



**Bike**

**HOUSE OF WHEELS**

**CRUSH IT CHALLENGE!**



**Rule #1**  
 Every riders must complete (with proof ie. video or witnessed by HOW staff) 5 of the tricks listed within a category to receive the corresponding challenge sticker.

**Rules #2**  
 Each rider may only receive 1 challenge sticker from each category, in each riding discipline.

**RIDER NAME:**

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<b>NOVICE (U-11 ONLY)</b>	<b>BEGINNER</b>	<b>INTERMEDIATE</b>	<b>ADVANCED</b>
Flat Tricks: ___Bunny hop ___Ride no-hand 3m Park Tricks: ___Jump out of bank ___Pumptrack no pedaling ___Roll small box jumps ___Manual funbox ___Air bag jump Ledge Tricks: ___6" Drop ___Teeter-totter Rail Tricks: N/A	Flat Tricks: ___Fakie 2m Park Tricks: ___Drop-In (w/ Coping) ___Jump out of quarter ___Clear small boxjumps ___180 ___One hander ___One footer ___Jump spine ___X-up Ledge Tricks: ___Bunny hop on ___Peg bonk ___180 off Rail Tricks: ___Peg Bonk	Flat Tricks: ___Manual 3m Park Tricks: ___Clear large box jumps ___360 ___Tuck no-hander ___No-footer ___Tailwhip ___Barspin ___Backflip ___Tire tap quarter ___Foof quarter Ledge Tricks: ___180 on ___Double peg grind ___Feeble grind ___Smith grind Rail Tricks: ___Double peg grind	Flat Tricks: ___Fakie full-cab ___Nose manual 3m Park Tricks: ___Superman ___Backflip combo ___Sub-box tire tap ___Sub-box Foof ___360 combo ___Ice Pick stall ___Toothpick stall ___Wall ride Ledge Tricks: ___Ice pick grind ___Tooth pick grind ___Trick on/off grind Rail Tricks: ___Ice pick grind ___Tooth pick grind ___Trick on/off grind