

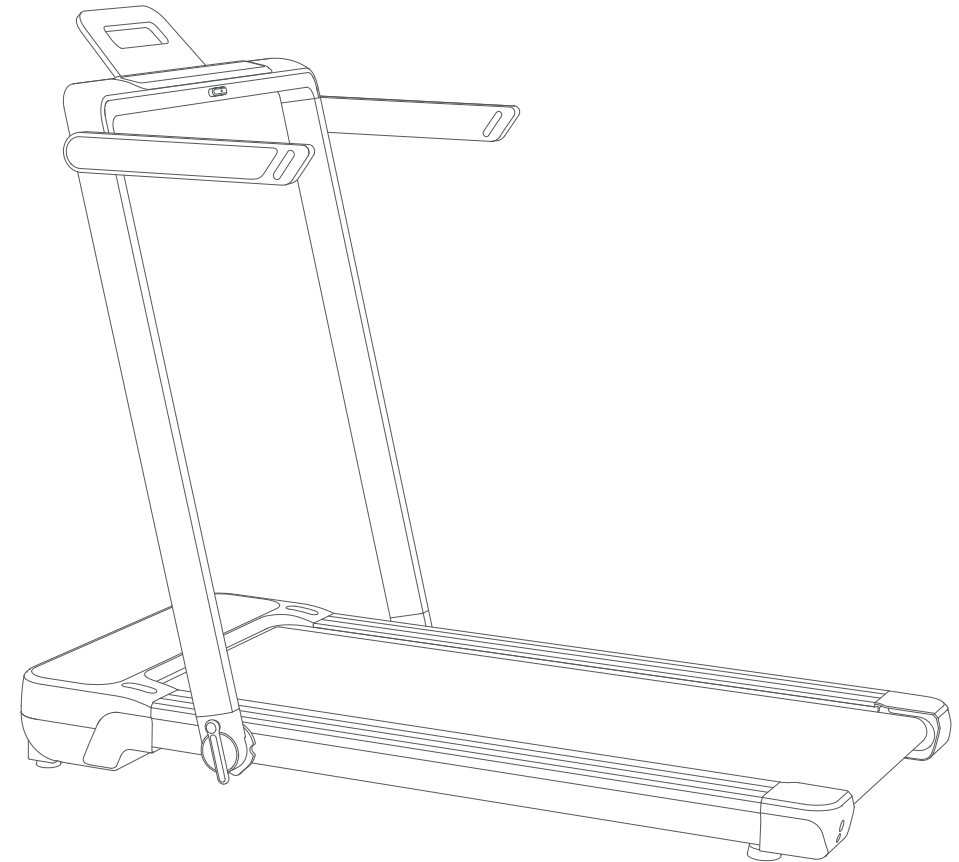
US

Model.URTM019

# Strol 1 Pro

## Auto Incline Treadmill

### USER MANUAL



**IMPORTANT:** Read all instructions carefully before using this product. Retain this owner's manual for future reference. The specifications of this product may vary from this photo, subject to change without notice.

**Manufacturer:** Shenzhen Yile Dynamic Technology Co., LTD.

Address: 1205-1206, Tianliao Building, Tangchang Road, Tanglang Community, Taoyuan Street, Nanshan District, Shenzhen, China

Version: 1.0

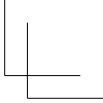
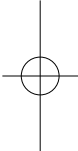



MADE IN CHINA





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# 1 CUSTOMER SERVICE

## IMPORTANT: FOR UREVO ONLY

For damaged or defective product, questions, replacement parts or any other service support, please contact our customer service department by the below methods:

**[services@urevosports.com](mailto:services@urevosports.com)**

Response Time: 24-48 hours

Emailing us with the **Order ID** will be the best method to receive a response during peak business hours.

**Website:** [www.urevosports.com](http://www.urevosports.com)

**US Support Hotline:** (1)844-998-2473

**Hours of Operation:** Monday – Friday : 9 AM – 12 PM ; 1 PM – 6 PM (PST)

**PLEASE DO NOT RETURN THIS PRODUCT WITHOUT ASKING OUR CUSTOMER SERVICE FIRST.**

**SCAN THIS QR CORD TO GET THE PRODUCT INSTALLATION OR MAINTENCE VIDEOS**



# 2 IMPORTANT SAFETY INSTRUCTIONS

## **DANGER - To reduce the risk of electric shock:**

1. Always unplug this treadmill from the electrical outlet immediately after using and before cleaning.

## **WARNING - To reduce the risk of burns, fire, electric shock, or injury to persons:**

1. An treadmill should never be left unattended plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.

2. Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.

3. Close supervision is necessary when this treadmill is used by, on, or near children, invalids, or disabled persons.

4. Use this treadmill only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.

5. Never operate this treadmill if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the treadmill to a service center for examination and repair.

6. Do not carry this treadmill by supply cord or use cord as a handle.

7. Keep the cord away from heated surfaces.

8. Never operate the treadmill with the air openings blocked. Keep the air openings free of lint, hair, and the like.

9. Never drop or insert any object into any opening.

10. Do not use outdoors.

11. Do not operate where aerosol (spray) products are being used or where oxygen is being administered.

12. Caution - To reduce the risk of injury from moving parts - Unplug before servicing.

13. Warning - To reduce the risk of Electric shock - Unplug before cleaning or servicing.

14. Warning - Risk of personal injury - Keep children under the age of 13 away from machine.

15. To disconnect, turn all controls to the position, then remove plug form outlet.

16. Connect this treadmill to a properly outlet only. See grounding instructions.

17. This treadmill is not intended for use by persons with reduces physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the treadmill by a person responsible for their safety. Keep children under the age of 13 away from this machine.

**18. The maximum weight capacity for this product is 265lbs/120kg. DO NOT EXCEED MAXIMUM WEIGHT CAPACITY.**

**SAVE THESE INSTRUCTIONS**

### GROUNDING INSTRUCTIONS:

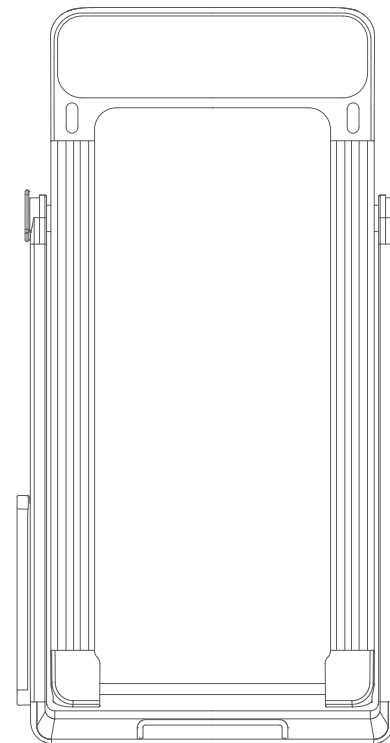
This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

**DANGER** - Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product - if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

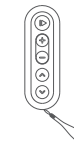
# 3 PRODUCT & ACCESSORIES

Please carefully check whether the contents of the package are complete and intact. If there is any missing and damage, please contact the seller.

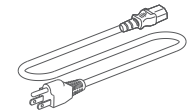
## Accessories



Treadmill × 1



Remote Controller × 1



Power Cord × 1



Hex tool × 1



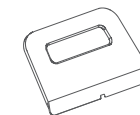
Safety Key × 1



Lubricating Oil × 1



Battery Cell × 1



Tablet Mount × 1

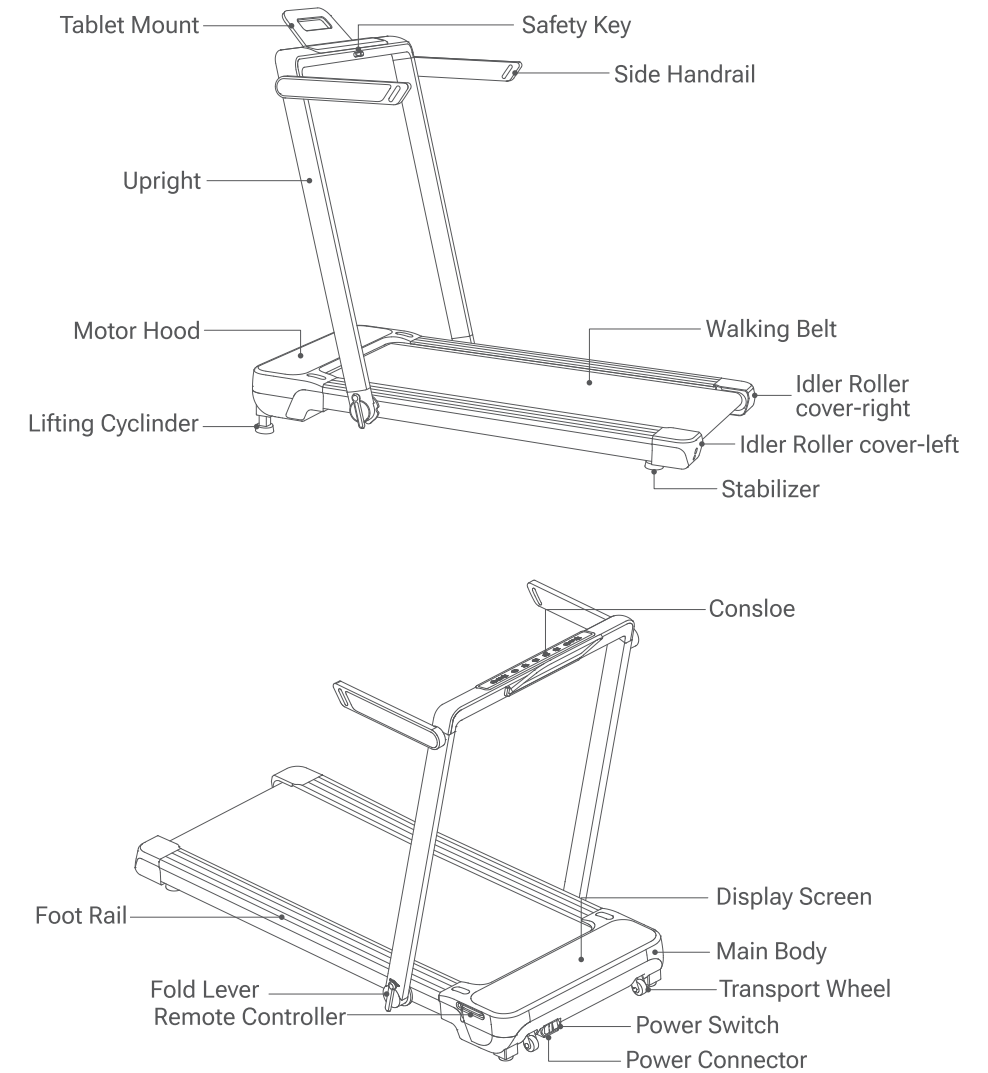


User Manual × 1

# 4 SPECIFICATION

Product configuration	Detailed parameters	Product configuration	Detailed parameters
Product dimension (Folded down)	135.8 x 72 x 15cm cm	Product dimension (Folded up)	129 x 72 x 115 cm
	53.5 x 28.4 x 5.9 inch		50.8 x 28.4 x 45.3 inch
Running area	43 x 108 cm	Maximum speed	7.6 mph
	17 x 42.5 inch		
Gross weight	38 KG	Minimum speed	0.6 mph
	83.8Lbs		
Net weight	33.5 KG	Rate voltage	110 - 120V ~
	73.9 Lbs		
Maximum load	120 KG	Peak housepower	2.5 Hp
	265 Lbs	Suggested age	14-60 years old

# 5 PRODUCT INTRODUCTION

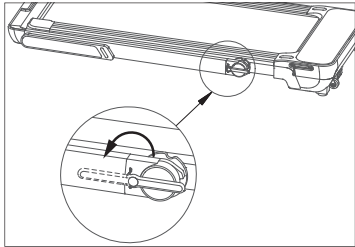


# 6 HOW TO USE

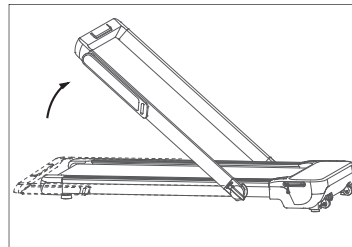
## Unfolded To Run (Speed range : 0.6- 7.6mph)

1. Unbox to take out the treadmill with the related accessories, then place the treadmill on flat ground.

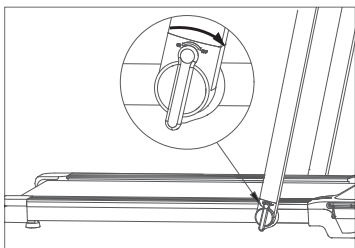
2. Counterclockwise roating fold lever to unlock.



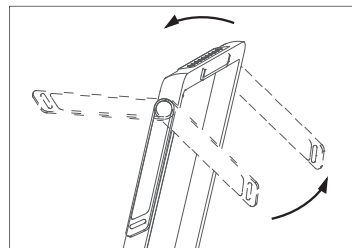
3. Lift up the uprights to the end position.



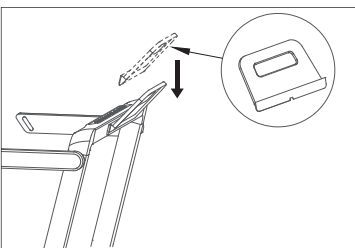
4. Clockwise roating fold lever to lock.  
**NOTE: Upright MUST fixed security before running.**



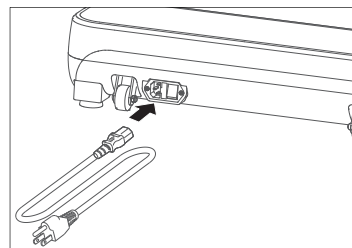
5. Fold down the handrail as horizontally.



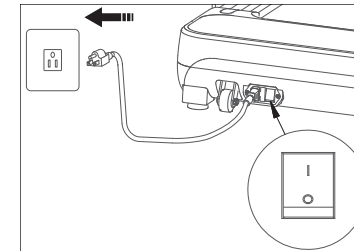
6. Insert tablet mount refer to arrow sign.



7. Plug in power cord to power connector.



8. Power on and start to running.

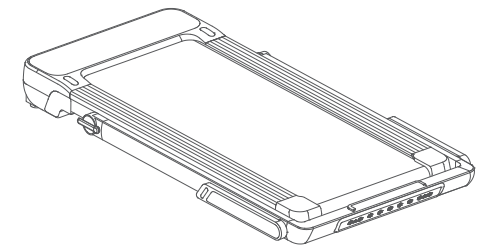


## Folded To Walk (Speed range : 0.6 - 4.0mph)

1. Detach the tablet mount.

2. Fold down handbar subasemble under reverse procedure.

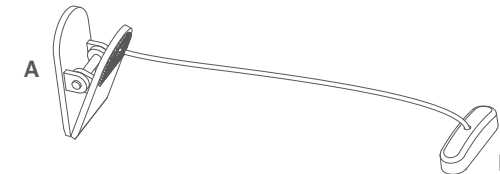
3. Enjoy walk exercise with remote control.



## Safety Key

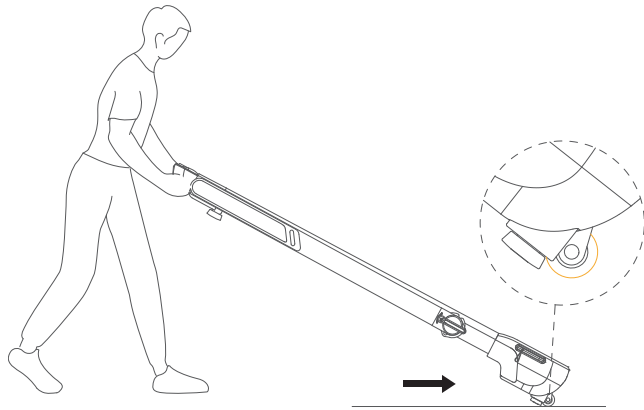
In any emergency occurs, treadmill stops automatically and show "----" when the safety key is pulled out from the console.

**NOTE: Find the clip (A) onto the waistband of your clothes, another key (B) magnetic attracted under console.**



## Transportation

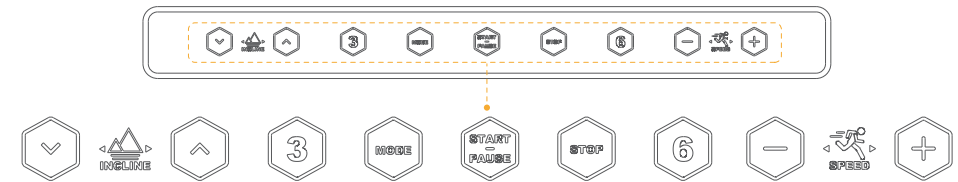
1. If transportation needs, please unplug power cord and tablet mount before lifting the terminal of treadmill.
2. Easy to transport treadmill with bottom transportation wheel assists, like as wheelbarrow.



**NOTE:** Before move and storage, please make sure the power switch into off and power cord is unplugged.

# 7 OPERATION

## Console



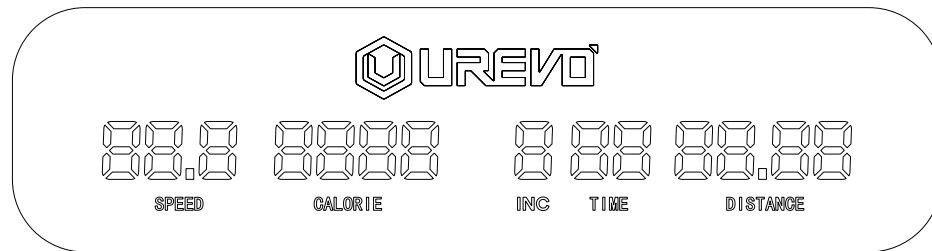
### Touch button feature

Button	Function
	Reduce incline level.
	Increase incline level.
	3mph button: Short touch this button, the speed will gradually change until 3mph.
	Customize workout goals (Ex: Time; Calories; Distance).
	<ul style="list-style-type: none"> <li>• To start walking belt and the initial speed setting is 0.6mph.</li> <li>• To stop walking belt for a short pause or break, re-touch it again to resume.</li> </ul>
	Short touch this button to stop walking belt when your workout is completed.
	6mph button: Short touch this button, the speed will gradually change until 6mph.
	Decelerate: Short touch or hold down this button, the speed setting will change by 0.2mph.
	Accelerate: Short touch or hold down this button, the speed setting will change by 0.2mph.

## Standby Mode

If pause time over 10 minutes, it will switch to "standby mode" automatically. In standby mode, not only console lighted off but also previous workout datas will be erased to Zero, you can weak up console by touching any bottoms.

## Display Screen

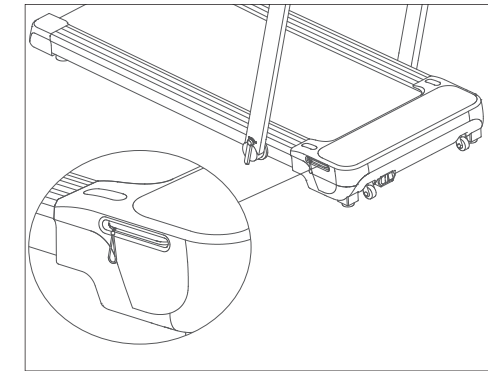
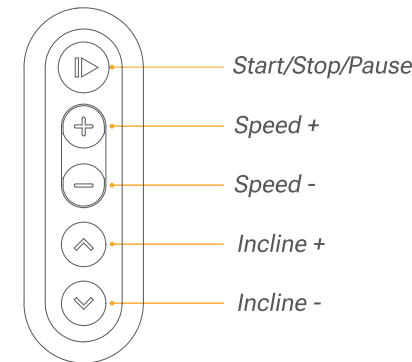


As you walk on or run on the treadmill, the display can show the following workout information:

Name	Range	Display
Speed	0.6-7.6 mph	Displays the speed of walking belt.
Calories	0-9999 Kcal	Displays the approximate number of calories you have burned.
Inc	0-3 level	Displays the incline level of your setting.
Time	00 -99 minutes	Displays the elapsed time.
Distance	00.00- 99.99 miles	Displays the distance that you have walked or run.

**Note: Autonomy is 99 minutes .  
You have to re-start treadmill ,in case your exercise time over than 99 minutes ,and previous workout datas will be erased and recouting accordingly**

## Remote Control



**Note: Ensure that the walking treadmill is power on and the remote control is installed with battery.**

### Operation of Remote Controller

Buttons	Functions	Operation	Note
▶	Start	Short press	Start the walking treadmill
	Stop	Long press for 2"	Display show "End" and walking belt slow down untill completely stop. Display off if End status longer than 10 minutes
	Pause	Short press (in start mode)	Take a pause while exercising, walking belt slow down untill completely stop, display show " PAU" and the workout data will be preserved, re-press this button to resume. Display off if pause longer than 10 minutes.
⤴	Incline +	Short press	Increase incline level.
⤵	Incline -	Short press	Decrease incline level.
+	Accelerate	Short press	Walking belt speed up, the increment is 0.2mph.
-	Decelerate	Short press	Walking belt speed down, the decrement is 0.2mph.



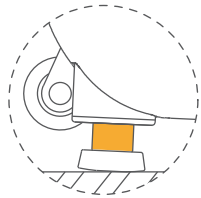
## Auto incline feature introduction

- **3 incline levels : 0 - 1 - 2 - 3**

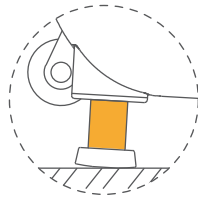
Level 1 : Approx 5% incline percentage

Level 2: Approx 7% incline percentage

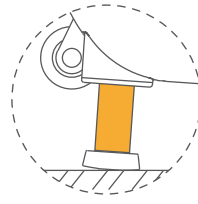
Level 3: Approx 9% incline percentage



Level 1



Level 2



Level 3

- **Friendly remind of Auto incline features**

- » Incline level should be set to "Zero" when you are finished exercising.
- » Perform POST (Power On Self Test) to identify incline level and back to "Zero" automatically.
- » Incline interval up to 20 seconds, total incline stroke "from Zero to Level 3" approximately 1 minute.

# 8 CARE & MAINTENANCE

## Symptom : walk belt off centered or slips.

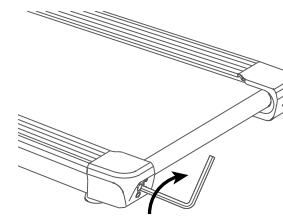


Figure 1

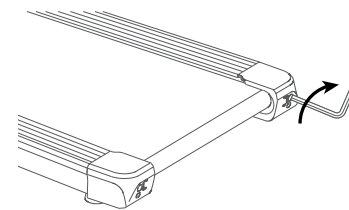


Figure 2

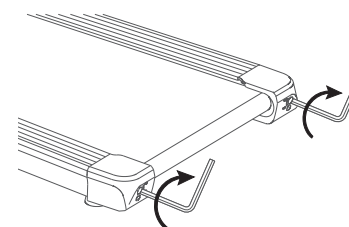


Figure 3

### Centering walk belt process as follow :

1. Power off treadmill and unplug the power cord .
2. Manual centering process as follow:
  - If the walk belt has shifted to left, use the **hex tool** to turn the left idler roller screw clockwise **1/4** of a turn(refer to figure 1).
  - If the walk belt has shifted to right, use the **hex tool** to turn the right idler roller screw clockwise **1/4** of turn(refer to figure 2).
3. Treadmill **MUST** work 1-2minutes. Repeat manual centering process untill the walk belt is centered.

### Belt slip correcting process as follow :

1. Power off treadmill before operation.
2. Using the **hex tool**, turn both idler roller screws clockwise **1/2** of turn(refer to figure 3).
3. After corrected, please attempts to walking 1-2 minutes under 2-3mph speed setting. Repeat until the walk belt is properly tightened.

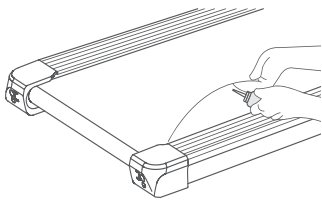
**Note: The Tread-belt should not be adjusted too tightly, otherwise it will be damaged.**

### Attentions

1. To prevent any injury, don't place any debris around treadmill before maintenance process.
2. **MUST** use associated **hex tool**.
3. Take care at maintenance process. Do not pinch fingers.

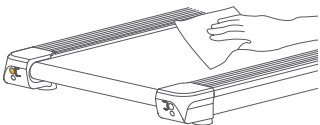
## Belt lubrication process, follow instruction below to lubricate belt.

1. Power off treadmill and unplug power cord.
2. Using the **hex tool**, turn both idler roller screws counterclockwise till belt loosen and lifting easily.  
**Tips: please markdown hex tool rotating cycles when loosen belt, which use for adapting belt tension after lubrication process.**
3. Lifting edges of belt and spraying lubrication oil at center of walk platform evenly. Not necessary to apply spray lubrication oil on entire walk platform.
4. Lubrication oil volume Per time of maintenance: 5-10mL.  
**Attention: it would causes of belt slip if spray too much.**
5. Using the **hex tool**, turn the both idler screws clockwise as previous markdown number of turns untill walk belt tighten properly.
6. Power on treadmill and workout for a few minutes, in order to spread lubrication oil to whole belt surface evenly.  
**Attention: please hold handrail when workout at 4mph setting.**  
Lubrication frequency: High recommend 100 Miles Per time.



## Treadmill cleaning.

1. Power off treadmill and unplug power cord before cleaning.
2. Wipe and clean with damp cloth, Do not cleaning with acidic or caustic detergents.
3. Do not clean opposite of walk belt.
4. Its normal few black powders residual under treadmill after long working.



# 9 ERROR CODE

Error Code	Fault Analysis	Resolutions
E01	Communcation interrupted between contoller and numeric display.	Unscrew motor hood and verify connection between controller and numeric display. Please contact with after sale service if E01 code has not been eliminated. <b>Notice: Always power off and unplug power cord before processing.</b>
E02	Flame protection	1. Unscrew motor hood and verify connection between controller and motor. 2. Power supply interrput due to connector loosen or out, please unscrew motor hood to check. 3. Please contact with after sale service if problem CAN NOT solved by above process.
E05	Over current protection	1. Due to user over limited 120Kg. 2. Open to check any foreign objects blocked moving parts. ( such as: drive motor, idler roller, driver roller, walking belt ) 3. Walking belt is overtightened or lack of lubricant. ( please see detail chapters relate to belt tension and lubricant process )
E06		
E07	Software bug	Replace new controller.
E10	Communcation interrupted between signal cable and console.	1. Unscrew console box and verify connection between singal cable and console. 2. Unscrew console box and verify internal lead wires whether are damaged or pierced. 3. Replace new console PCBA board.

**IMPORTANT: If error code appears, you MUST stop workout immediately, Please contact with after sale service if problem CAN NOT be solved after restart.**

# 10 TROUBLESHOOTING

Problem	Fault Analysis	Resolutions
<b>No working</b>	<ol style="list-style-type: none"> <li>1. Power rock switch dysfunction.</li> <li>2. Power supply interrupted.</li> <li>3. Power cord damaged.</li> </ol>	<ol style="list-style-type: none"> <li>1. Replace new power rock switch if it doesn't light on.</li> <li>2. Make sure that power cord is plugged into properly grounded outlet.</li> <li>3. Replace new power cable.</li> </ol>
<b>Walking belt slips</b>	Walking belt loosen	Tighten walking belt tension with <b>hex tool</b> ( 1/4 a turn both idler roller screw clockwise)
<b>Remote control does not work</b>	<ol style="list-style-type: none"> <li>1. Incorrect use of default.</li> <li>2. Battery power shortage.</li> <li>3. Remote control malfunction.</li> </ol>	<ol style="list-style-type: none"> <li>1. Remotor control should directly aiming to receiver port when in use.</li> <li>2. Replace new battery cells.</li> <li>3. Replace new remote control.</li> </ol>
<b>Friction noise</b>	Walking belt off center.	See details of walking belt tension chapter.

# 11 WARRANTY

## MANUFACTURER'S LIMITED WARRANTY

UREVO warrants to the original purchaser that this product is free from defects in material and workmanship when used for the purpose intended, under the conditions that it has been installed and operated in accordance with UREVO Owner's Manual. UREVO's obligation under this warranty applies to the following:

## COMPONENT LENGTH OF WARRANTY

Structural Frame 1 year For Home Use Only  
All Other Components 90 days For Home Use Only

## Exclusions from Warranty Coverage:

UREVO does not warrant against and is not responsible for, and no implied warranty shall be deemed to cover, any product failure, product malfunction, or damages attributable to:

1. Improper installation and/or failure to abide by UREVO's installation guidelines;
2. Use of this product beyond normal home use, or in an application for which it was not designed;
3. Cosmetic items such as scratches, dents or discolorations;
4. Damage caused by normal wear and tear, vandalism, accidental or by animals;
5. Any act of Nature (such as fire, flooding, snow, ice, hurricanes, earthquakes, lightnings or other natural disasters), environmental condition (such as air pollution, mold, mildew, etc.), or staining from foreign substances (such as dirt, grease, oil, etc.);
6. Normal weathering due to exposure to sunlight, weather and atmosphere which can cause colored surfaces to among other things, flake, chalk, accumulate dirt or stains.
7. Improper operation, alteration, handling, storage, abuse or neglect of the products.

**UREVO , using its sole discretion, will either repair or replace free of charge any part(s) proven to be defective under normal home use. Any repair or replacement shall provide no new warranty coverage, but shall retain only the remaining portion of the original product's warranty. This warranty is offered only to the original purchaser and is not transferable. Proof of original purchase is required.**

When ordering replacement parts please have the following information ready:

1. Order Number
2. Description of Parts  
(Adding photos or videos would be helpful)
3. Part Number
4. Date of Purchase

