



MOTHER'S DAY GIFTS 2024.





TOP 8.

All brands featured in our Mother's Day Gift Guide are female, Australian owned, online, small businesses, making incredible products. There's a real life person doing a happy dance when they receive your order. Love Big, Shop Small this Mother's Day.

Lucy X (VANDY co-founder)

VANDY Robes

AVOCADO ZINC Natural sunscreen

GENTLE HABITS This is (Incense)

SOL LINEN Linen bedding

OKUME Beverage Bag

INNER BLOOM TEA Cycle supportive tea

YCL JEWELS Handcrafted jewellery

PUTTING YOURSLEF People Pleaser's Guide by Hollie Azzopardi

VANDY.COM.AU

VANDY robes are the ultimate gift for all mum's. Made from lush 100% GOTS certified organic cotton terry and designed for comfort to wear inside and outside.

Look trendy and feel amazing in a VANDY:

- + Lounging drinking tea & watching netflix
- + Holidaying by the beach or pool
- + Showering, bubble baths or ice baths
- + Saunas and self care moments



<u>@vandy.sea.change.life</u>





<u>@avocadozinc</u>



AVOCADO ZINC.

AVOCADOZINC.COM.AU

Avocado Zinc create high quality sunscreen using all-natural ingredients in WA. All of their products are TGA listed, zinc-based and designed to rub in clear, spread easily and moisturise the skin.

Aside from the sunscreen we also love the SPF 50 Lip to Cheek Tint in three shades for mum! Stylish and safe, what a combo.

GENTLE HABITS.

GENTLEHABITS.COM.AU

A Gentle Habit is a small ritual that you add to your daily routine for a Positive Outcome.

Gentle Habits products prompt you to explore your own Gentle Habits, for creating space to become present, grounded and captivated by the everyday.

Ideal to help mum's create more positive outcomes with ease and enjoyment.





<u>@thisisgentlehabits</u>



SOL LINEN.

SOLLINEN.COM.AU

Carefully crafted in small batches for quality and reduced waste, SOL linen is then stonewashed using volcanic rock to achieve its soft, unique, lived-in texture.

The Artisan frayed edging is meticulously handsewn to add understated detail to any space. What mum doesn't want new fresh, lush linen bedding?

INNER BLOOM TEA.

INNERBLOOMTEA.COM

100% organic tea blends designed to support the four stages of the menstrual cycle. Intentionally curated to invite ritual into each sip, the herbs in these four blends weave a thread of formulated purpose into the monthly cycle.

Each of these hand blended teas support the period, post-period, ovulation and PMS stages of your cycle.





<u> Qinnerbloomtea</u>

@okume_aus





This one is for the party mum's. It's a beverage bag with a hidden beverage spout.

That's right, a bag designed to carry to any party or special event. Made from durable, lightweight and cruelty-free vegan leather, this stylish tote features a hidden liquid bladder ensuring BYO booze (juice, kombucha, water) is always easy, discreet and 100% hassle-free.

YCL JEWELS.

YCLJEWELS.COM

Jewellery made with high quality metals, without the traditional retail mark up.

YCL designs are inspired by modern femininity and created to symbolise moments in time throughout your life.

There's so many options that would be perfect for mum!





@hollie azzopardi



PUTTING YOURSELF FIRST.

A PEOPLE PLEASER'S GUIDE

A crash course in setting boundaries and looking after yourself from podcaster and Mind, Body & Soul mentor Hollie Azzopardi. This book will help mum's who are:

- worn out from prioritising other people's needs over their own
- always feel tired rather than inspired or uplifted
- working in a job they dislike
- care too much about what others think

The People Pleaser's Guide to Putting Yourself First. Something every mum needs a little more of!