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JUICE BAR®

NUTRITIONAL INFORMATION

CALORIES
TOTAL FAT (g)
SODIUM (mg)
CARBOHYDRATES (g)
FIBER (g)
SUGARS (g)
PROTEIN (g)

FRESH JUICES

THE GREENIE

10 oz	75	0	137	14	2.5	5	3
16 oz	120	0	220	23	4	8	5
24 oz	180	0	330	35	6	11	7
32 oz	240	0	440	46	8	16	10

TOXIN FLUSH

10 oz	100	0	40	22.5	0	19	1.25
16 oz	160	0	65	36	0	31	2
24 oz	240	0	95	54	0	41	2
32 oz	320	0	125	72	0	62	4

THE SUBLIME

10 oz	100	0	22	17.5	0	10	2.5
16 oz	160	0	35	28	0	16	4
24 oz	240	0	50	42	1	24	6
32 oz	320	1	70	56	1	32	8

THE LITTLE BEET

10 oz	94	0	69	21	0.6	13	1.8
16 oz	150	0.5	110	34	1	21	3
24 oz	225	1	165	51	2	32	5
32 oz	300	1	220	68	2	42	6

GREEN APPLE DETOX

10 oz	118	0	27	27.5	1	18	1.8
16 oz	190	0	35	44	1	29	3
24 oz	285	0	53	66	2	44	5
32 oz	380	0	70	88	2	58	6

THE BUZZ

10 oz	100	0	131	22	0	6	2.5
16 oz	160	0	210	35	0	10	4
24 oz	240	0	315	53	0	15	6
32 oz	320	0.5	420	70	0	20	8

BLENDED JUICES

TROPICAL GREENS

16 oz	158	1	50	37	4	27	4
24 oz	231	1	75	55	6	40	6

SUPREME GREEN

16 oz	163	1	52	39	7	25	5
24 oz	244	1	77	59	11	37	7

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SMOOTHIES

BANANA BERRY BURST

10 oz	215	8.5	6	31	3.5	18.5	3.5
16 oz	320	14	10	50	6	30	6
24 oz	480	20	15	74	9	46	10
32 oz	640	28	20	100	12	60	12

PINK FLAMINGO

10 oz	112.5	0	162.5	25	5	17.5	2.5
16 oz	180	1	260	40	8	28	6
24 oz	270	1	390	60	12	43	7
32 oz	360	2	520	80	16	56	12

HEALTH NUT WITH PEANUT BUTTER

10 oz	285	14	140	36	4	24	16
16 oz	450	23	224	54	7	38	25
24 oz	670	35	336	78	11	56	37
32 oz	900	46	448	108	14	76	50

HEALTH NUT WITH ALMOND BUTTER

10 oz	275	15	140	30	5	22.5	15
16 oz	440	24	224	48	8	36	24
24 oz	660	36	336	72	12	54	36
32 oz	880	48	448	96	16	72	48

POPEYE'S AÇAÍ

10 oz	206	9.3	75	30	3.5	16	5
16 oz	330	15	120	49	6	26	8
24 oz	495	22	180	74	9	40	12
32 oz	660	30	240	98	12	52	16

TROPICAL COOLER

10 oz	131	3.5	218	22.5	3	15	2.5
16 oz	210	6	350	36	5	24	4
24 oz	315	9	525	55	7	36	6
32 oz	420	12	700	72	9	48	8

MANGO DELIGHT

10 oz	155	6	5	26	2	20	3.5
16 oz	248	9.5	8	41.5	3	32	6
24 oz	416	14	12	74	4.5	60.5	9
32 oz	496	19	16	83	6	64	12

ORANGE CRUSH

10 oz	112.5	0	3.1	27.5	1	22.5	1
16 oz	180	0.5	5	44	2	36	2
24 oz	270	1	7.5	66	3	55	3
32 oz	360	1	10	88	4	72	4

CALORIES

TOTAL FAT (g)

SODIUM (mg)

CARBOHYDRATES (g)

FIBER (g)

SUGARS (g)

PROTEIN (g)

AÇAÍ BOWLS

AÇAÍ BANANA BERRY

	420	14	32	69	9	35	9
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AÇAÍ PEANUT BUTTER

	600	23	36	95	12	51	14
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PITAYA

	440	14	27	79	7	45	5
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AÇAÍ MANGO

	495	18	32	87	7	48	7
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AÇAÍ SUPERFOOD

	570	22	82	84	17	37	16
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ADD-ONS

SUPERFOODS

Spinach & Kale	43	1	94	7	4	1	5
Coconut Flakes	84	8	0	3	0	0	1
Goji Berries	20	0	17	4	3	1	1
Chia Seeds	51	3	2	4	4	0	2
Bee Pollen	47	1	1	7	0	0	4
Cacao Nibs	70	6	0	3	2	1	1
Hemp Seeds	57	4	0	1	1	0	3
Mixed Berries	10	0	0	2	0	2	0

PROTEIN

Pea Protein	42	0	143	1	0	0	8
Hemp Protein	30	1	0	2	0	0	4
Whey Protein	55	1	55	3	0	1	9

NUTS & NUT BUTTERS

Cashews	84	6	2	4	0	1	3
Peanut Butter	144	12	0	5	2	1	6
Almond Butter	99	9	36	3	2	1	3

GRANOLA

Hemp Seed Granola	173	7	30	24	3	7	4
Gluten Free Granola	246	9	0	34	0	9	6

NÉKTER CLEANSERS 16.9 fl. oz (500 ml)

CLASSIC CLEANSE

Classic 1	160	1	140	36	5	22	4
Classic 2	80	0	10	22	0	19	0
Classic 3	140	1	180	32	6	18	5
Classic 4	140	0	10	36	0	32	0
Classic 5	180	1	50	42	3	27	3
Classic 6	340	22	30	31	2	19	9

ADVANCED CLEANSE

Advanced 1	160	1	140	36	5	22	4
Advanced 2	80	0	10	22	0	19	0
Advanced 3	160	1	210	36	6	23	4
Advanced 4	140	0	10	36	0	32	0
Advanced 5	80	0	135	17	1	13	2
Advanced 6	340	22	30	30	2	20	10

SKOOP (available at participating locations)

VIVA VANILLA

	187	9	3	40	11	20	1
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CHOCOLATE BLISS

	179	9	77	36	7	24	2
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SKOOP TOPPINGS (available at participating locations)

SUPERFOODS

Coconut Flakes	37	4	0	1	0	0	0
Cacao Nibs	70	6	0	3	2	1	1
Strawberries	3	0	0	1	0	1	0
Blueberries	6	0	0	2	0	1	0

CHOCOLATES

Chocolate Drizzle	39	0	7	9	1	9	0
Chocolate Chips	40	2	0	5	0	1	1

GRANOLA

Gluten-Free Granola	30	1	0	5	0	1	1
Hemp Seed Granola	26	1	5	4	1	1	1

GRAB N' GO BOTTLES 8.5 fl. oz (250 ml)

SKINNY LEMONADE

Original	40	0	5	11	0	10	0
Ginger	65	0	10	14	0	10	0
Strawberry	85	0	0	24	0	22	0
Charcoal Skinny	70	0	5	18	0	16	0
Turmeric	40	0	5	11	0	10	0

COLD-PRESSED JUICE

Lean Greens	40	0	65	9	0	7	1
Advanced Greens	70	1	90	16	3	9	3
Classic Greens	85	0	19	13	0	9	1

SUPERFOOD PROTEIN

Protein	170	11	15	15	1	10	5
Strawberry Pitaya	200	11	25	23	4	16	5

COLD BREW COFFEE

Vanilla Latte	230	13	5	24	0	18	5
Mocha	240	13	330	29	0	22	6

SHOTS 2 fl. oz (60 ml)

GINGER SHOT

2 oz	40	0	10	10	0	0	1
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TURMERIC SHOT

2 oz	40	0	5	11	0	10	0
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GUESTS WITH FOOD ALLERGIES: Peanuts, tree nuts, gluten, wheat, bee pollen and soy are used in our food production areas. We're happy to accommodate any special requests, but cross-contamination is always a possibility.

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