## HOW TO FIT YOUR SNUGSZEN +

## **STEP 1.** IDENTIFY YOUR LEFT AND RIGHT SNUG

If you have clear coloured Snugs, you can identify the right ear by the red stamp.





## **STEP 2.** INSERT YOUR SNUGSZEN INTO YOUR EARS

Use some of the balm supplied to help you for the first few times Ensure the tab is lying flat along the back of your concha bowl

## **STEP 3.** MOVE AROUND UNTIL IN A COMFORTABLE POSITION

As your Snugs are custom fit to the exact shape of your canals, they should naturally slot into the correct, comfortable position. If you have any problems, please contact us

> **CONTACT US:** +44 1984 604 002 info@snugs.com