TOAST

2 open faced slices of toast on multigrain or gluten free bread. (GF bread + \$1)

AVOCADO TOMATO \$12 toast/avocado/arugula/tomato/lemon juice/sea salt +

toast/avocado/arugula/tomato/lemon juice/sea salt + pepper/red pepper flakes

SUNBUTTER BANANA \$12 toast/sunflower seed butter/banana/blueberry

iousi, sangiou er seeu buner, bununu, buceberry

HUMMUS CUCUMBER \$12 toast/house hummus spread/cucumber/salt/balsamic vinegar

BAGELS

ORGANIC, KETO AND VEGAN FRIENDLY

EVERYTHING \$11

with house made cashew cream cheese, and your choice of toppings

BLUEBERRY \$11

with house made cashew cream cheese, and your choice of toppings

SNACKS AND BREAKFAST

\$8

\$5

SUN BUTTER CACAO ENERGY BALLS

cacao/house sunbutter/rolled oats/coconut flakes/chia seeds/agave/vanilla/rock salt

OVERNIGHT OATS - STRAWBERRY \$8 soaked organic oats/strawberry/chia seeds/house sunbutter/coconut flakes/goji berries

OVERNIGHT OATS - BLUEBERRY \$8 soaked organic oats/blueberry/chia seeds/house sunbutter/coconut flakes/goji berries

HOT ORGANIC BREWED GINGER TEA

NOURISH BOWLS

CANTINA \$14

a vegan taco salad: red & green leaf lettuce/walnut taco "meat"/carrots/black beans/corn/tortilla chips/green onion/ cilantro [house made salsa]

THAI \$14

quinoa/kale/red & green leaf lettuce/avocado/cilantro/ cashew/cucumber/carrot [tahini miso dressing]

DRESSINGS

TAHINI MISO

EV olive oil/miso/tahini/vinegar/liquid aminos/water/garlic/black pepper/pink salt

HOUSEMADE SALSA

tomato/onion/jalapeno/cilantro/lime juice/sea salt/cayenne

ACAI AND PITAYA BOWLS

BUILD YOUR OWN ACAI

Acai base (puree+banana) + 4 toppings.

TOPPING OPTIONS

strawberry, banana, blueberry, chia seeds, coconut flakes, raspberry, granola, pepitas

PREMIUM TOPPINGS \$1 EACH

cacao nibs, goji berries, hemp seeds

BUILD YOUR OWN PITAYA

\$14

\$14

Pitaya base (puree+banana) + 4 toppings.

TOPPING OPTIONS

strawberry, banana, blueberry, chia seeds, coconut flakes, raspberry, granola, pepitas

PREMIUM TOPPINGS \$1 EACH

cacao nibs, goji berries, hemp seeds

URGEJUICE.COM



MENU

ORDER ONLINE: URGEJUICE.COM



◆ 3628 W 12 MILE RD
BERKLEY, MI 48072

4 248-825-1730

COLD PRESSED JUICES 1602

BRAIN-ERGY DETOX SHROOMADE lemon/alkaline water/maple syrup/rock salt/activated charcoal/lions mane mushroom/Cordyceps/ginger powd	\$12 er
SWEET GREEN cucumber/kale/pear/apple	\$13
LET THE BEET DROP carrot/beet/apple/lemon	\$13
LIQUID GARDEN cucumber/kale/celery/lemon/ginger	\$13
ORANGE YOU GLAD carrot/orange/apple/lemon	\$13
REFRESH kale/apple/lemon	\$13
BAPPLE beet/apple/lemon	\$13
CELERY JUICE *special order only organic celery	\$13
APPLE TART apple/lemon/ginger	\$13
LIQUID GOLD lemon/saffron/ginger/turmeric/alkaline water	\$12
BLUE LEMONADE alkaline water/spirulina/maple syrup/lemon/himalayan	\$12 salt
ALKALINE WATER ionized to ph9	\$5
DEFENSE apple/orange/spinach/turmeric/ginger	\$14
PICK ME UP orange/turmeric/cayenne	\$13

ASK ABOUT OUR LIMITED EDITION JUICES!

WARNING: These products have not been pasteurized and, therefore, may contain harmful bacteria that can cause serious illness in children, the elderly and persons with weakened immune systems.

SMOOTHIES

22oz

BLUE UNICORN \$14 banana/almond milk/spirulina/pineapple/chia seeds/ ginger/maple syrup/lime juice/vanilla **BANANA STRAWBERRY** \$14 banana/orange/strawberry/orange juice **BLUEBERRY OAT** \$14 banana/almond milk/blueberry/raw oats MATCHA MANGO \$14 mango/spinach/banana/pineapple/alkaline water/matcha SUNBUTTER CACAO \$14 banana/almond milk/cacao/spinach/sunbutter/dates/ maca/chia seeds/cinnamon **COFFEE TUMERIC** \$14 cold brew coffee/banana/almond milk/raw oats/turmeric/ ginger/cinnamon/stevia **CUPID'S NEST** \$14 pitaya/pineapple/mango/almond milk/banana/strawberry **PUMPKIN SPICE** \$14 pumpkin/almond milk/vanilla/date/banana/pumpkin spice **GREEN WARRIOR** \$14 kale/spinach/alkaline water/mango/pineapple/banana LUV YOU BERRY MUCH \$14 blueberry/strawberry/elderberry/raspberry/banana/ alkaline water

SHOTS - ELIXIRS

GINGER SHOT - 10Z 100% raw ginger	\$6
E3 LIVE *special order only blue green algae	\$8
SUPER ROOT ELIXIR - 4OZ 16OZ *special order only pineapple/ginger/turmeric/cayenne	\$8 \$28

*Please allow 24-48 hours for special orders to be filled.

COGNITIVE COFFEE

REGULAR - 4OZ REGULAR - 8OZ Organic House Blends with or without your choice of almond milk and flavoring	\$4 \$6
LION'S URGE - 12OZ Lion's mane mushroom/house organic coffee/almond m maple syrup/dates/cacao powder/maca/chia/cinnamon	
DEADLY DUO - 12OZ Lion's Urge PLUS chaga mushroom	\$7
TRIPLE THREAT - 12OZ Lion's Urge PLUS chaga mushroom/activated charcoal	\$8
KRAZY FOUR - 12OZ Lion's Urge PLUS chaga mushroom/activated charcoal/ MCT Brain oil	\$9
FUTURISTIC FIVE - 12OZ Lion's Urge PLUS chaga mushroom/activated charcoal/ MCT Brain oil/shitake	\$10
PICK SIX - 12OZ Lion's Urge PLUS chaga mushroom/activated charcoal/ MCT Brain oil/shitake/turkey tail	\$11
SEVEN SAINTS - 12OZ Lion's Urge PLUS chaga mushroom/activated charcoal/ MCT Brain oil/shitake/turkey tail/cordyceps	\$12
MIGHTY EIGHT - 12OZ Lion's Urge PLUS chaga mushroom/activated charcoal/ MCT Brain oil/shitake/turkey tail/cordyceps/maitake	\$13
NOBLE NINE - 12OZ Lion's Urge PLUS chaga mushroom/activated charcoal/ MCT Brain oil/shitake/turkey tail/cordyceps/maitake/re	\$14 eishi



#URGETOLIVEHEALTHY