

Vision Board

Today you are going to envision your future by creating a vision board.

A vision board is a physical representation of your dreams and goals. It's made of poster board, card stock or other firm paper. Pictures and quotes are glued on it that represent the goals and dreams you have for your life.

Items included on a vision board:

- Where you want to go to college (if you want to go to college)
- The type of career you want to have
- The type of house (apartment, cabin) you want to live in
- The kind of car you want to drive
- Hobbies/adventures you want to do/experience
- Pictures that represent your personality and lifestyle
- Inspirational quotes

Using the scrapbook paper, magazines and other materials, create a vision board that will motivate you to set goals and dream big!

OBJECTIVE

The girls will set goals for their future.

COMPETENCY

The girls will create vision boards and understand these boards are tools to help them stay motivated as they work toward their goals.

MATERIAL

- Large scrapbook paper
- Writing paper and pencil
- Magazines or pictures/quotes from the internet
- Scissors
- Glue
- Markers

A LITTLE MORE GRIT

Start a tradition! Every new year, add to your vision board or make a new one. Perhaps things will change and perhaps not; however, it is a great way to track your goals and see what you have accomplished and what you still need to work on!