



Guided Spot Relief

How to Use

✓ Soothe Aches & Pains

✓ Relax Muscles

Start with a Single Pump

Or use as directed by your EO care plan or healthcare provider.

Each pump contains 2.5mg Delta-9 THC and 26mg CBD. Apply gel directly to the affected area and gently massage into the skin until fully absorbed.

If you experience any adverse effects or reactions seek immediate medical attention.

Effect Onset: 15-30 minutes

Effect Duration: 1-3 hours

When to Use

Apply at the onset of pain or stiffness or as needed for relief.

Adjusting Your Dose

Wait at least 30 minutes after initial application to assess effects. If needed, apply 1 additional pump to the affected area.

Works Best with Free Care

Ask questions and get personalized dose and use advice. Text or call our clinician-led team at **877.777.3367**

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