SCHOOL WEEK PERSONAL HYGIENE CHART

USE THIS CHART TO TRACK YOUR PERSONAL HABITS. A FULL WEEK EARNS A PRIZE!

wash hands wash face brush teeth brush hair change clothing Change clothing	MARK EACH CIRCLE WHEN TASK IS COMPLETE.	MON	TUES	WED	THURS	FRI
brush teeth	wash hands					
brush hair	wash face					
	brush teeth					
change clothing O O O O O O O O O O O O O O O O O O	brush hair					
	change clothing					

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