like fit, and instructions for short row bust shaping in five optional sizes.

## TECHNIQUES USED

- Tubular Cast-on (optional)
- Working directional shaping
- Working German Short Rows
- Seaming
- Picking up and knitting
- Sewing a tubular bind-off
- Installing a zipper with hand sewing

Knitters will be most comfortable working this pattern if they can read their knitting (recognize a knit and a purl on the needle).

## SIZE INFORMATION

## GAUGE

Over 4 inches / 10 cm , worked flat, with size A needles: 21 stitches and 32 rows in stockinette stitch; 21 stitches and 33 rows in Andalusian Stitch.

## SIZES

$1(2,3,4)[5,6,7](8,9,10)$

## PICK A GARMENT SIZE

Choose the size closest to your actual upper chest measurement

Upper chest is measured above the full bust, at an angle close to diagonal beneath the underarms, and straight across the back.

| Pick a Garment Size |  |  |  |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\mathbf{1}$ | $\mathbf{2}$ | $\mathbf{3}$ | $\mathbf{4}$ | $\mathbf{5}$ | $\mathbf{6}$ | $\mathbf{7}$ | $\mathbf{8}$ | $\mathbf{9}$ | $\mathbf{1 0}$ |
| Body upper chest - inches | 27.75 | 31.75 | 35.75 | 39.25 | 42.25 | 44.5 | 47.5 | 50.5 | 53.5 | 56.5 |
| Body upper chest - cm | 69.5 | 79.5 | 89.5 | 98 | 105.5 | 111.5 | 119 | 126.5 | 134 | 141.5 |

## PICK A CUP SIZE

Breaker includes instructions for knitting short rows to accommodate breasts. Short rows add length to the front of the garment only, so that the hem does not rise in the front. To choose a cup size, measure your body from the top of the shoulder to your underbust in both the back and the front. Subtract the back length from the front length then subtract 2 inches $/ 5 \mathrm{~cm}$, and choose a cup size based on the result.

Note: Cup 4 is only available for sizes 3-10, and Cup 5 is only available for sizes 5-10.

| Pick a Cup Size |  |  |
| :--- | :---: | :--- |
| Your result: | Cup | Adds to the front |
| $<$ than 1 inch $/ 2.5 \mathrm{~cm}$ | None | N/A |
| $1-2$ inches $/ 2.5-5 \mathrm{~cm}$ | 1 | 1 inches $/ 2.5 \mathrm{~cm}$ |
| $2-3$ inches $/ 5-7.5 \mathrm{~cm}$ | 2 | 2 inches $/ 5 \mathrm{~cm}$ |
| $3-4$ inches $/ 7.5-9.5 \mathrm{~cm}$ | 3 | 3 inches $/ 7.5 \mathrm{~cm}$ |
| $4-4.75$ inches $/ 9.5-12 \mathrm{~cm}$ | 4 | 4 inches $/ 9.5 \mathrm{~cm}$ |
| > than 4.75 inches $/ 12 \mathrm{~cm}$ | 5 | 4.75 inches $/ 12 \mathrm{~cm}$ |

Jen is wearing size 5 , Cup 3 , with 4.5 inches / 11.5 cm of positive ease at the full bust. Her upper chest is 41 inches / 102.5 cm and she is $5^{\prime} 8^{\prime \prime} / 173 \mathrm{~cm}$ tall.

## SCHEMATIC



| Finished Measurements |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Inches |  |  |  |  |  |  |  |  |  |  |
| A - Circumference at underarm | 32.25 | 36.25 | 40.5 | 44.25 | 48.5 | 52.25 | 56.5 | 60.75 | 65 | 68.75 |
| B - Hip | 33.75 | 38 | 42 | 46 | 50 | 54 | 58 | 62.25 | 66.5 | 70.25 |
| C- Upper arm | 15.25 | 16.5 | 17.5 | 19 | 20.25 | 21.25 | 22.75 | 24.5 | 26 | 27 |
| D - Wrist | 8.75 | 8.75 | 8.75 | 9.5 | 9.5 | 9.5 | 10.25 | 10.25 | 10.25 | 11 |
| E-Front neck | 9.25 | 9 | 9.25 | 9.5 | 9.75 | 9.5 | 9.5 | 9.5 | 9.75 | 10 |
| F-Bust depth | 9.5 | 9.5 | 10 | 11.25 | 11.75 | 12.25 | 12.75 | 13.5 | 14.5 | 15.25 |
| G - Length | 19.25 | 19.25 | 19.75 | 20.25 | 20.5 | 20.5 | 20.5 | 21 | 21.25 | 21.75 |
| cm |  |  |  |  |  |  |  |  |  |  |
| A - Circumference at underarm | 80.5 | 91 | 101.5 | 111 | 121.5 | 131 | 141.5 | 152 | 162.5 | 172 |
| B - Hip | 84 | 94.5 | 105 | 114.5 | 125 | 134.5 | 145 | 155.5 | 166 | 175.5 |
| C - Upper arm | 38 | 41 | 44 | 47.5 | 50.5 | 53.5 | 57 | 61 | 65 | 67.5 |
| D - Wrist | 22 | 22 | 22 | 24 | 24 | 24 | 25.5 | 25.5 | 25.5 | 27.5 |
| E-Front neck | 23 | 22.5 | 23 | 23.5 | 24 | 24 | 24 | 24 | 24.5 | 25 |
| F-Bust depth | 23.5 | 24 | 25 | 28 | 29.5 | 30.5 | 32 | 33.5 | 36.5 | 38 |
| G - Length | 47.75 | 48.25 | 49.25 | 50.75 | 51.25 | 51.75 | 51.75 | 52.75 | 53.25 | 54.25 |



BLOCKING


| Blocking Measuremen |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Inches |  |  |  |  |  |  |  |  |  |  |
| A - Front width at underarm | 7.75 | 9 | 10 | 10.75 | 12 | 12.75 | 14 | 15 | 16.25 | 17 |
| B - Front hip | 8.25 | 9.25 | 10.5 | 11.25 | 12.5 | 13.25 | 14.25 | 15.5 | 16.5 | 17.25 |
| C - Raglan depth | 10.5 | 10.5 | 10.75 | 11.25 | 11.5 | 11.5 | 11.5 | 11.75 | 12 | 12.25 |
| D - Underarm to hem | 4.75 | 4.75 | 4.75 | 4.5 | 4.25 | 4.25 | 4.25 | 4.25 | 4 | 4 |
| E-Hem | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 |
| F - Neck depth | 8 | 7.75 | 7.75 | 7.75 | 7.75 | 7.5 | 7.5 | 7.25 | 7.25 | 7.25 |
| G - Front edge | 9.75 | 10 | 10.25 | 10.5 | 10.5 | 10.75 | 10.75 | 11.25 | 11.25 | 11.5 |
| H-Neck | 5.25 | 5.25 | 5.5 | 6 | 6.25 | 6.25 | 6.75 | 7 | 7 | 7.5 |
| I - Back width at underarm | 16.5 | 18.5 | 20.5 | 22.75 | 24.5 | 26.75 | 28.75 | 30.75 | 32.5 | 34.75 |
| J-Back hip | 17.25 | 19.25 | 21.25 | 23.5 | 25.25 | 27.5 | 29.5 | 31.5 | 33.25 | 35.5 |
| K - Neck depth | 0.75 | 0.75 | 0.5 | 0.5 | 0.5 | 0 | 0 | 0 | 0 | 0 |
| L - Shoulder | 2.75 | 3 | 3.5 | 3.75 | 4.25 | 4.5 | 4.5 | 5 | 5.25 | 5.75 |
| M - Upper arm | 15.5 | 16.75 | 18 | 19.5 | 20.5 | 21.75 | 23.25 | 24.75 | 26.25 | 27.5 |
| N-Wrist | 9.25 | 9.25 | 9.25 | 10 | 10 | 10 | 10.75 | 10.75 | 10.75 | 11.5 |
| O - Underarm to cuff | 11.75 | 11.75 | 11.75 | 11.25 | 11.25 | 11.25 | 11.25 | 11.25 | 11 | 11 |
| P - Cuff | 3.75 | 3.75 | 3.75 | 3.75 | 3.75 | 3.75 | 3.75 | 3.75 | 3.75 | 3.75 |
| CM |  |  |  |  |  |  |  |  |  |  |
| A - Front width at underarm | 19.5 | 22.5 | 25 | 27 | 30 | 32 | 35 | 37.5 | 40.5 | 42.5 |
| B - Front hip | 20.5 | 23.5 | 26 | 28 | 31 | 33 | 35.5 | 38.5 | 41.5 | 43.5 |
| C - Raglan depth | 26 | 26 | 26.5 | 28 | 28.5 | 28.5 | 28.5 | 29 | 29.5 | 31 |
| D - Underarm to hem | 12 | 12 | 12 | 11.5 | 11 | 11 | 11 | 11 | 10.5 | 9.5 |
| E-Hem | 6.5 | 6.5 | 6.5 | 6.5 | 6.5 | 6.5 | 6.5 | 6.5 | 6.5 | 6.5 |
| F - Neck depth | 20 | 19.5 | 19.5 | 19.5 | 19.5 | 19 | 19 | 18 | 18 | 18 |
| G - Front edge | 24.5 | 25 | 25.5 | 26.5 | 26.5 | 27 | 27 | 28 | 28 | 28.5 |
| H-Neck | 13 | 13 | 14 | 15 | 15.5 | 15.5 | 16.5 | 17.5 | 17.5 | 18.5 |
| I - Back width at underarm | 41.5 | 46 | 51 | 56.5 | 61.5 | 67 | 72 | 76.5 | 81.5 | 87 |
| J - Back hip | 43.5 | 48 | 53 | 58.5 | 63.5 | 69 | 74 | 78.5 | 83.5 | 89 |
| K - Neck depth | 2 | 2 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 |
| L - Shoulder | 6.5 | 7.5 | 8.5 | 9.5 | 10.5 | 11.5 | 11.5 | 12.5 | 13.5 | 14.5 |
| M - Upper arm | 39 | 42 | 45 | 48.5 | 51.5 | 54.5 | 58 | 62 | 65.5 | 68.5 |
| N-Wrist | 23 | 23 | 23 | 25 | 25 | 25 | 26.5 | 26.5 | 26.5 | 28.5 |
| O- Underarm to cuff | 29.5 | 29.5 | 29.5 | 28 | 28 | 28 | 28 | 28 | 27.5 | 27.5 |
| P - Cuff | 9.5 | 9.5 | 9.5 | 9.5 | 9.5 | 9.5 | 9.5 | 9.5 | 9.5 | 9.5 |

## INTENDED FIT

Breaker is designed to fit with approximately 4.5 inches / 11.5 cm of positive ease at the fullest part of your bust. It has very deep underarms to create a dolman-effect while maintaining familiar raglan shaping and reducing underarm bulk.

Breaker is cropped. The total length is provided on page 3, measurement G. To see where Breaker's hem will land on your frame, measure straight down from your inner neck point (where your shoulder meets your neck, halfway between front and back).
If you wish to add length, do so between the hem and the underarm. You will need a longer zipper and additional yardage.

## MATERIALS

## YARN

## Wandering Flock Merino DK

Extra-fine 100\% superwash merino wool; 230 yds / 210 m per 100 g skein. This is a hand-dyed, 4-ply high-twist yarn. Shown in colorway Icy Lavender.

This yarn knits up incredibly soft for next-to-skin wear, has a gentle bias that responds well to blocking and adds a bit of extra durability, and has great stitch definition.
$1185(1235,1320,1400)[1480,1560,1625](1730$,
$1730,1830)$ yds / $1085(1130,1210,1280)[1355$,
$1425,1485](1580,1585,1675) \mathrm{m} ; 6(6,6,7)[7,7,8]$
$(8,8,8)$ skeins

If you are working the optional cup shaping, you will need an additional:

Cup 1: $10(10,10,10)[15,15,15](15,20,25) \mathrm{yds} /$ $5(10,10,10)[10,15,15](15,20,20) \mathrm{m}$

Cup 2: $15(20,20,20)[25,30,30](35,45,45) \mathrm{yds} /$ $15(15,20,20)[25,25,30](30,40,40) \mathrm{m}$

Cup 3: $25(25,30,35)[40,40,45](50,65,70) \mathrm{yds} /$ $20(25,30,30)[35,40,45](45,60,65) \mathrm{m}$

Cup 4: - $(-, 40,45)[50,55,60](70,85,90)$ yds $/-(-$, $35,40)[45,50,55](65,80,85) \mathrm{m}$

Cup 5: - (-, -, - $)[65,70,80](85,110,115) \mathrm{yds} /-(-,-$, -) $[60,65,70](80,100,105) \mathrm{m}$

## Adding length?

For each extra 1 inch / 2.5 cm you plan to add to the body length, you will need $45(50,55$, $60)[65,70,75](80,85,90)$ yds $/ 40(45,50,55)$ $[60,65,70](75,80,85) \mathrm{m}$.


