

# HM-078 HUBOT MANUAL 4D+@



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Please read and follow all safety and operating instructions listed in this user manual prior to use. Basic precautions should always be used when operating an electrical appliance.

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## SAFETY INSTRUCTION

- Thank you for purchasing the HUBOT massage chair.
  - Please read this manual throughly before using.
  - Please keep this manual for further use.
  - Please pay attention to the safety precaution.

#### NOTE

Right to make changes: We reserve the right to make changes to information published in this document, including without limitation specifications and product descriptions, at any time and without notice. This document supersedes and replaces all information supplied prior to the publication here of. The picture is for reference only. Please adhere to the original products in case of any mistake.

Two parts for safety precaution: warning and attention.

<b>Marning</b>	Alarm for serious accident as hurt or death.
Attention	Alarm for hurt or damages for goods.

<ul> <li>Presentation from below symbols.</li> </ul>		
0	The activities which were forbidden to do.	
•	Request user to follow the instruction.	
0	Self-dismount was forbidden.	
<b>3</b>	The correct operating way to pull out power plug.	

· Carefully read and follow this instruction book to assemble and operate.

	▲ Warning	
,	<ul> <li>Patients with serious hyherostosis.</li> <li>Swollen lump and patient of thrombosis. Patients with serious heart troubles.</li> <li>Women are pregnant or may become pregnant.</li> <li>Children or people who over drunk.</li> <li>Do not sleep on this machine.</li> </ul>	Not recommended
•	<ul> <li>Before using this machine, please confirm there has enough space for chair reclining.</li> <li>Any uncomfortable feeling from massage is suggested to consult with doctor.</li> <li>Do not offer hard massage for head.</li> <li>Do not massage the abdominal region and knee cap.</li> <li>Special care while massaging neck.</li> <li>Do not allow the kids using or playing near the chair, especially at working.</li> <li>Need keeper, if the user is mobility impaired or has communication barrier.</li> </ul>	Accident or hurt
	<ul> <li>Just allow to connect the power cable of this machine on suitable socket.</li> <li>Confirm fully pushed the plug in the socket.</li> <li>Plug out after massage.</li> <li>Stop all the massage functions and power switch before plug the cord out.</li> </ul>	Fire or electric shock
	<ul> <li>Please do not store the cushion of this machine under folded.</li> </ul>	Accident
0	<ul> <li>Do not disconnect or connect the plug to the socket with a damp hand, which may result in electrical shock or mechanical trouble.</li> <li>Please make sure that power plug is completely inserted into the socket without attachingany pin or rubbish, for which may cause electrical shock, short circuit or fire.</li> </ul>	Fire or electric shock
0	<ul> <li>If this machine is not operating correctly, or broken, or damaged from other reasons, please contact service department first at service@kahunachair.com.</li> <li>If the plug or power cable is broken, please contact with maintenance worker to repair.</li> <li>Do not dismount any parts of this machine privately.</li> <li>Please check carefully over the cushions and coverings to confirm they are under good condition.</li> </ul>	Dismount and maintenance

## **SAFETY INSTRUCTION**

	Attention	
	Do not place or stock this machine near particularly damp place as swimming room, bathroom and so on.	Avoid from electric leakage or shock
	<ul><li>Must confirm it is under good earth connection.</li><li>Do not use plug adaptor.</li></ul>	Avoid from electric accident
•	<ul> <li>Stop power supply, before cleaning.</li> <li>Stop power supply, after massage.</li> <li>Pull out the plug, if there has any electric problem.</li> <li>While stop power supply, do not directly pull from the power cable.</li> <li>Separate the power plug from the socket at once, after</li> </ul>	Avoid from sudden accident
	<ul> <li>electricity fails.</li> <li>Do not use this chair in over hot, damp, or corrosive environment.</li> <li>Do not use electric blanket on the machine.</li> <li>Do not place near the stream over, or directly expose to sunshine.</li> <li>Do not use it outdoors.</li> </ul>	Avoid from damages to the machine cover



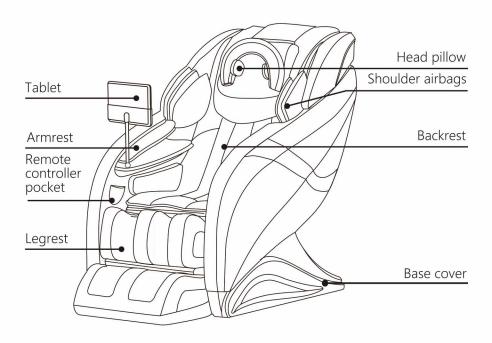
Grounding Unable to connect these space

Gas pipe: may cause electrical shock, short circuit or fire.

Telephone lines and Lightning rod: may cause electrical shock, short circuit or fire conduit : on plastic can't have function

# PRODUCT COMPONENTS

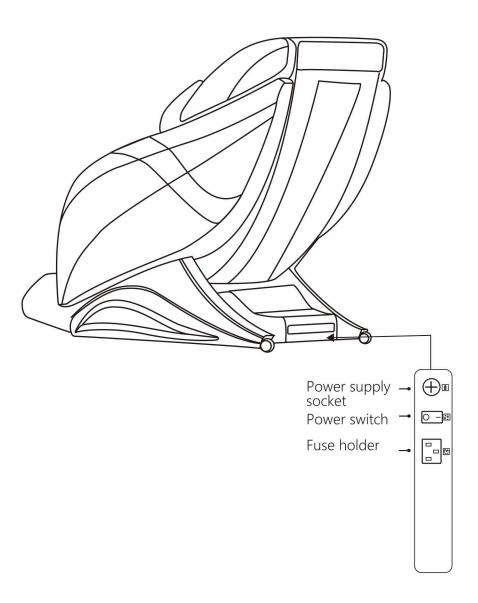
## Main body diagram (front)





# PRODUCT COMPONENTS

## Main body diagram (rear)

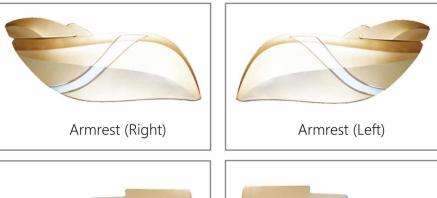


## Step 1. Unpack the box

Box 1: Carry out the main body, leg part and accessory box, when carrying out the main body, we suggest at least two people to help.



Box 2: Take out the armrest and base cover.

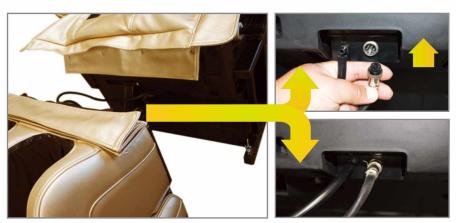




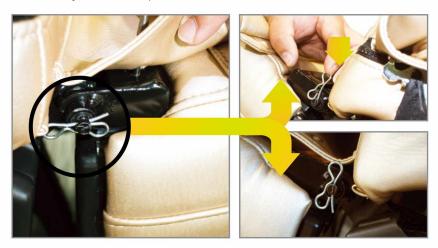
## **CHAIR INSTALLATION**

## Step 2. Connect the leg part

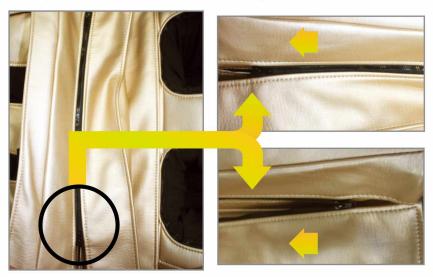
• Connect the power cord and air hose to the main body.



2 Hung the leg part as shown as picture to the leg part adapter of main body, fix it with pins and blocker.



3 Zip up the leather case between the leg part and seat cushion.



Step 3. Install the base cover

• Insert the bottom of the base cover to the base frame of the main body from top to bottom.



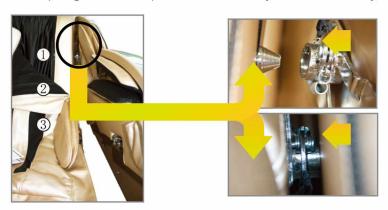
Fix it with screws.



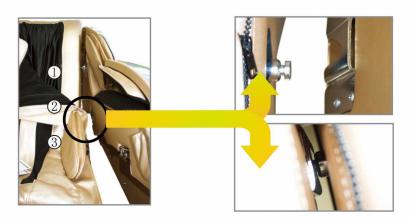
## **CHAIR INSTALLATION**

## Step 4. Install armrest

- Lift the front part, then aim the side parts card at the fixed axis of the main body (as part 1 in the picture).
- 2 Pull the spring hook and push inward hardly to fix absolutely.



3 Set the armrest closely to the main body (as picture 2). Insert the parts card into intermediate shaft of the main body from the top to the bottom slowly.

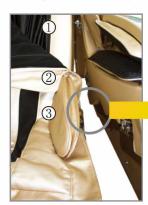


• Connect the air hose and power cord to the main body.





• Finally, insert the fixed block (as picture 3) into the fixed axis of the main body from the top to the bottom.







The correct method





The incorrect method

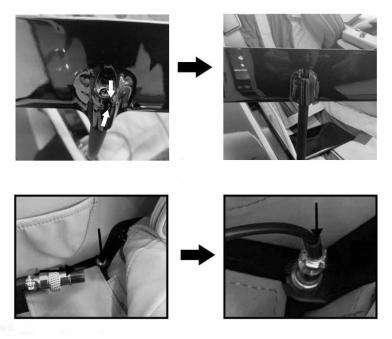
## **CHAIR INSTALLATION**

## Step 5. Install the back cushion and tablet

• Lay the back cushion flat on the main body (as the above picture), then close the zipper at the top.



2 Connect the tablet line for tablet to the main body.



## THE ADJUSTMENT BEFORE MASSAGE

## How to move the chair

The chair can be easily moved with the wheels on the lower back. While moving, please raise the front part of the chair as the picture shows, and move the chair to any suitable place.

### **Tips**

- 1. Remove the power cord before moving.
- 2. While moving, never shake the chair, never pull the leg part, never release the backrest suddenly and let the chair hitting the floor.
- 3. If the floor is wooden or other materials which is easy to be scratched, please don't use the wheels, lift it up by at least 4 people.
- 4. As the chair is heavy, we suggest at least two people to help while moving.
- 5. Never move it when the chair is in a reclining position.
- 6. Add a thick cloth (like a carpet) at the bottom to help to drag the chair.



## **TABLET CONTROLLER**





## Manual mode



SWITCH: Turn on/off the chair.



Cue volume: Press"+" or "-" to adjust the cue volume. Music volume: Press"+" or "-" to adjust the music volume.



Turn on/off the chair's heating function; And you can adjust it to Mild, Warm or Hot.



You can choose or change the massage time from 10 15 20 30 45 60 mins.



Language: Choose the language



Adjust shoulder height:

The back roller will adjust its travel height according to the user's body height. These two buttons are for adjusting the height set after body scanning, so it could be more accurate.



Lift up the backrest

Lift up the backrest by holding this button.



Lift down the backrest

Lift down the backrest by holding this button.



Lift up the legrest

Lift up the legrest by holding this b



Lift down the legrest

Lift down the legrest by holding this button.



Press & hold this button to extend the legrest.



Press & hold this button make the legrest go back.



Press this button to enter the zero gravity position.



To adjust the extended length of the massage arms by pressing the "+"or "-"buttons.

## **CHAIR INSTALLATION**



MANUAL: Please check the user manual here.



INSTALLATION: Please check the installation video here.



AFTER SALES: Please check the after-sales information here.

#### **Icons and Menus**

### Auto programs

This chair offers 4 \* 6 different groups(24 in total) auto programs: 1st group "ZONE" programs, Please check the 6 auto programs details as below:



#### ► FULL BODY:

Nowadays, more and more young people are already in the state of sub-healthy. They are prone to fatigue, often feel they have no strength in their bodies. This group of people can also have massage, by stimulating some acupuncture points in the body, eliminating physical and mental exhaustion, promoting blood circulation and relieving pain, and dredging meridians to improve work efficiency.

#### ► NECK &SHOULDERS:

The massage of the shoulder and neck can improve the blood circulation of the neck, increase the strength of the neck muscles, maintain the elasticity of the ligament, and strengthen the stability of the cervical facet joints. Long-term adherence can make the neck flexible, and can effectively prevent the symptoms of stiff neck, cervical spondylosis, headache, dizziness, neck and shoulder pain and numbness etc.

#### ► UPPER BODY:

After get off the full day's work, many people will have pain back, feel exhausted and don't want to move at all, then you can try to massage the back to relieve fatigue.

Because the muscles of the back are caused by some bad postures or habits, it is easy to make the back muscles in an "overloaded" state, so it is the normal phenomenon to feel ache and stiffness. In the process of kneading massage, it can strengthen the strength of back muscles, relieve the tension of back muscles, effectively relieve the fatigue and pressure.

#### **▶LOWER BACK:**

Massaging the lower back and waist can relieve muscles, promote blood circulation, and eliminate lumbar muscle fatigue. In addition, lumbar muscle spasm and waist pain can be reduced.

#### **▶LOWER BODY:**

When the body is on sitting position, the weight of the whole body will be concentrated on the buttocks, and you sit for too long plus the bad sitting posture will easily cause bad bending deformation of the spine, and over time, the curves of the buttocks will be uncoordinated. It affects the body-building of the body and change the line of the hips. Proper hip massage can be effectively avoided this damage .

Massage the buttocks meridians can effectively alleviate and protect us from many diseases, so we need do massage oftenly.

#### **▶LEGREST:**

A chronic disease that can be prevented and improved by massaging the leg part.

- 1. Stabilize blood pressure, blood sugar, and cholesterol.
- 2. Improve arteriosclerosis, prevent cerebral infarction, myocardial infarction.
- 3. Strengthen gastrointestinal function.
- 4. Improve liver and kidney function.
- 5. Improve immunity, ease allergy and fever. symptom;
- 6. Promote metabolism, improve leg edema, and promote weight loss.
- 7. Adjust the autonomic nervous system to improve menopausal syndrome.
- 8. Activate the brain, prevent dementia and so on.

#### 2nd group "THEME" programs, Please check the 6 auto programs details as below:



#### ►MORNING:

In the morning when you just opened eyes, the body is half-sleeping and half-awake. The massage during this interval can effectively protect the cardiovascular and cerebrovascular health, because after a night's sleep, the blood circulation system is slow. In this period let's do some proper massage to give the body a blood pressure buffering process, which is also helpful for protecting the heart!

#### ▶GET OFF WORK:

With the accelerated pace of life, our life and work pressures will become larger and larger, especially leading to have tension and fatigue. By massaging the meridians of the body's acupoints, we can effectively activate the meridians and relieve the tension and fatigue, and help regulate the nervous system, inhibit the excitatory effects of the nervous system, restore normal physiological functions

#### ▶STRETCH:

Stretching can make muscle ligaments and joints softer, reduce the possibility of joint and muscle injury, reduce the possibility of back problems, and relieve muscle soreness. Keep your joints healthy.

#### ►SLEEP:

The modern people is often in a state of tension and sorghum, which makes the inhibition of dysfunction, neurosis, insomnia, and forgetfulness come into being. Before going to sleep, meditation for 15-30 minutes, so that the cerebral cortex is inhibited, after a period of massage stimulation, the body will have balance on excitement and inhibition of natural conversion, circulated normally. Finally, the night you have deep sleep, during the day your the spirits are strong, the life is regular, and the visceral disorders are also improved. Increased appetite, energy, and improve the work efficiency.

#### ► HOUSEWORK:

After doing housework, you often have exhaustion, back pain, limb weakness and other physical symptoms. Massage can strengthen partial blood circulation, relax muscles, increase the tension of tendons, and the brain will relax cramps musles in order to avoid tendon injury, which can reduce and eliminate muscle fatigue.

#### ► SPORT:

After exercise, people will have different degrees of muscle soreness, massage can be an auxiliary way of relaxation not only plays a role in relaxing the nerves, improving blood circulation, enhancing the elasticity and stretch of the joint ligaments, improving the function of the human body, it can carry out external force acid removal, reduce local lactic acid accumulation, eliminate fatigue, and thus achieve the purpose of relaxing the body and restoring physical strength.

# 3rd group "TREATMENT" programs, Please check the 6 auto programs details as below:



## MANUAL CONTROL

#### ▶YOGA:

Yoga was developed 5,000 years ago in ancient India. Use this mode to promote calmness in your body and mind. The body is slowly stretched to strengthen your muscles and make them more limber, so you are less likely to be strained in daily life.

#### **▶DEEP RELAX:**

Deep tissue massage can relieve overworked muscle tension effectively, presses the full body powerfully which can puncture each of your problem points, and stimulate sensitive points and muscle fascia (soft tissue) therapy to completely break down uncomfortable joint which is from hide deep inside of body part, includes the neck and shoulder.

#### **▶**COMFORT:

Adjusts the uneven shoulders, promotes blood circulation in the shoulders, neck, head, soothes the tired spine and neck, stretches the curved waist and shoulders

#### **▶**SORE RELIEF:

Through the manipulation and shiatsu massage on the neck part, and repeat kneading massage from the top and bottom which can eliminate fatigue quickly, relieve muscle tension and pain, accelerate blood circulation, relieve collaterals and relieve soreness.

#### ▶RECOVERY:

After long-term labor or work, people will feel tired. The fatigue recovery mode can effectively relieve eye fatigue, leg fatigue and shoulder and back fatigue. By promoting blood circulation through massage, it can reduce most of the body's fatigue.

#### ►AID-SLEEPING:

Can't sleep, can't sleep well, can't have enough sleep. Insomnia has become an epidemic for modern people. Utilize aid-sleep massage, it stimulate the body's meridian and blood by external force, and it also stimulate the body's repair potential ability, to make the blood smoothly, and balance the yin and yang, finally improve the quality of sleep.

4th group "MUSIC THERAPY" programs, Please check the 6 auto programs details as below:

"MUSIC THERAPY" means the programs can synchronize the rhythm of massage with the rhythm of music; The music already entered into the top 5 programs, The "Bluetooth" means the user can also use this function by connecting the external device like cellphone.



#### ▶ SOUL:

Living in the hustle and bustle city, more and more people feel busy and tired nowadays. Please come and spend your leisure time to make a spiritual spa with the specified music, which can make you calm down quickly. When the body is in a relaxed state, the appropriate specified music can not only effectively alleviate the negative emotions such as restlessness, depression and gloomy, but also make people quiet and relaxed.

#### ▶ REJOICE:

Among all elements of music, rhythm has a prominent impact on human body. Our nerves, like the natural frequency of strings, can produce synchronous resonance with appropriate music, so as to achieve the fitness effect of stimulating potential and relieving tension.

Specific music is good for people to shape a better character; fantastic music can arouse people's sense of beauty and imagination (including the association of colors and images) to improve and mediate emotions. Therefore, positive emotions can improve the body function through the highest central limbic system of visceral activity. Music with distinct rhythm and melodious and soothing music have the effect of pleasant mood.

## MANUAL CONTROL

#### **LEISURE:**

Under long time regular work and life, people may lose their understanding and sentiment of life sometimes. The leisure notes and melodies can give people a sense of leisure in modern urban life, enjoy the comfort of this moment and get away from the boredom and pressure brought by work in the private time and space. At the same time, you can also return to work in such a better working condition that achieve the combination of work and rest.

#### **ENERGY:**

Exuberant vitality, youthful vitality of the breath, jumping melody, passionate rhythm can both inspire the body's potential and wake up body's sleeping cells that make people happy. Massage accompanied by the rhythm of the music that can make the stiff muscles get relief quickly and reduce the muscle soreness. The relaxation of the body combined with the effect of the specified music makes people feel energetic.

#### ▶REFRESH:

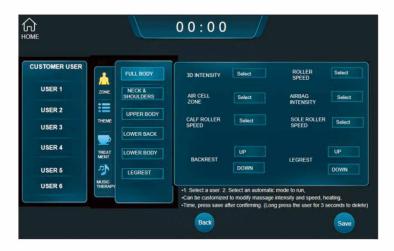
Try your best to relax your body so the muscle group can be relaxed easier. When a person is in a relaxed state, the blood circulation system will be more smooth. The reason is that along with the specified frequency of music signal, the person who has massage is easy to feel open-minded and the spirit of pleasure. Meanwhile, breathing fresh air helps people reduce mental stress and relieve mental fatigue.

#### ▶BLUETOOTH:

The user can also enjoy the "Music sync" function by connecting the external device like smartphone.

## CUSTOMIZE(AUTO):

1. Select a user. 2. Select an automatic mode to run, Can be customized to modify massage intensity and speed, heating, Time, press save after confirming. (Long press the user for 3 seconds to delete)



## **CUSTOMIZE (MANUAL):**

Customized massage technique after user selection Please save after adding to the progress bar.



## MANUAL CONTROL

#### Customize user setting:

- 1.Back Roller Mechanism massage parts are divided into: neck, shoulders, back, waist, hips; just select the parts of which parts need to be massaged. If you want to massage back and forth between parts, for example, shoulder and waist run back and forth: firstly you select the shoulder, the waist in the second step, the shoulder in the third step, and so on. If you want Long-term massage in a single position, selecting the part, after then setting time to 60 seconds, if longer time is required, setting time is the same as before.
- 2. There are 6 types of massage methods, and each step can choose any massage method.
- 3. The massage speed is divided into 6 levels [1 is the lowest and 6 is the highest]. Different speeds can be selected in different parts.
- 4. Airbag is divided into head, shoulders, arms, waist, hips, and calves. Each airbag can be closed or opened individually; The intensity of airbag is divided into 6 levels [1 is the lowest, 6 is the highest], it can be set into different level per your preference.
- 5. The length of Back Roller Mechanism hands has 6 levels [1 is the lowest and 6 is the highest], the length of hands can be set into different level per your preference in different parts.
- 6. The leg roller's speed is divided into 3 levels [1 is the lowest, 3 is the highest]. Select the position, method, intensity, and speed of each step, and then add into progress bar, and then set the second step, and so on, maximum can memory 20 steps. Finally select the user and choose save to save your personal settings. Next when you are using, just enter personal setting.



#### Customize

The customize offers multiple options for adjusting the chair to meet your preferences.

The back roller has 6 different massage method, and they will appear alternately in automatic mode, If you want to choose only one method, you can choose under this menu.



## Massage Area

Choose the massage area of the back roller. It offers 3 options: Full body allows the back roller to massage from top to buttom; Section will make the roller going up and down in a certain area; And Focus will keep the roller massage in a certain point.



## MANUAL CONTROL

## Massage Width

Adjust the massage width of the back roller. The back roller width has 3 options, you can choose according to your body width.



## Roller Speed

Adjust the massage speed of the back roller, The back roller speed has 6 levels for option, 1 is the lowest, and 6 is highest



## Airbag intensity

Adjust the air bag intensity of the massage chair. The air bag intensity has 6 levels for option,1 is the lowest, and 6 is the highest.



#### Air cell zone

The button color will get darker when selected. The appropriate airbag will work when it selected.



## MANUAL CONTROL

## Sole roller speed

Adjust the massage speed of the sole rollers. The sole roller speed has 3 levels, and you can also turn it off in this menu.



PRODUCT INFO: Show the information of this massage chair.

VOICE PROMPTS: Turn on/off the voice.

BLUETOOTH: Turn on/off the bluetooth.

CONFIGURTION SATE: Router not connected: the massage chair is not connected with router; please check whether the router is powered on. Router connected: the massage chair and the router are connected, but the network is in the weak signal or no network state.

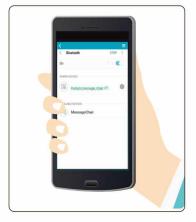


## Connect speaker via bluetooth

To connect speaker, you must enable the audio function on Bluetooth by going in to Bluetooth setting on your phone or device.

Please turn on the Bluetooth of your device, and connected with the device named "Hubot massage chair", then the audio system of the chair will be able to work.

After connect to bluetooth, please go to bluetooth setting and enable the auto option.



## **TROUBLESHOOTING**

## 855.646.9500 / 1.714.388.2625, service@kahunachair.com

Trouble	Possible reasons	Troubleshooting
	Didn't turn on the power switch.	Turn on the switch
	Didn't choose massage program.	Choose a massage program
Can not work	Bad connection between plug and socket.	Connect again
after supplied power	Power cord or plug damaged.	Replace the power cord
power	The fuse burned up.	Replace the fuse
	A fault in the controlling circuit.	Contact with the maintenance department of supplier
Working with tap-tap-tap or hum sounds	Sounds from air pump, motor or other mechanical parts.	Normal phenomenon
Different hight for the massage rollers	Rollers under alternately work.	Normal phenomenon
Abnormal sounds suddenly occurred while working	If after long time works.	Cut down the power and check after 30 minutes.
	Cause from long time work.	Contact with the maintenance worker.
Suddenly	If after long time works.	Supply power again.
stopped working	Auto programmed time is up.	Cut down the power and use after 30 minutes.
Can not recline	Obstructer there; work overloaded automatically stopped work for protecting machine.	To move the obstructer; stop work and use after 30 minutes.
Can not restore after relined	Problem on electromotion pole or plug-ing under bad connection.	Contact with the maintenance worker.
Control panel overheat seriously	Cause from long time work.	Cut down the power and call the maintenance worker.
Abnormal overheat from	Work overloadingly.	Cut down the power and use after 30 minutes.
power wire and plug	Causes from other resons.	Cut down the power and call the maintenance worker.

Note: If problems all are not from above reasons, please stop power supply and contact us for maintenance.

# PRODUCT SPECIFICATIONS

Description	Specifications
Product Name	Kahuna Massage Chair HM Series
Model No.	HM-078 4D HUBOT
Rated Voltage	110-120V~
Rated Frequency	50/60Hz
Rated Power Consumption	220 W Max.
Dimension (LxWxH) Inches	49.6 x 52.3 x 35.4 inches
Weight (LBS)	Net Weight: 305 lbs Gross Weight: 418 lbs



# KAHUNA CHAIR PRODUCT WARRANTY REGISTRATION <a href="https://www.kahunachair.com/services/">https://www.kahunachair.com/services/</a>



**Product** Massage Chair

Model HM-078 HUBOT 4D+@

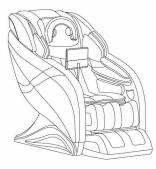
Developed by AJX Distribution LLC

11125 Knott Ave, Suite D

Cypress, CA 90630

**Tel** 1-855-646-9500

Email INFO@KAHUNACHAIR.COM



You must register warranty at www.kahunachair.com/services/

INSTRUCTION MANUAL MODEL:HM-078 4D+@ HUBOT

Please read this user manual thoroughly prior to operating the massage chair. Store this booklet for future reference.