



Creative Finds for Creative Minds

Indigo Dyeing with Judy Gula

Create a range of indigo-dyed fabrics to use in your art, garments and quilting, and/or dye garments, vintage linens, trims and more in these amazing shades of blue!

We will explore shibori techniques such as *arashi*, *ne-maki*, *itajime* and *kumo*. You can also enjoy the results from a wide variety of Shibori Stitch Resist techniques, but to do so advance preparation of your fabrics prior to class is required due to time constraints. See next page for some how-to tutorial links.

You are asked to **tag your materials**—in advance or during the class—using a safety pinned or stitched piece of Tyvek (which does not take dye) with your name written in permanent black marker, e.g. Sharpie. (You can recycle a Priority Mail envelope for the Tyvek). Tagging your materials avoids confusion as items come out of the dye vat; please do not skip this step!

Please wear old clothes AND shoes to class—staining blue splashes and drips are nearly impossible to avoid!

Note: Indigo Dyeing classes may have to end earlier than scheduled if the indigo vat is exhausted due to the volume of items dyed

Supply List:

- Natural fiber fabrics — silk, cotton, linen and rayon fabrics — in a variety of weights. Note that indigo dye will not take on synthetic fibers.
 - All fabric *MUST* be prepared for dyeing. Prewash all that you will bring and do not use any form of fabric softener, either in the wash or the dryer.
 - Preferred lengths of fabrics are ½ to 1 yard. Larger pieces of fabric can also work, with manipulation and/or repeat dyeing.
 - Overdyed fabric is beautiful (especially with shibori techniques; see next page), so your fabrics can be patterned; do not have to be solid colors
 - T-shirts, button-downs, sundresses, scarves and other natural fiber garments, if desired
- String to wrap the poles. (It ends up hand dyed and can be reused in a stitching or macramé project!)
- White Pearl Cotton for simple stitched resists completed in class, if desired. (We recommend devoting some time before the class to stitching your shibori resists — see next page)
- White floss, if desired, to dye at the same time as your fabric.
- Rubber gloves
- Apron
- PVC pipes in several size diameters (only if you already have; no need to purchase)
- Large binder clips and/or F clamps
- Wooden or Lucite/acrylic shapes, if you already have
- Round items for resist. Examples can include buttons, coins, dried beans, washers, nuts and bolts, marbles, etc.
- Very large plastic bags (to carry dyed items home to rinse)



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Creating Shibori Stitched Resists

Because of the time constraints of this one day class, advance preparation is necessary if you'd like to explore stitched resists, as well as preparing larger, more complex ne-maki (binding cloth around round found objects) itajime shibori (a shape-resist technique) and kumo shibori (a twist and bind resist technique) fabric bundles. Stitched resists can take some time to prepare but the results are well worth it: we encourage you to try it !

You can find a wealth of information online about how to create your own shibori stitched resists, as well as inspirational photos of the finished results. Here are some resources to begin with:

And Then We Set It On Fire, a surface design blog (no longer active but links are archived), contains a wealth of tutorials and photo illustrations of various shibori techniques. The right sidebar of the blog will show the full range of topics for you to explore. Here is a selection to get you started.

- <http://andthenwesetitonfire.blogspot.com/2014/10/six-swatches-straightly-stitched.html>
- <http://andthenwesetitonfire.blogspot.com/2014/10/six-swatches-stitched-curved-lines.html>
- <http://andthenwesetitonfire.blogspot.com/2014/10/six-swatches-parallel-lines-stitched.html>
- <http://andthenwesetitonfire.blogspot.nl/2013/11/shibori-folding.html> (again, look at the right sidebar, illustrated here, for a wide variety of fold tutorials)

Additional helpful links:

- <http://www.dharmatrading.com/home/traditional-indigo-shibori-basics.html>
- <http://www.incolororder.com/2013/07/indigo-dyeing.html>
- <https://silkishibori.wordpress.com/2011/03/29/komasu-shibori-tutorial/>
- <https://victorypatterns.com/blogs/diy-tutorials/shibori-stitch-resist> (tutorial, pictured below)



sponge you're seeing (more to come, stay



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