

protecting your pooch

a guide to safeguarding your dog from nature's toxins

TOXIC NATURAL FOODS

These foods may lead to a range of health issues, from stomach upset to more severe conditions like kidney damage. It's essential to keep these items out of your dog's reach and be cautious about food scraps they might find.



GRAPES
RAISINS
SULTANAS
CURRENTS



ONIONS
GARLIC



AVOCADO



MACADAMIAS



CAFFEINE



**COCOA BEANS/
CHOCOLATE**

TOXIC PLANTS

Whilst not an exhaustive list, here is an A-Z list of the more common plants that are toxic to dogs. For a complete list, you can visit <https://www.asPCA.org/>

- aloe vera
- azaleas
- bamboo
- chives
- chrysathenums
- cyclamen
- daffodils
- fern (emerald, asparagus)
- holly
- hyacinths
- hydrangeas
- irises
- ivy
- lillies
- mistletoe
- oleander
- peonies
- poinsettias
- poppies
- sago palm
- tulips

TOXIC ESSENTIAL OILS



CINNAMON



D-LIMONERE



PENNYROYAL



PEPPERMINT



PINE



SWEET BIRCH



TEA TREE



**YLANG
YLANG**



ANISE



CLOVE



THYME



JUNIPER

HANDY RESOURCES

- [CHOCOLATE TOXICITY CALCULATOR](#)
- [PLANT IDENTIFIER APP](#)
- [ANIMAL POISONS HELPLINE \(AUSTRALIA\): TEL 1300 869 738](#)

SIGNS TO LOOK OUT FOR

PLANT POISONING:

Vomiting and excessive drooling are often the symptoms that present with plant poisoning due to irritation of the mouth, throat and stomach.

Signs include:

- Vomiting
- Diarrhoea
- Drooling
- Tremors
- Pain
- Difficulty breathing
- Difficulty swallowing
- Seizures
- Heart rhythm abnormalities
- Heart failure

FOOD POISONING:

The onset of symptoms tend to be pretty rapid, yet the type and severity of symptoms will depend on what was ingested.

Common signs include:

- Vomiting
- Diarrhoea
- Panting and salivation
- Severe thirst
- Uncontrolled peeing
- Hyperactivity
- Nausea
- Dizziness
- Cramping

ESSENTIAL OIL POISONING:

Both ingestion and skin exposure can be toxic.

Common signs include:

- difficulty breathing
- difficulty walking
- drooling
- lethargy or weakness
- muscle tremors
- pawing at the mouth or face
- redness or burns on the lips, gums, tongue, or skin
- vomiting

WHAT TO DO IF YOUR DOG HAS BEEN EXPOSED TO TOXINS

1. **identify** the toxin and how much your dog was exposed to
2. **call for veterinary advice** even if your dog is not showing signs of symptoms. If out of hours, contact your nearest emergency vet service.
3. **follow the advice** provided which may include rushing to the nearest vet or bathing your dog in case of skin contact.

We advise taking a test drive to the nearest emergency veterinary clinic well in advance of any actual need (and hopefully, you'll never have to use it!)