## Sail the Guna Yala Archipelago

The Guna Yala Archipelago (also known as San Blas) is a long, narrow strip of tropical paradise that spans 390 kilometers along Panama's Caribbean coast and has more than 300 spectacular islands with white sandy beaches and coral reefs. Explore the islands on a comfortable catamaran and enjoy an unforgettable experience!



This morning you will be picked up at your Panama City hotel and transferred to Albrook domestic airport. Board a private helicopter for a spectacular flight which will offer you vantage views of the Panama Canal, the expanse of Chagres National Park's rainforest, the continental divide, and the unparalleled coastline of Panama's Caribbean Sea. In less than 1 hour you will have flown from coast to coast! Upon landing at the designated location, you will be greeted by your local host who will be ready to transfer you via dinghy to your private Lagoon 42 catamaran that will be waiting on the crystal-clear waters of the Caribbean Sea. After settling in and meeting your captain and chef/mate, you will lift anchor and set sail for the most spectacular spots of the archipelago.

You will spend the upcoming days snorkeling, swimming, and visiting idyllic uninhabited islands dotted with coconut palm trees, covered with white sand, and surrounded by spectacular coral reefs. In addition, you will enjoy good food from the sea and an unforgettable adventure aboard your comfortable catamaran with personalized attention. Daily snacks, beverages, and meals are included aboard the catamaran.

In total there are only 51 islands inhabited by indigenous people of the Guna ethnic group and generally each one is inhabited by a single community, with its own autonomy and leader. Politically, Guna Yala belongs to the Republic of Panama, but maintains a certain independence with its own administration and autonomy, and its functioning is subject to a special regime, established in the law and in the statute of the comarca. The Guna have preserved their traditional way of life and autonomy over the region and have carefully managed and protected





Torre Global Bank, Suite 1807, 18th floor, Avenida Nicanor Obarrio (Calle 50), Panama City, Panama www.anconexpeditions.com | info@anconexpeditions.com | +507 269 9415

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their ancestral lands, ensuring the islands remain unspoiled and free from large-scale tourism development.

During your sailing adventure, take the opportunity to visit the Guna in their local communities where you will learn about their customs and traditions. The Guna people are known throughout the world for their special weavings, the famous molas. You will be able to see how the women make the molas and purchase them from the hands of those who made them.

The private Lagoon 42 catamaran offers accommodation for up to 6 persons (plus 2 children who may sleep in the living room on a sofa bed). There are 2 double cabins, each with en-suite bathrooms plus 1 Master Suite taking up the whole hull length with its spacious cabin and private bathroom. AC is available in each cabin at extra cost depending on hourly use, which is paid in cash directly to the captain.

Outside, there's plenty of space to relax on the outdoor sun deck and comfortable living and dining area. The catamaran is equipped with snorkeling equipment, fishing rods, and stand-up paddle boards (SUP) for the guests' use.

The Spanish-Catalan crew speaks Spanish, English, and Catalan. The chef will be happy to accommodate your dietary needs with delicious food.

**Included:** Round trip airport transfers from your hotel in Panama City, round trip helicopter flight to Guna Yala, accommodation on the catamaran including all meals and services indicated (meals, beverages, crew, personalized service), Guna Yala Congress fees.

Not included: Gratuities for driver and catamaran crew.

**What to bring:** Comfortable clothing, sandals or sneakers, bathing suit, cap or hat, sunglasses, sunscreen protection, cash in small denominations to buy handcrafts, and a good camera. We recommend bringing only a small duffle bag per person due to weight and space limitations on the flight and boat.

## Notes:

- For 1-2 passengers we use a Robinson R44 helicopter, for 3 passengers a Robinson R66 helicopter.
- For 4+ passengers we fly you in a private small Kodiak plane (space for up to 8 persons).
- Minimum nights: 3. During the peak holiday season (December 24– January 6) a minimum of 5 nights is required. A 20% increase in price applies during this period.
- The check-in and check-out at the catamaran are generally in the mornings (check-out is usually until 2 hours prior to the arrival time on Day 1). Afternoon checkouts including lunch on board are available at a surcharge.





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