

NUTRITIONAL INFORMATION

CALORIES
TOTAL FAT (g)
SODIUM (mg)
CARBS (g)
FIBER (g)
SUGARS (g)
PROTEIN (g)

FRESH JUICES

The Greenie™

10 oz	75	0	137	14	3	5	3
16 oz	120	0	220	23	4	8	5
24 oz	180	0	330	35	6	11	7
32 oz	240	0	440	46	8	16	10

Toxin Flush™

10 oz	100	0	40	23	0	19	1
16 oz	160	0	65	36	0	31	2
24 oz	240	0	95	54	0	41	2
32 oz	320	0	125	72	0	62	4

The Sublime

10 oz	100	0	22	18	0	10	3
16 oz	160	0	35	28	0	16	4
24 oz	240	0	50	42	1	24	6
32 oz	320	1	70	56	1	32	8

The Little Beet

10 oz	94	0	69	21	1	13	2
16 oz	150	0.5	110	34	1	21	3
24 oz	225	1	165	51	2	32	5
32 oz	300	1	220	68	2	42	6

Green Apple Detox

10 oz	118	0	27	28	1	18	2
16 oz	190	0	35	44	1	29	3
24 oz	285	0	53	66	2	44	5
32 oz	380	0	70	88	2	58	6

The Buzz

10 oz	100	0	131	22	0	6	3
16 oz	160	0	210	35	0	10	4
24 oz	240	0	315	53	0	15	6
32 oz	320	0.5	420	70	0	20	8

FUSION BLENDS

Tropical Cooler

16 oz	210	6	350	36	5	24	4
24 oz	315	9	525	55	7	36	6

Banana Boost

16 oz	235	5	126	50	13	24	6
24 oz	350	5	189	68	14	35	7

Slender Greens

16 oz	210	1	108	51	4	38	3
24 oz	310	2	162	76	5	56	5

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SUPERFOOD SMOOTHIES

Berry Banana Burst

10 oz	215	9	6	31	4	19	4
16 oz	320	14	10	50	6	30	6
24 oz	480	20	15	74	9	46	10
32 oz	640	28	20	100	12	60	12

Pink Flamingo

10 oz	113	0	163	25	5	18	3
16 oz	180	1	260	40	8	28	6
24 oz	270	1	390	60	12	43	7
32 oz	360	2	520	80	16	56	12

Health Nut with Peanut Butter

10 oz	310	22	113	34	8	15	17
16 oz	490	35	180	54	13	24	30
24 oz	735	52	270	81	20	36	41
32 oz	980	69	360	109	25	49	60

Health Nut with Almond Butter

10 oz	310	18	152	32	7	15	14
16 oz	480	29	243	51	12	25	23
24 oz	720	43	365	76	18	37	34
32 oz	960	58	486	102	23	50	46

Popeye's Açaí

10 oz	210	9	14	30	4	17	5
16 oz	330	14	23	49	5	28	8
24 oz	480	20	36	73	8	43	12
32 oz	660	29	44	98	11	56	16

Mango Delight

10 oz	155	6	5	26	2	20	4
16 oz	250	9.5	8	42	3	32	6
24 oz	415	14	12	74	5	61	9
32 oz	496	19	16	83	6	64	12

Orange Crush

10 oz	113	0	3	28	1	23	1
16 oz	180	0.5	5	44	2	36	2
24 oz	270	1	8	66	3	55	3
32 oz	360	1	10	88	4	72	4

Turmeric Sunrise

10 oz	130	0.5	0	31	2	10	1
16 oz	240	1	0	60	3	15	1
24 oz	360	2	0	89	4	23	2
32 oz	440	3	0	107	9	33	5

Cold Brew Smoothie

16 oz	290	6	10	53	4	34	12
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HANDCRAFTED BOWLS

Açaí Banana Berry

	420	14	32	69	4	35	9
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Açaí Peanut Butter

	640	23	36	104	12	58	14
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Dragon Fruit

	470	15	28	80	7	47	5
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Açaí Mango

	520	18	32	89	7	50	7
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Açaí Superfood

	570	19	90	83	14	40	13
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Protein Power

	850	32	100	96	13	40	45
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BOOSTS

Fresh Fruit

Strawberries	3	0	0	1	0	1	0
Blueberries	6	0	0	2	0	1	0
Mixed Berries	10	0	0	2	0	2	0
Sliced Green Apples	5	0	0	2	0	1	0
Pineapple	5	0	0	2	0	1	0

Superfoods

Cacao Nibs	70	6	0	3	2	1	1
Hemp Seeds	57	4	0	1	1	0	3
Spinach + Kale	43	1	94	7	4	1	5
Goji Berries	20	0	17	4	3	1	1
Chia Seeds	51	3	2	4	4	0	2
Bee Pollen	47	1	1	7	0	0	4

Protein

Peanut Butter	144	12	0	5	2	1	6
Almond Butter	99	9	36	3	2	1	3
Pea Protein	42	0	143	1	0	0	8
Hemp Protein	30	1	0	2	0	0	4
Whey Protein	55	1	55	3	0	1	9
Vanilla Whey Protein	50	0	0	1	0	0	11

Toppings

Hempseed Granola	173	7	30	24	3	7	4
Gluten Free Granola	246	9	0	34	0	9	6
PB Protein Granola	290	14	75	33	5	10	11
Cashews	84	6	2	4	0	1	3
Coconut Flakes	84	8	0	3	0	0	1

WELLNESS SHOTS 2 fl. oz (60 ml)

Cold-Buster

	25	0	30	6	1	3	0
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Fat Burner

	20	0	0	5	0	3	0
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Energy

	35	0	0	7	1	4	3
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SHOTS 2 fl. oz (60 ml)

Ginger Shot

	40	0	10	10	0	0	1
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Turmeric Shot

	50	0	5	11	0	10	0
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Immunity Shot

	20	0	0	4	0	3	0
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SKOOP® (available at participating locations)

Coconut Vanilla

	160	7	5	28	5	18	2
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Chocolate Bliss

	180	9	77	36	7	24	2
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SKOOP® TOPPINGS (available at participating locations)

Fresh Fruit

Pineapple	5	0	0	2	0	1	0
Strawberries	3	0	0	1	0	1	0
Blueberries	6	0	0	2	0	1	0

Chocolates

Chocolate Drizzle	39	0	7	9	1	9	0
Chocolate Chips	40	2	0	5	0	1	1
Cacao Nibs	70	6	0	3	2	1	1

Toppings

Gluten-Free Granola	30	1	0	5	0	1	1
Hemp Seed Granola	26	1	5	4	1	1	1
Coconut Flakes	37	4	0	1	0	0	0

GRAB N' GO BOTTLES 16.9 fl. oz (500 ml)

Skinny Lemonade

Original	130	0	15	37	1	28	1
Berry Detox	170	0	15	44	3	34	1
Turmeric Citrus	190	1	20	45	2	33	2
Charcoal	130	0	15	37	1	27	1

Cold-Pressed Juice

Celery Detox	45	0	380	11	3	5	2
Classic Greens	140	0.5	45	33	2	28	3
Healing Greens	190	1	40	48	8	30	3

Superfood Protein

Original	430	24	15	51	8	40	11
Strawberry Pitaya	420	24	40	48	9	32	11

NÉKTER CLEANSES 16.9 fl. oz (500 ml)

Classic Detox Cleanse

Celery Detox	45	0	380	11	3	5	2
Turmeric Citrus	190	1	20	45	2	33	2
Healing Greens	190	1	40	48	8	30	3
Charcoal	130	0	15	37	1	27	1
Classic Greens	140	0.5	45	33	2	28	3
Original Protein	430	24	15	51	8	40	11

6-Day Celery Detox (6 Bottles of Celery Detox)

Celery Detox	45	0	380	11	3	5	2
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JUICE BAR.

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GUESTS WITH FOOD ALLERGIES: Peanuts, tree nuts, gluten, wheat, bee pollen and soy are used in our food production areas. We're happy to accommodate any special requests, but cross-contamination is always a possibility. 2,000 calories a day is used for general nutrition advice, but calorie needs may vary.