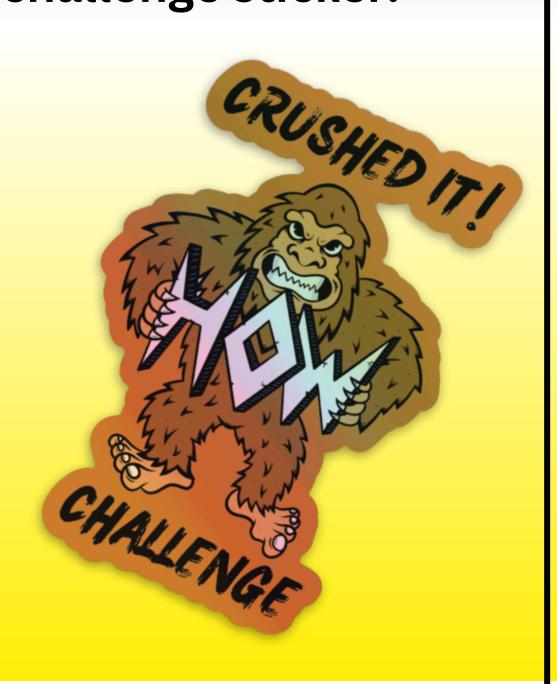
skate House of Wheels

CRUSHIT CHALLENGE.

# GRUSHED IN CRUSHED CHALLENGE

Rule #1
Every riders must
complete (with proof
ie. video or witnessed
by HOW staff) 5 of the
tricks listed within a
category to receive the
corresponding
challenge sticker.



# NOVICE (U-11 ON14)

# BEGINNER

# INTERMEDIATE

# ADVANCED

#### Flat tricks:

- Ride one foot 3m
- Switch up
- Caveman
- Soccer flip
- Strawberry milkshake
- Fakie 180 kickturn

# Vert tricks:

- Drop-in
- Stapler
- Scissors
- 180 kickturn
- Rock-fakie

# Ledge tricks:

• Roll off 4"- 6" drop

Rail tricks: N/A

#### Flat tricks:

- Ollie
- Pop shuv
- Revert
- Power slide
- Casper flip
- Hippie jump

#### Vert tricks:

- Tail stall
- Axle stall
- Rock n' roll
- Boneless

# Ledge tricks:

• 1' drop

# Rail tricks:

N/A

### Flat tricks:

- fs shuv,
- fs/bs 180,
- nollie
- power ollie
- Kickflip
- Manual 3m

# Vert tricks (Mini ramp etc):

- 5-0 stall
- Axle grind
- Blunt stall

# Ledge Tricks:

- 50/50
- Nose slide

# Rail tricks:

Board slide

#### Flat tricks:

- Full shuv
- 360 flip
- Nollie fs/bs shuv
- fs/bs 360
- Heel-flip
- Nose Manual 3m
- Variel flip/Heel flip
- Hospital Flip
- Impossible flip

# Vert tricks:

Nose stall

# Ledge tricks:

- Tail slide
- Crooked grind
- 5-0 Grind
- Trick on/off grinds

## Rail tricks:

- fs Board slide
- Crooked grind
- Trick on/off grinds



Rules #2
Each rider may only
receive 1 challenge
sticker from each
category, in each riding
discipline.

