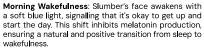


Sleep Trainer Clock

Quick Setup Guide - Slumber the Sloth

Meet Slumber the Sloth: The bedtime companion lovingly designed for your child to bring peaceful slumber and bright mornings on your schedule.

Night Time Slumber: Slumber's sleepy face emits a warm amber glow during the night. Backed by science, this hue promotes melatonin production, helps enhance sleep quality and gently guides your child into a restful slumber.





Setup Video

Clock Controls:



Power Button: Press [ON/OFF] at the back to turn the screen and backlight on or off. When off, the clock will light up automatically when the alarm sounds, or when reattaching the charging cable.

Display Options: Press the [SET] button to toggle through:

1) Sloth face with digital time

Current Time:

2) Digital clock only 3) Sloth face only





Set between 4:00 AM & 3:59 PM

Set beween 3:00 PM & 3:59 AM





Press [MODE] until you see the clock only:

- 1) Hold [SET] for 3 seconds. Use [+] or [-] to change hours
- 2) Press [SET] to confirm. Use [+] or [-] to change minutes.
- Wake-Up Time (Day Time): Press [MODE] for the sun icon:
- Hold [SFT] for 3 seconds. Use [+] or [-] to change hours.
- 2) Press [SET] to confirm. Use [+] or [-] to change minutes.

Press and hold [+] and [-] for 3 seconds to reset default setting (06:00 AM)

Audio Alarm:

Press [MODE] during Wake-Up setup. A bell icon indicates the audio alarm is activated. The alarm sounds for 1 minute or until a button is pressed.

- Sleep Time (Night Time): Press [MODE] for the moon icon:
- 1) Hold [SET] for 3 seconds. Use [+] or [-] to change hours.
- 2) Press [SET] to confirm. Use [+] or [-] to change minutes.

Press and hold [+] and [-] for 3 seconds to reset default setting (06:00 PM)

- Adjusting Brightness: Use the [+] and [-] buttons to set the brightness to one of 7 levels including turning the light off.
- Lock: Hold [+] and [-] for 5 seconds to lock or unlock the settings. A lock icon will show when it's locked. We recommend locking the clock after setting the times to prevent tampering.
- Low Battery: A battery icon indicates low power. The backlight will turn off to save energy.
- A Charging LED: On the back of the clock above USB charge point. Red light indicates charging, green light indicates fully charged.

Reset: To reset to default, press [MODE], [SET], and [ON/OFF] together until "CIr" shows on the screen.

Warnings:

- For your continued safety and the reliability of your clock, please observe normal electrical safety precautions.
- This product is not a toy, keep out of reach of children, Rechargeable Lithium Ion batteries are potentially hazardous and can present a serious fire hazard if damaged, defective or improperly used. Do not leave your product unattended whilst charging the
- Keep the product away from water and moisture. Intended for indoor use only.
- This product does not include any user serviceable parts.
- DO NOT DISASSEMBLE THIS PRODUCT.
- Dispose of this product which includes a lithium battery in accordance with local disposal waste regulations.
- KEEP THIS USER GUIDE FOR FUTURE REFERENCE.

Specifications:

- Power: DC 5V 500mA to USB Cable (USB adaptor not supplied)
- Battery: 3.7V 500mAh Lithium
- Charge time: 2~3 hours fully charged

For more information visit www.zeepv.co









Journey to Dreamland with the Zeepy Sleep Podcast



More than just a bedtime story:
A restful journey and meditative soundscape designed to gently guide children toward sleep. Reflect on the day, foster positivity, and find calm with soothing breathing cues and words of affirmation.

Zeepy Blog: Science-Based Sleep Guides & Tips

Say Goodnight to bedtime battles:



Navigating the challenging world of children's sleep can be frustrating for any parent. From restless toddlers to night-owl preteens, ensuring your child gets the necessary rest is crucial for their health and

In the Zeepy blog, we delve into practical, science backed strategies to help your little ones achieve the sweet slumber they need.

Let's journey together towards peaceful nights, more free grown up time and joyful mornings for your family. www.zeepy.co/blog

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