



[www.b-quiet.com](http://www.b-quiet.com)

### **B-Quiet Extreme Sound Deadener**

The surface you are applying the **B-Quiet Extreme** to should be clean of dust, moisture, grease and other foreign materials.

Measure and cut off a piece of **B-Quiet Extreme** using scissors or an utility knife. Don't cut pieces too small, as it'll just take longer to apply. Keeping the pieces around a square foot will speed the process greatly.

Heating **B-Quiet Extreme** (with a heat gun or hair-dryer) before applying is not required as is the case with many other deadeners. As long as it is applied at or above **room temperature**, it will form a very strong bond.

Peel the paper backing off, and slowly lay the material down inch by inch. Take your time and slowly push the material into the contours of the panels.

Remember to mark off any clip holes and/or screw holes that will be covered, so you can cut them out as soon as a sheet has been applied.

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