

paradisenutrients

Nature's Image Superfood

Enhanced With

SLIMBIOME®



Bringing Nature and Science together creating functional foods to assist in combating obesity and nutrient deficiency.



Why Nature's Image Superfood

- Intestinal Health
- Science Backed
- Functional Food
- Weight Management
- Energy Minerals
- Immune Support
- Skin Health
- Antioxidants
- Prebiotics
- Plant Derived Minerals
- Vitamins
- Amino Acids
- Proteins
- Sugar Free
- Delicious
- Ingredients
- Slimbiome
- Almond Meal
- Cocoa Powder
- Cinnamon
- Nutmeg
- Chia
- Turmeric
- Ginger
- Garcinia Cambogia
- Aloe Vera





Paradise Nutrients Nature's Image Superfood brings together nature and science, creating a revolutionary amazing and delicious functional food to assist in combating obesity and nutrient deficiency.

This delicious superfood contains SLIMBIOME® a patented ingredients formula with scientifically proven benefits and the Paradise Nutrients full banquet of natural compounds from carefully selected superfoods, herbs, spices and a proprietary blend of plant derived minerals and vitamins.

- Together these delicious tasting ingredients promotes a longer feeling of fullness by gently expanding in the stomach and creates a gelling activity that delays gastric emptying.
- Stimulates the growth of health positive bacteria, promoting improved gut health.
- Reduces food cravings by maintaining blood glucose levels.
- Regulates the insulin response, contributing to carbohydrate, lipid and protein metabolism.
- Promotes, leptin resistance, contributes to hormone balance and inflammation.
- An amazing product to add to your weight management program.



SLIMBIOME®

What is SLIMBIOME®?

SLIMBIOME® is an award-winning patented ingredient. Formulated by leading UK universities in the field and key opinion leaders in the microbiome, functional food ingredients and weight management.

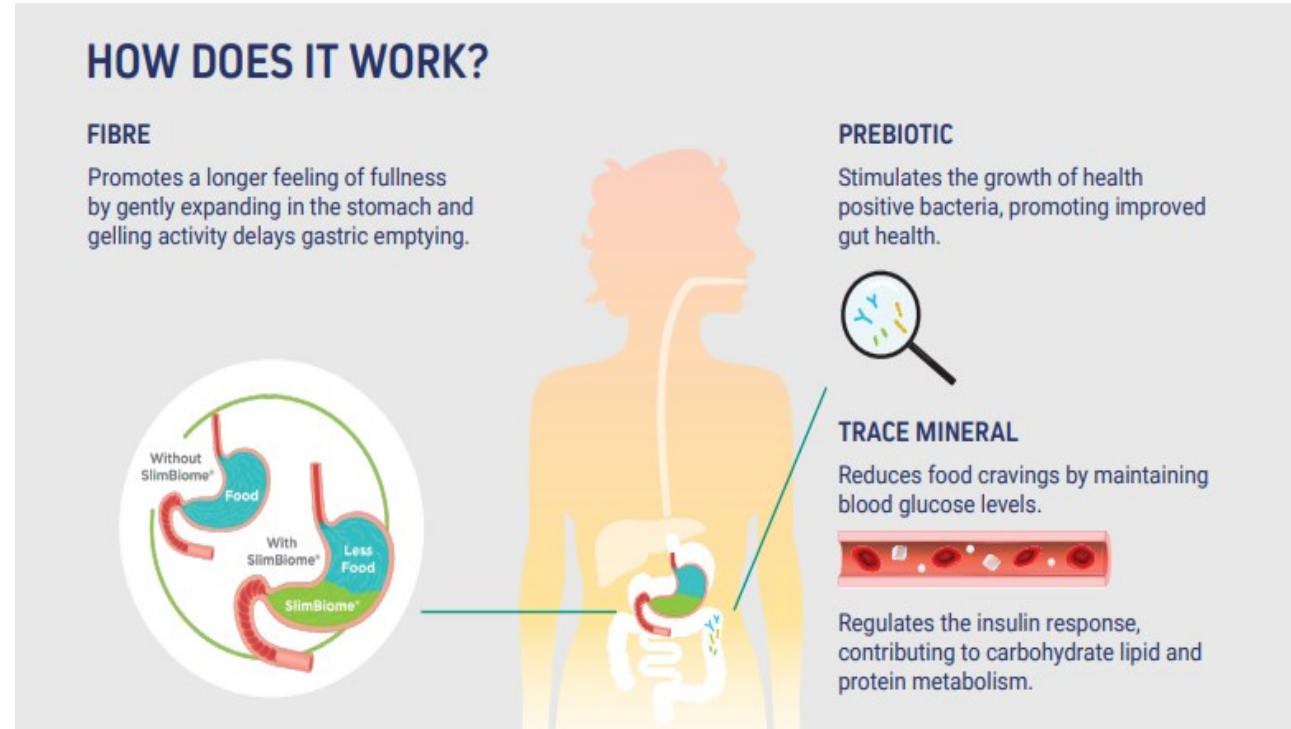
It offers a weight management system that utilises microbiome science and is backed by strong scientific principles rather than simply relying on willpower alone.



How it Works

SLIMBIOME® MECHANISM OF ACTION

- Promotes a longer feeling of fullness by gently expanding in the stomach and gelling activity delays gastric emptying.
- Stimulates the growth of health positive bacteria, promoting improved gut health.
- Reduces food cravings by maintaining blood glucose levels. Regulates the insulin response, contributing to carbohydrate, lipid and protein metabolism.



FSANZ SUPPORTED HEALTH CLAIMS

FIBRE

Increased source of fibre
Contains 2 grams of prebiotic oligofructose per serving

METABOLISM

Chromium contributes to normal macronutrient metabolism

BLOOD GLUCOSE CONTROL

Low glycemic index
Promotes the feeling of fullness & provides sustained energy



Scientific Studies

Slimbiome® has been shown in human intervention studies to be an effective means of supporting hunger-free weight management when combined with a calorie-controlled diet

OXFORD BROOKES UNIVERSITY STUDY

WHAT DID THE STUDY INVESTIGATE?

SlimBiome® works by enhancing the microbiome (where the good bacteria lives within the gut), providing improved gut health due to the inclusion of prebiotic fibres. The impact of SlimBiome® on fullness, hunger and cravings between meals and food intake/choice in 20, otherwise healthy, overweight to obese women over a 4-week period.

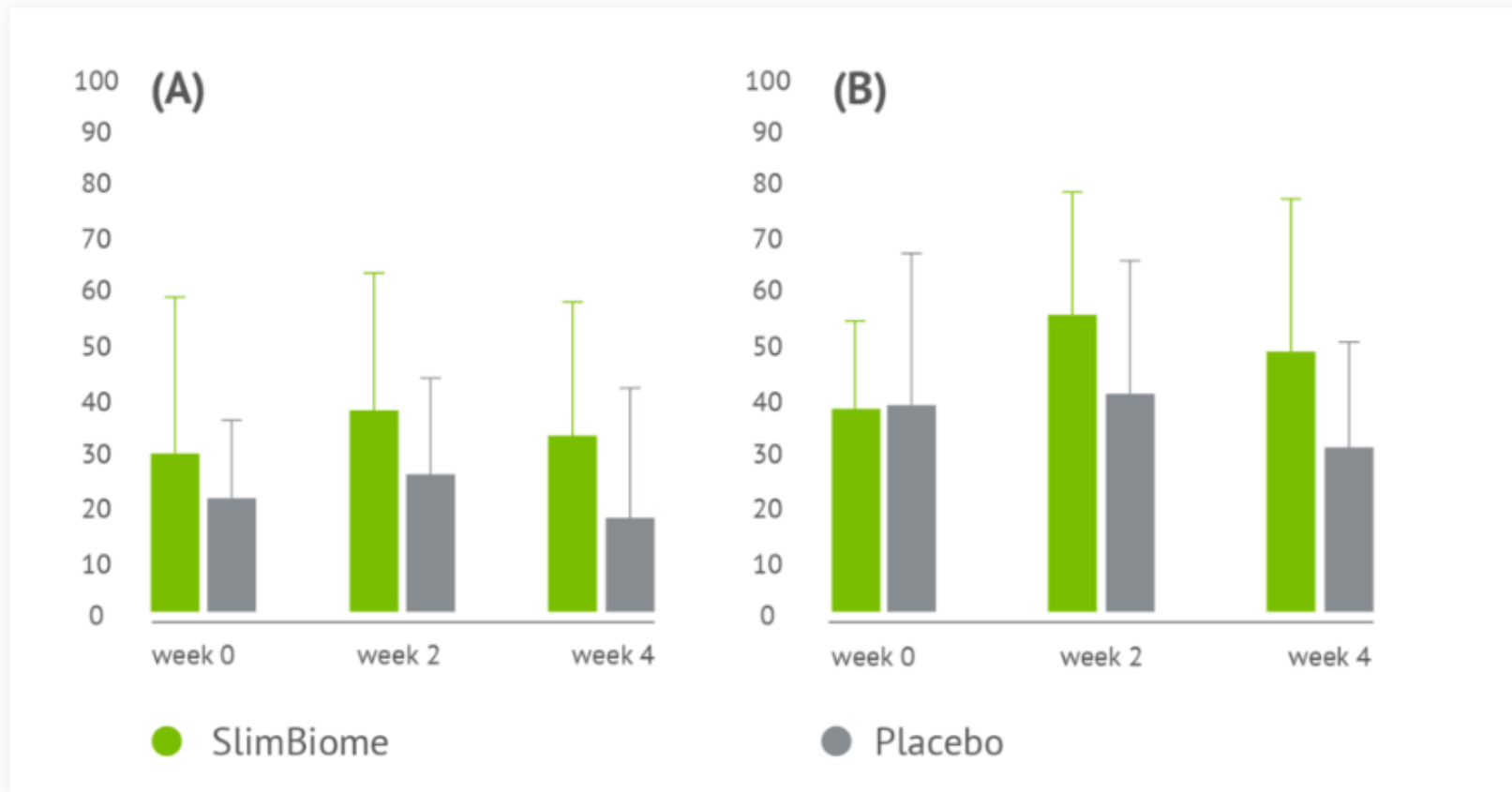
METHOD

- 20 females, aged 18-65 years, with a BMI of 25-35kg/m² were asked to participate
- The study randomly assigned SlimBiome® or placebo treatment to the participants
- Participants took SlimBiome® or the placebo with 200ml water, three times daily, 30min before each main meal for 4 weeks, while following the Eat Well Guidelines for healthy eating (Public Health England).

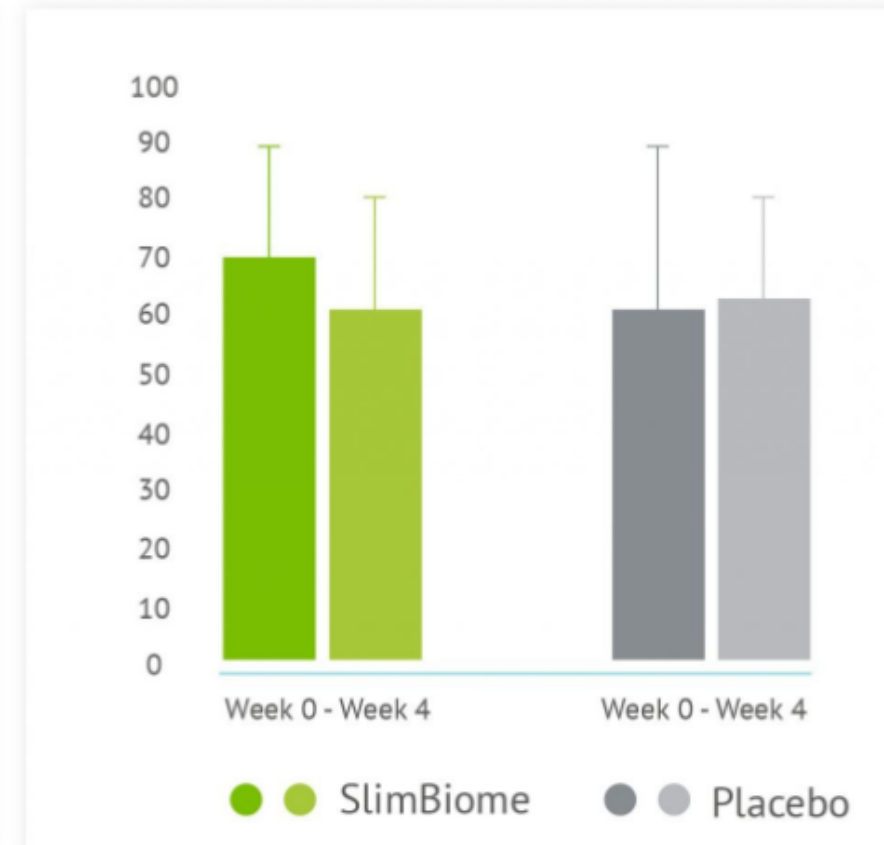
Trial Results

WHAT DID WE FIND OUT?

1. Feeling of increased fullness

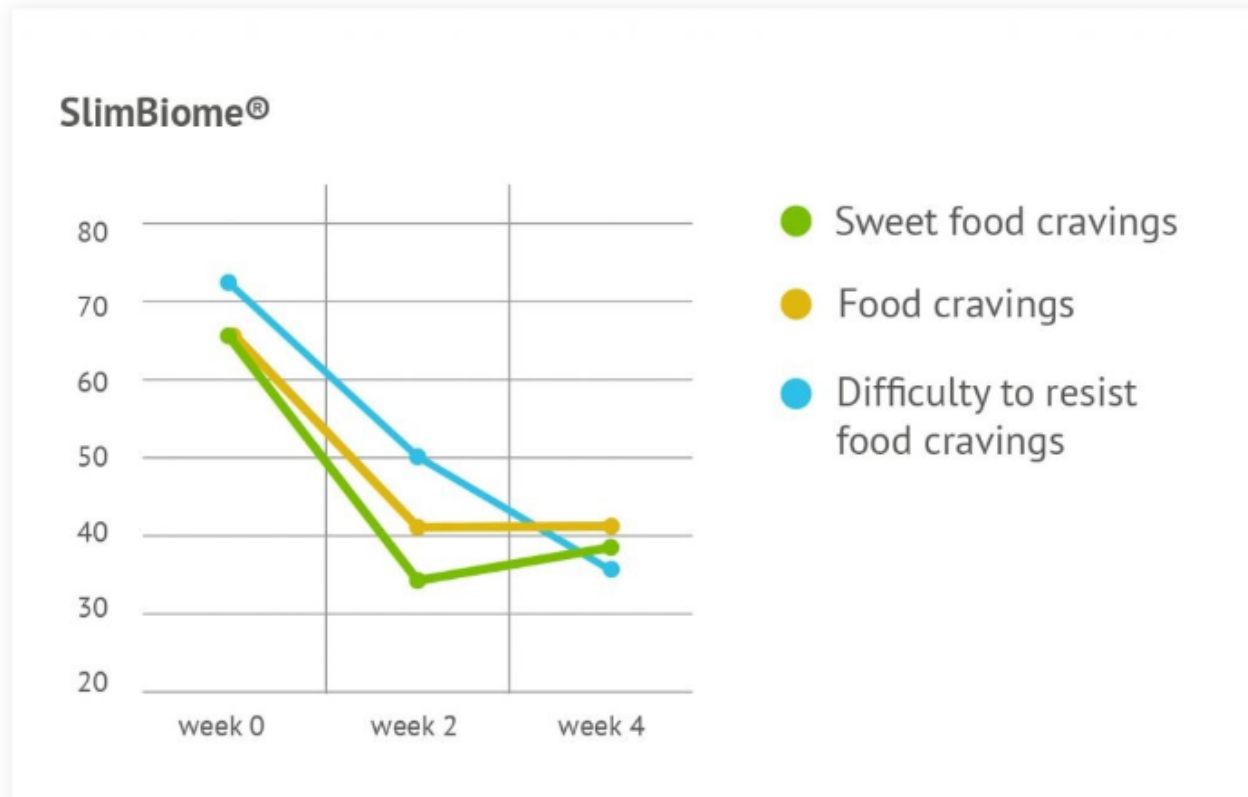


2. Reduced fat intake



Visual analogue scale (VAS) measurements on feeling of fullness before (A) and after (B) product consumption on visit days.

3. Decreased food cravings in particular, cravings for sweet food



IN CONCLUSION

If you combine SlimBiome® with healthy eating, it may be used as an effective means of supporting hunger-free weight management.

The authors declare no conflict of interest. This human intervention study was funded by OptiBiotix Health PLC and carried out independently by Oxford Brookes University.

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ROEHAMPTON UNIVERSITY STUDY

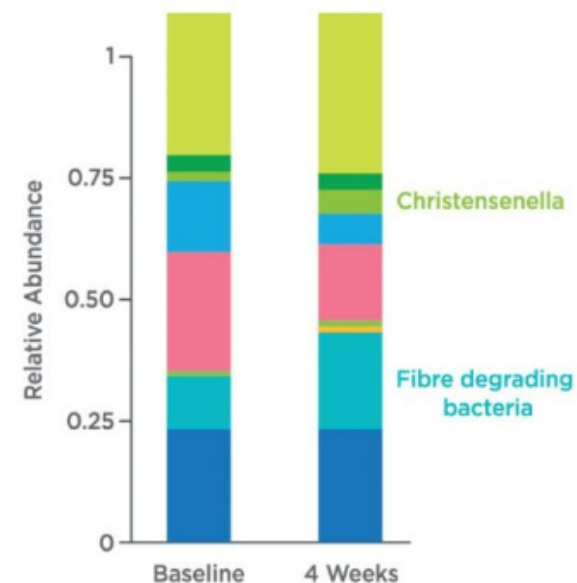
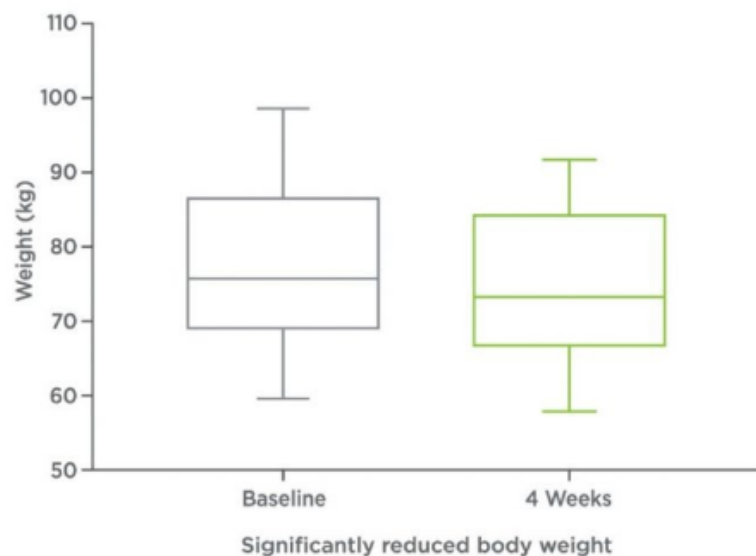
WHAT DID THE STUDY INVESTIGATE?

The impact of SlimBiome® in a calorie restricted diet plan (GoFigure®), on weight loss, fullness, hunger and cravings, mood and gut microbiome composition in a human intervention study

METHOD

- 12 females, aged 18-65 years, with a BMI of 25-35kg/m² participated
- Participants consumed 9g SlimBiome® daily
- Mood and craving parameters were recorded weekly
- Faecal samples were obtained at the beginning and end of the 4-week study for metagenomic analysis

WHAT EXACTLY WAS FOUND OUT?



IN CONCLUSION

If you combine SlimBiome® with healthy eating, it may be used as an effective means of supporting hunger-free weight management. The authors declare no conflict of interest. This human intervention study was funded by OptiBiotix Health PLC and carried out independently by Roehampton University.

Nature's Image Superfood
Other Ingredient information



Nutrition Facts

Serving Size Entire Recipe 187g (187 g)

Amount Per Serving

Calories Calories from Fat 31

% Daily Value*

Total Fat

Saturated Fat

Trans Fat

Cholesterol 0mg

Sodium 3mg

Total Fat 20g

Mineralised Almond Meal

Almonds are a nutrients powerhouse. They are packed with protein, vitamins, minerals, mono-unsaturated fatty acids and fibre, and almonds are recognized as a superfood with a variety of nutritional benefits.

The essential fatty acids found in almonds plays a major role in a weight loss diet. Almonds have also been researched and found to speed up the body's metabolism, resulting in more burning of calories.

Paradise Nutrients fuses and binds minerals into the Almond meal enhancing it with a broad spectrum of plant derived minerals. Almond meal supports your cellular metabolism because of its mineral content. It provides significant amounts of copper and magnesium, which are two minerals that activate enzymes your cells can use to produce useable energy.

Copper also supports the strength of your connective tissues, while magnesium helps you make the DNA required for cell reproduction.



Almonds and Satiety

Increased satiety significantly reduces your eating patterns and behaviour, helping you create and maintain a calorie deficit for weight loss. Healthy fats, on the other hand, promote weight loss by controlling your appetite. Almonds are rich in vitamin E which helps in loosening of the deposited fat in your body.

The almonds used in Nature's Image are Australian, grown in rich mineralised soil. This is important because minerals are the spark of life for all growing things and the higher the balance of minerals the higher quality of all other compounds.

Study

A 62% weight loss was observed in a study wherein 65 obese adults underwent a 24-week trial. They consumed 84 grams of low-calorie almonds a day. The loss of weight was higher compared to a diet containing complex carbohydrates. According to a study published in the International Journal of Obesity, almonds may help you shed those unwanted pounds. Researchers found that people eating a diet rich in almonds lost more weight than those on a high-carb diet.



Cocoa

The cocoa bean is the seed of the cacao tree. This seed is completely dried and fermented which can be further roasted and ground to form cocoa powder. Cocoa is used throughout the world for various purposes including healthcare and food.

The powder is a very good source of nutrients such as carbohydrates, saturated fats, fibre, protein, vitamins and minerals. Compounds known as flavanols are present in cocoa in the form of substances such as catechins and epicatechins.

They are plant metabolites and also antioxidants. They decrease the production of cytokines in the body, which in turn reduces the inflammation. Reactive oxygen regulates autoimmune inflammatory disorders such as rheumatoid arthritis.

Antioxidants prevent any further damage to the cells of joints in case of arthritis along with decreasing inflammation. This is useful in helping to prevent chronic swelling and pain in the joints.



Cocoa

Paradise Nutrients natural cocoa has all the ingredients you need to be included into your weight management program. Thanks to the advancement in analytical technologies, the cocoa's metabolic pathways have now been properly mapped providing essential information on its roles.

Cocoa helps in weight loss by improving mitochondrial biogenesis. It increases muscle glucose uptake by inserting glucose transporter 4 in skeletal muscles membrane. Because of its antioxidant properties, cocoa offers neuron protection and enhances cognition and positive mood.

Cocoa powder can increase fat metabolism using it as energy. By including our natural cocoa into the Nature's Image, we are ensuring you are also getting the minerals, proteins, vitamins, amino acids, and antioxidants your body needs while you are going through your weight management journey.

Research has found cocoa may help by regulating the use of energy, reducing appetite and inflammation and increasing fat oxidation and feelings of fullness.



Cinnamon

Derived from the inner bark of a small evergreen tree, the bark is peeled and laid in the sun to dry, where it curls into rolls known as cinnamon sticks. Cinnamon is also available in powdered form.

Cinnamon contains one compound called hydroxy cinnamaldehyde that helps to combat against inflammation as well as to decrease the levels of bad fats in your blood, in turn lowers the obesity. Cinnamon also raises your metabolism as you take it on a regular basis in order to control weight. It also has powerful anti-bacterial properties which help to remove the harmful bacteria in your stomach. In addition, it has all the essential minerals, fibre, iron, vitamins, calcium etc. which assist to boost up your metabolism.

Cinnamon is said to increase insulin sensitivity and decrease blood sugar - both key components for losing weight and controlling type 2 diabetes. Cinnamon is also thought to boost metabolism because your body uses more energy to process the spice than it does for other food.

Cinnamon has many nutrients such as fibre, calcium, iron, magnesium, phosphorus, zinc and more. With its antioxidant properties - such as cinnamaldehyde and cinemantic acid, it is known to inhibit cell damage in the body.



Nutmeg

Nutmeg can aid in digestion by reducing inflammation in the gut and promoting the release of digestive enzymes. It can also help relieve constipation and bloating.

Nutmeg can also aid in weight loss. This spice contains compounds that help boost metabolism, which can help burn calories more efficiently. Additionally, nutmeg can help suppress appetite, making it easier to stick to a healthy diet.

Nutmeg is rich in antioxidants that neutralize free radicals, reduce oxidative stress and scavenge free radicals. These properties can help protect against cell damage and reduce the risk of chronic diseases such as cancer.

Nutmeg helps you sleep. Did you know, lack of proper sleep can also lead to weight gain? In case sleepless nights are a cause for trouble, then try nutmeg.

Nutmeg is great when it comes to the treatment of insomnia or sleeplessness in general. Sleeping better aids in weight loss.



Turmeric

The main active ingredient in turmeric is curcumin. Curcumin enhances weight loss by transforming the white fat into brown fat. White fat is the fat that is stored under your skin and around your vital organs, leading to obesity. Brown fat helps in burning fat and glucose into energy. Brown fat reduces your chance of gaining weight.

Turmeric fights inflammation! Obesity and inflammation feed each other. Chronic inflammation can impact on your hormones and lead to metabolic disorders including obesity. Obesity, on the other hand, can lead to low grade inflammation.

Turmeric can eliminate the problem at its root by enhancing the level of antioxidants that fight the free radicals. Studies show that Turmeric also prevents and repairs the damage caused by obesity.



Fights metabolic syndrome

Obese people in many cases have metabolic syndrome, which is characterized by high amounts of triglycerides, visceral fat, increased blood pressure, plasma glucose reduced HDL cholesterol and insulin resistance. People with metabolic syndrome do not lose weight despite eating healthy foods and exercising.

In a study, these individuals were given curcumin, which resulted in increased weight loss, reduced body fat, waist and BMI. This proved that curcumin has the ability to regulate a diverse range of functions in the body.

Can lower stress

Stress can lead to weight gain. Anxiety and depression can lead to high amount of cortisol, which can lead to the extra kilos. Curcumin has been said to lower cortisol levels and increase the mood-lifting hormones which fight the ill effects of cortisol.



Ginger

Ginger contains compounds called gingerols and shogaols. These compounds stimulate several biological activities in your body when you consume ginger.

Research indicates that obesity can bring on oxidative stress and inflammation. Oxidative stress is caused by damage from free radicals in the body.

Ginger's antioxidant properties help control these free radicals and its anti-inflammatory properties can counter inflammation. These properties of ginger don't directly address excess pounds, but they do help prevent cardiovascular damage and other side effects of being overweight while you work to bring your weight to a healthy number. Other research supports the idea that ginger could play a role in weight loss as well.

One small study found that overweight men who consumed ginger stayed fuller longer. A meta-analysis of studies that looked at ginger's weight loss benefits suggests that ginger has a significant effect on body weight and belly fat (waist-to-hip ratio).



Chia Seed powder

There are many health benefits from chia seeds, such as their healthy fats, or anti-inflammatory agents. One great benefit of chia seeds is that compounds in them have been found to relieve and lower joint pain.

Antioxidants like chlorogenic acid, caffeic acid, myricetin, quercetin and kaempferol found in chia seeds are supposed to have protective effects on the heart and liver as well as anti-ageing and anti-carcinogenic properties. Additionally, the high fibre content in the chia seeds is responsible for the regulation of blood sugar levels.

Chia seeds contain a unique type of fibre called mucilage, which helps keep food in the stomach longer so that you feel full longer. This makes chia seeds ideal for weight loss because they help control hunger pangs. Let's understand how much chia seeds you should consume per day.

Chia seeds are moderately high in calories, thanks to their healthy omega-3 fatty acids and their fibre content makes them a welcome addition to weight management diets.



Chia Seed powder

Chia seeds have been popular in health food circles for years, for good reason. They're relatively affordable, highly nutritious and have a mild flavour that works in many dishes. While Chia seeds are moderately high in calories, thanks to their healthy omega-3 fatty acids, their fibre content makes them a welcome addition to weight management diets.



Garcinia Cambogia

The active ingredient in Garcinia Cambogia is in the fruit's rind and is called Hydroxy citric acid or HCA. Studies have shown that it has the ability to boost fat-burning and cut back appetite.

It appears to block an enzyme called citrate lyase, which your body uses to make fat. It also raises levels in the brain of the chemical serotonin which may make you feel less hungry.

May Induce Ketosis

Ketosis is a state that occurs in the body when there is insufficient carbohydrates to provide energy, resulting in the use of alternative sources of energy having to be used. In this case, that alternative source is fat, which is converted into substances known as ketone bodies.

These ketone bodies are lower efficiency energy sources than glucose, but overtime actually makes the body function better. Ketosis is an extremely useful state to be in when trying to lose weight, as body fat stores are broken down to be used as fuel.



Aloe Vera

Nature's Image contains a 200:1 concentrated Aloe Vera Extract. Aloe Vera contains over 200 plant compounds with many studies showing Aloe Vera has the following benefits.

- Rich in vitamins & minerals
- High in essential fatty & amino acids
- Possesses strong odontogenic properties (growths)
- Helps with digestive process
- Supports the cardiovascular system
- Boosts the immune system
- Reduces inflammations
- Increases the body's alkalinity
- Improves the metabolism & facilitates weight loss
- Moisturizes and lubricates the skin
- Rids the body of harmful toxins
- Fights bacterial, viral & fungal infections



How it works

The enzymes present in Aloe Vera breaks down the proteins that we eat into amino acids and turn the enzymes into fuel for every cell in the body. This enables the cells to function properly. The Brady Kinase in Aloe Vera stimulates the immune system and inhibits infections. The Zinc in Aloe Vera is an important component making it a great source to combat zinc deficiency. Zinc is essential to maintain a healthy immune system.

Aloe Vera concentrate can help us ward off diseases and assist our immune system to destroy bacteria and protect the function of our cell membranes. A 2014 study shows that Aloe Vera has proved to be a natural antiseptic, anti-inflammatory, anti-viral and anti-fungal plant. It is very good in building up the immune system without causing allergic reactions or side effects.



Product Quality

Paradise Nutrients has a wide range of products from superfoods to listed medicines. From the growing of the quality Tea Tree Essential Oil and herbal extracts through to manufacturing, product quality is followed through every step of our process.

Our products are made in GMP compliant and TGA certified facilities. The Therapeutic Goods Administration (TGA) is a Commonwealth Government agency that regulates medical devices, drugs and listed medicines. Australian standards of quality, safety and efficacy are included in the TGA Australian Register of Therapeutic Goods.

The ingredients in Paradise Nutrients products are chosen for nutrient quality, integrity, honesty and purity.

The quality process also coincides with the company's care of staff and the impact that the growing of the raw ingredients have on the environment. Paradise Nutrients is committed to sustainable farming practices, minimising our carbon footprint on the environment without compromising the quality and efficacy of the products.



Suggested use: 30grams per day is the suggested consumption or two heaped tablespoons. 2 x 15gm tablespoons. Each 15gm spoon can be consumed separately at different times or consumed together. Can be added to smoothies, sprinkled on cereal, added to yoghurt or eaten directly off the spoon. Please check for allergens etc on the label.

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For more information on Paradise Nutrients Products, contact the person who gave you this presentation or Paradise Nutrients.

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