

# LOVE MY HUMAN

TOWNHOUSE



## ALL DAY BREAKFAST

### SWEET

#### Two Brioche French Toast with Maple Syrup 12 (V)

one scoop of ice cream, seasonal fruits, & maple syrup

**Fresh Greek Yogurt with House Granola & Honey 7 (V)**  
with fresh berries +3.50

### SAVOURY

#### Three Organic Scrambled Eggs & Smoked Salmon 12.50

sourdough, white, or brown toast

#### Eggs Royale 12.50

two organic poached eggs, smoked salmon on toasted English muffins, & homemade hollandaise

#### Eggs Benedict 12.50

two organic poached eggs, carved ham on toasted English muffins, & homemade hollandaise

#### Spinach, Mushrooms, & Avocado on Toasted Muffins 12.50 (V)

wilted spinach, sliced portobello mushrooms cooked in herb oil & ripe avocado on warm toasted English muffins

#### Sourdough Toast with Two Organic Poached Eggs & Chilli Flakes 8.50 (V)

#### Portobello Mushroom with Two Poached Eggs on Sourdough Toast 10 (V)

sliced Portobello mushrooms cooked in herb infused oil on two organic poached eggs with caramelised onion jam on sourdough toast

#### Shakshuka 10.50 (V)

two poached eggs in a rich tomato, garlic & herb sauce

#### Full English 12.95

fluffy scrambled eggs or two poached eggs, Cumberland sausage, free range back bacon, beans, tomato, black pudding & sourdough, white, or brown toast

gluten free bread +50p



## Menu



## CREAM TEA

9 per person

### Two Scones with Jam & Clotted Cream (V)

#### One Pot of Tea *please choose from:*

English Breakfast

Earl of Bath

Body Boost Oolong

#### Additional Pot of Tea 3



## DESSERT

#### Brownie 6

with a scoop of ice cream

#### Fresh Strawberries with Double Cream or Ice-Cream 6.50

**Marshfield Farm Ice Cream 2 per scoop**  
vanilla, strawberries in clotted cream, chocolate heaven

#### One Scone with Jam & Clotted Cream 5 (V)



## Children's Menu

#### Three Bone Shaped Sandwiches 5.50

white or wholemeal or gluten free

Peanut butter, jam (V)(N)

Strawberry jam, fresh strawberry slices (V)

Ham, mature cheddar cheese

#### One Brioche French Toast 8 (V)

seasonal fruits, a scoop of ice cream

& maple syrup

#### Toasted Muffin with Carved Ham

& Scrambled Organic Eggs 6.60

soft buttered English muffin with two scrambled eggs & a slice of carved ham



## LUNCH

### SMALL EATS

**Chicken Dumplings 5.90**  
with dipping sauce

**Vegetable Dumplings 5.70 (V)**  
with dipping sauce

**Smoked Salmon & Cream Cheese Toasted Sesame Bagel 7.50 (S)**

**Cherry Tomato, Mozzarella, Pesto & Parma Ham Toasted Bagel 7.50 (PN)**

bagel is served with mixed berries

### MAINS

#### Tri Colour Salad 11.50 (V)

mozzarella, avocado, tomato & basil dressed with aged balsamic vinegar, olive oil & black olives

#### Classic Chicken Caesar Salad 12.50

**Townhouse Gourmet Salad 12.50 (S)**  
with sautéed tofu (Vg) or marinated chicken, spinach, quinoa, avocado, roasted cauliflower, chickpeas, carrot, pickled cucumber, green beans, with sesame-soy dressing

#### Vietnamese Shrimp Noodle Salad 12.50

seared marinated shrimp, rice noodles, fresh carrot, cucumber, bean sprouts, spring onions, mint, coriander, basil, chilli with Nuoc Cham dressing

#### Open Sandwiches on Sourdough 8.20

Crème fraiche, Smoked Salmon & Pickled Cucumber

Hummus, Roasted Peppers, Avocado & Extra Virgin Olive Oil (Vg)

Chicken, Smashed Avocado Pesto & Extra Virgin Olive Oil (PN)

### SIDES

#### Wilted Spinach in Butter or Olive Oil 3.80 (V)

#### Half Avocado with Olive Oil 2.50 (V)

#### Toast with Butter or Jam 3 (V)

sourdough, soft white, brown or gluten-free bread  
**Small Tomato Salad, Extra Virgin Olive Oil 3.80 (Vg)**

#### Smoked Salmon with Dill 4

ALL OUR PRODUCE IS LOCALLY & SUSTAINABLY SOURCED

**FOOD ALLERGIES & INTOLERANCES:** PLEASE SPEAK TO A MEMBER OF STAFF ABOUT THE INGREDIENTS IN YOUR MEAL WHEN PLACING YOUR ORDER  
(V) Vegetarian (Vg) Vegan (Gf) Gluten free (N) Nuts (S) Sesame (PN) Pine Nuts

A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO YOUR BILL



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☞ COFFEE ☜

- James Gourmet  
Freshly Roasted Coffee
- Espresso** - Single/Double 2/2.80
- Macchiato** - Single/Double 2/2.80
- Cappuccino** 3.25
- Caffé latte** 3.25
- Flat white** 3.25
- Americano** 3
- Mocha** 4
- Chai latte** 4
- Matcha latte** 4
- Iced Coffee** 4.50
- Hot Chocolate** 4  
whipped cream +30p



☞ COLD DRINKS ☜

- Heron Valley Bottled Drinks:**
- Fresh Pure Orange Juice 4.50
- Elderflower Fizz 3.60
- Fizzy Lemonade 3.60
- Lime & Ginger Fizz 3.90
- Cloudy Apple 3.90
- Peach Tea** 3
- Lemon Tea** 3
- Still Hildon Mineral Water**
- Sparkling San Pellegrino Water**
- Small 330ml 2.50
- Large 750ml 4
- Coca Cola** 3.50
- Diet Coke & Coke Zero** 3.50

*Drinks Menu*

MILK  
ALTERNATIVES

- +50p
- oat milk
- almond milk



☞ SMOOTHIES ☜

Drink in 6 | Take out 5.5

- Berry Burst**  
blueberries, blackberries,  
blackcurrants & banana
- Raspberry Heaven**  
raspberry, mango,  
blueberries & apple
- Passion Storm**  
passion fruit, papaya,  
guava, peach & pineapple
- Green Reviver**  
kale, banana, lemongrass  
& mango
- Pineapple Sunset**  
pineapple, papaya  
& mango



☞ TEA & INFUSIONS ☜

- Tea Huggers 3
- English Breakfast**
- Earl of Bath**
- Chamomile**
- Lemon & Ginger**
- Cleanse Time**
- Body Boost Oolong**
- Fresh Ginger & Honey**
- Fresh Mint**
- Twinings Green Tea**
- Twinings Peppermint Tea**
- Pot of Tea for Two** 4.90

**LOOSE CHINESE TEA BY THE POT**

The Chinese Tea Company

Chinese teas are known for their  
cleansing & detoxifying qualities;  
they are a perfect warm drink  
to go with all our dishes or  
enjoyed by itself

- Mo Gan Mountain Green Tea** 4.25
- This 'Snow Bud' green tea has been  
plucked in early spring when the  
shoots are young, it has a sweeter  
taste & is a pure source  
of antioxidants

- Jasmine Pearls** 4
- A Chinese classic, a green tea  
infused with the sweet scent of  
Jasmine flowers that lasts for  
many infusions. It is delicious with  
a slice of cake

- White Peony White Tea** 4
- The flavour is mild, sweet & mellow.  
It's soft & easy-to-drink making this  
tea a perfect all-day drink

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