

# Olive Leaf Extract

A Sweet Tasting Olive Leaf Extract with Pomegranate and Fermented Papaya Probiotics



## Prevention is Better Than Cure

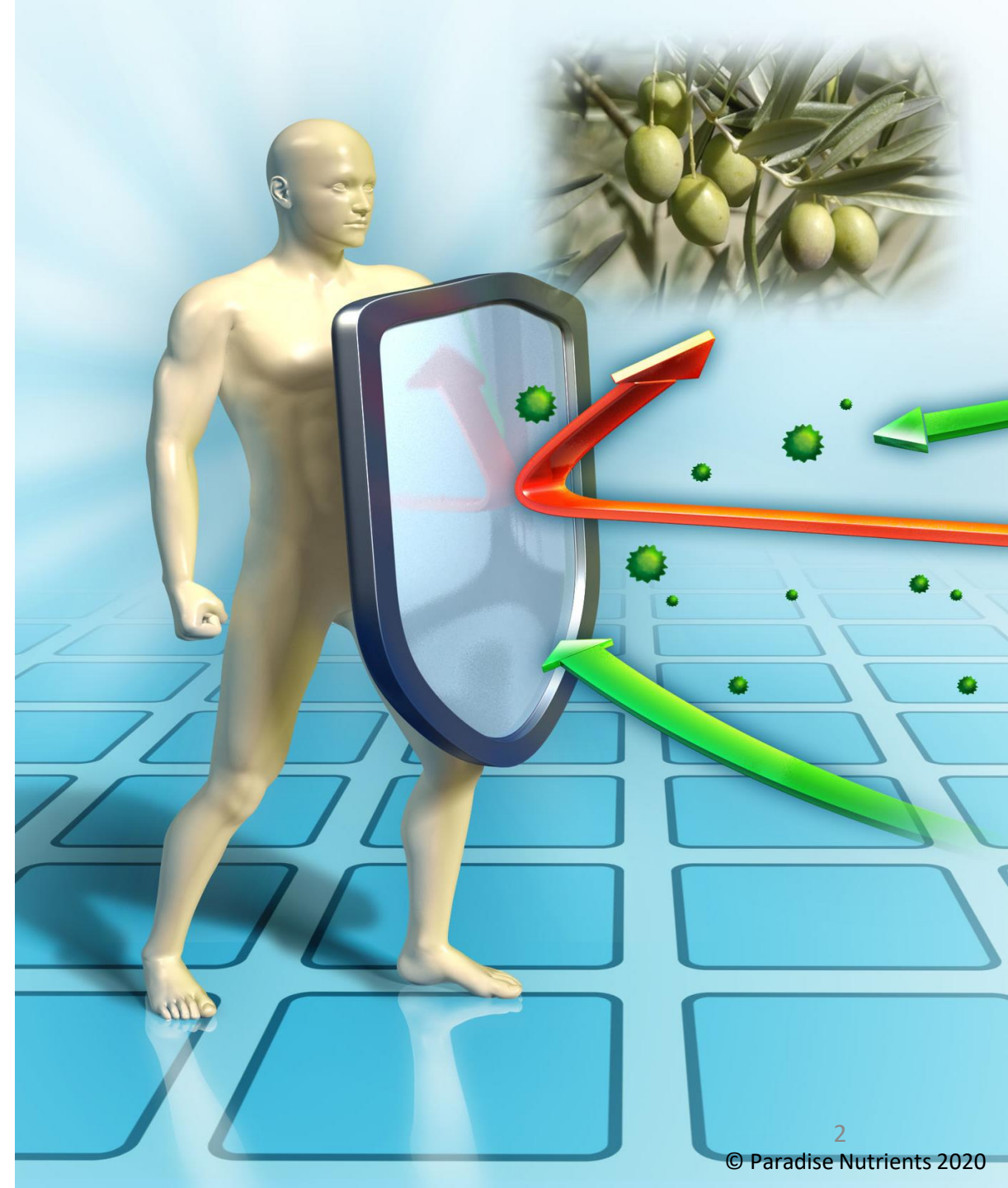
A proven tonic drink that boost the immune system.  
Olive Leaf Extract is easy to take for the whole family.

## PN Olive Leaf Extract

PN Olive Leaf Extract is from olive leaves not the fruit. The leaves are picked from specially grown organic olive groves then goes through a fermentation and extraction process. The extract then goes to the processing facility to be uniquely added to the other ingredients to make up PN Olive Leaf Extract.

The primary active compounds in Olive Leaf Extract are believed to be Oleuropein, Polyphenols, Esters and Multiple Iridoids. The synergistic structure of these anti-oxidant polyphenols work together to create a magnificent immune booster. These compounds assist the immune system and help to weaken disease causing organisms, allowing our natural defence system to take advantage of their weakness and destroy them.

Oleuropein is known for; its anti-ageing effects, anti-fungal properties, anti-inflammatory properties, antibiotic properties and its immune stimulators. Olive Leaf Extract has also been known to lower blood pressure. Scientists discovered an international study, that Olive Leaf Extract contained twice the antioxidants of Green Tea Extract and 400 percent higher than Vitamin C.



## PN Olive Leaf Extract contains Fermented Pomegranate

Mankind has revered the magical, mystical Pomegranate since the dawn of recorded history even as far back as 3000 BC. Ancient Greeks, Romans and the peoples of China, India, and the Middle East found its properties to be life-giving and invigorating. Modern science has now shown that Pomegranates contain a rich and diverse range of beneficial and protective substances including; Phytoestrogens, polyphenols, ellagitannins and anthocyanins. These compounds are all powerful antioxidants and contribute to our general wellbeing of our body and may:-

- Inhibit tumours in breast, colon, and prostate cells
- Assist in breast cancer cells to self-destruct
- Fight inflammation and oxidation
- Promote healthy ageing
- Support joint and cartilage health
- Boost the immune system
- Support healthy heart function
- Support the prostate

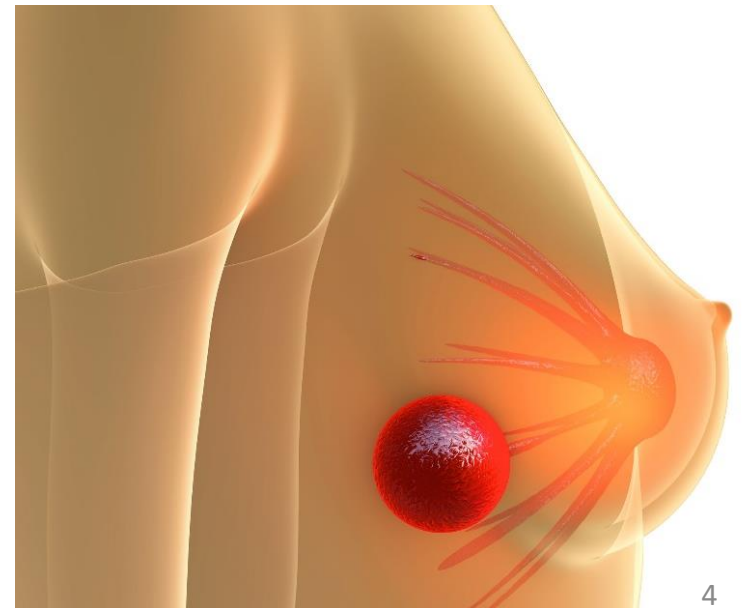
Research demonstrates that the Pomegranate extract's anti-inflammatory effect inhibited the inflammatory enzyme COX-2 by an impressive 31 to 44 percent.



## PN Olive Leaf Extract contains Fermented Pomegranate The Elixir for Women

A study conducted in 2002 showed extracts from the Pomegranate can inhibit the production of breast cancer cells. The study was published by the Journal of Breast Cancer Research and Treatment showed that pomegranates have distinct chemo preventive potential when it comes to breast cancer. Specifically, the polyphenols found in Pomegranate inhibited aromatase activity by 60-80%. This effectively blockaded the body's active manufacture of Estrogen (a process called biosynthesis). This is significant. Aromatase is an enzyme that plays a key role in the biosynthesis of Estrogen and Estrogen is the key hormone involved in the development of breast cancer. Blocking Aromatase means less Androgen gets converted to Estrogen.

If an acid in Pomegranates can help block Aromatase, that's a very good thing, especially because 75% of breast cancer is fed by Estrogen. Traditionally the Pomegranate has been renowned for being one of the most powerful elixirs for women's health, hormonal balance, beauty and fertility. Pomegranate assists women of all ages, it enhances fertility, balances menstrual cycles, corrects PMS and alleviates menopausal hot flushes and night sweats. Modern science has actually discovered that the benefits of the Pomegranate are from its seeds, juice, peel, flowers and stems, indeed have a profound impact on breast health, fertility, hormonal balance, skin rejuvenation and heart health.



## Fermented Paw Paw

PN Olive Leaf Extract contains fermented Paw Paw Extract. Italian researchers have discovered that eating fermented papaya increases immune function and stimulates the body's ability to detoxify through special enzymes such as superoxide dismutase.

Superoxide dismutase secretion is extremely important to the nose and airways because it helps neutralize reactive oxygen species and reactive nitrogen species. Both are considered free radicals that will damage the body's cells if they are not neutralized.

Many toxins and pollutants, especially air pollutants containing mercury, sulphur and other reactive elements from air pollution will convert to radicals in the presence of oxygen, damaging lung and airway cells. Enzymes include Glutathione transferases and Quinone reductases. These are important enzymes for preventing genetic mutations and those preventing cancerous cells from forming. PN Fermented Paw Paw also contains fermented leaf and twigs of the Paw Paw tree.



## Colloidal Minerals

PN Olive Leaf Extract contains 74+ plant-based minerals. This is one of the world's most abundant supplies of bioavailable minerals needed on a daily basis for the correct function of our bodies.

### Why so many minerals?

Minerals are the catalyse for energy, enzyme function, protein digestion, metabolism, hormone production, cellular electrolyte impulses and millions of other chemical reactions that help keep the “spark of life” generating on a daily basis. Only plant derived minerals can deliver a full spectrum of instantly available mineral nutrition to the body. Plant derived minerals are by far the most bio available source of minerals outside of the fresh food chain and deliver as much as 98% of mineral content to the body. On the other hand, Metallic Minerals are unprocessed through a plant and contain heavy metals and only deliver about 3 to 4% of their mass to the body. Benefits of plant derived minerals:-

- ✓ The formation of blood and bone
- ✓ The proper composition of body fluids
- ✓ The maintenance of a healthy nerve system
- ✓ The regulation of muscle tone
- ✓ The regulation of the heartbeat
- ✓ The regulation of the cardiovascular system
- ✓ Used in energy production
- ✓ Used for healing and growth
- ✓ To utilise vitamins and other nutrients
- ✓ For the production of enzymes
- ✓ Is essential for hormone structure
- ✓ Critical in DNA synthesis
- ✓ Helps balance pH levels
- ✓ Helps neutralize toxic metals (detox )
- ✓ Immune function
- ✓ Assists with fatigue
- ✓ Keeps a healthy reproductive system
- ✓ Sexual performance



## Probiotics

All the ingredients in PN Olive Leaf Extract have been through the fermentation process. This process also cultures good bacteria or what is termed as Probiotics. Probiotics are foods or products containing a defined single or mixed culture of live microbes that exert beneficial effects on health by altering the intestinal “microflora”, the type of bacteria you have in your digestive system. Probiotics have also been called “friendly bacteria” or “good bacteria” and have been consumed for hundreds of years. The belief is that they exert health benefits even if at the time people were not sure why the benefits arose. Modern research has demonstrated the beneficial effects that probiotic bacteria, as normal residents in the intestinal tract offer not only in promoting health but also in treating and preventing disease. The good bacteria in our PN Olive Leaf Extract includes *Lactobacillus acidophilus*, *Lactobacillus rhamnosis*, *Bifidobacterium lactis* and have been found to:-

- Improve your digestion
- Produce vitamins
- Relieve symptoms of irritable bowel syndrome (IBS)
- Detoxify chemicals
- Produce nutrients to repair the gut lining
- Increase resistance to infections and regulating the immune function
- Prevent the overgrowth of bad bacteria
- Overcome eating disorders
- Increase nutrient absorption
- Keep bowels regular



# The Process

Products Grown and Harvested



Products sent for the fermentation process where all ingredients are added to ferment together developing unique compounds and probiotics



Probiotic formula sent to mixing vats to have minerals added and bottled



Product sent to PN for Dispatch





Paradise Nutrients Olive Leaf Extract is a product that can be used by the whole family as a preventative daily tonic and has brought relief and happiness to many people. Suggested rate of 15ml per day as a refreshing tonic in a glass of water or added to fruit juice. PN Olive Leaf Extract is 99.8% sugar free and should be stored out of direct sunlight.



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**Suggested use:** Paradise Nutrients Olive Leaf Extract is a product that can be used by the whole family as a preventative daily tonic and has assisted as a good health tonic for many people.  
Suggested rate of 15ml per day as a refreshing tonic in a glass of water or added to fruit juice.

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