

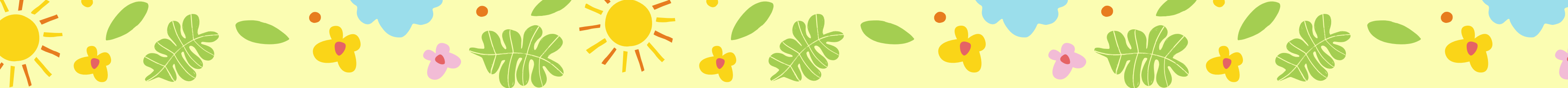


Reduce, Reuse, Recycle

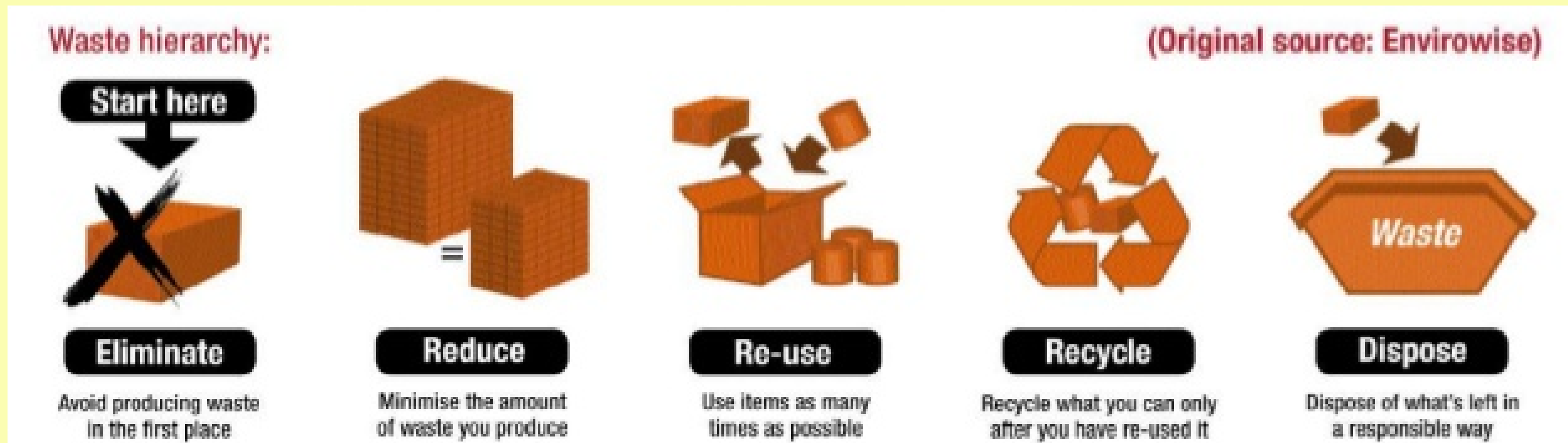
WITH SCRUBBINGTONS

Let's think about the environmental impacts the things we buy have and how we can reduce the amount of waste that ends up in landfills. It's basically a game of sorting out unwanted items to clean up our planet!





The 3R's



REDUCE

Preventing waste in the first place is the most favourable option. You can do this by buying less items and donating clothes to charity.



REUSE

If you have to buy a product, try and reuse it as many times as possible to extend its lifespan. You could reuse plastic bottles or buy a 'Bag for Life'.



RECYCLE

When you can't reuse a product any more times, the best way to dispose of it is by recycling it. You can recycle lots of things like newspapers and tins.



Worksheet

Can you sort these everyday items into their correct category?



Plastic Bags



Mobile Phones



Clothes



Drinks Can



Newspaper



Water Bottles



Wrapping Paper



Plastic Straw

REDUCE

REUSE

RECYCLE

Case Study: Scrubbingtons

Did you know the in the average home the bathroom is the place where the least recycling happens?

Scrubbingtons are a UK brand who have really embraced the reuse and recycle part of their product design.

REUSE: They offer refill pouches which use 78% less plastic than new bottles and the bottles have been designed with a wide opening so are easy to refill.

RECYCLE: Their bottles and refill pouches are made of recycled plastic and are both fully recyclable.

Visit their website for more information: www.scrubbingtons.com



Activity

MAKE A BIRD FEEDER FROM YOUR RUBBISH!

Rubbish can be really useful if you know what to do with it.
Here's how to epicycle an empty loo roll to make a brilliant bird feeder.

WHAT YOU'LL NEED:

- 1 or more empty loo rolls
- Lard/veggie suet / sunflower seed butter
- Bird seed
- String

WHAT TO DO:

- Use a knife or lolly stick to cover the loo roll in your lard (or alternative)
- Roll the loo roll in the bird seed
- Thread a piece of string through the loo roll.
- Hang it on a tree or bush in your garden and watch the birds come and feed!

