



UREVO STROL 2 2-IN-1 UNDER DESK TREADMILL

STAY ACTIVE. STAY PRODUCTIVE.
URTM011

IMPORTANT: Read all instructions carefully before using this product. Retain this owner's manual for future reference.

The specifications of this product may vary from this photo, subject to change without notice.

Manufacturer: Shanghai Runmi Technology Co., Ltd.
Address: 15th Floor, Building 21B, No.1158, Zhongxin Rd,
Songjiang district, Shanghai, P.R.China



MADE IN CHINA

USER MANUAL



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SERVICE

IMPORTANT: FOR UREVO ONLY

For damaged or defective product, questions, replacement parts or any other service support, please contact our customer service department by the below methods:

For The Best Service, Email us with order id at:

Services@urevosports.com

Response Time: 1-2 Business Days

1. Emailing us with the information above will be the best method to receive a response during peak business hours.

Website: www.urevosports.com

PLEASE DO NOT RETURN THIS PRODUCT TO THE STORE.

IMPORTANT SAFETY GUIDELINES



Please carefully read this manual before use to ensure your safety and avoid accidents.

1. Wear suitable sports shoes and do not run barefoot for exercise. We do not assume any responsibility for abnormalities and injuries caused by failure to wear shoes since they have nothing to do with product quality.
2. Consider your physical condition when you start to train with this product. Train appropriately and regularly to ensure that you have enough physical strength for training. Improper or excessive training will not benefit your health.
3. This product is suitable for home use rather than professional training and testing, nor medical purposes.
Damaged power cord must be replaced by the manufacturer or professional maintenance personnel to avoid danger.
4. Check all parts before use to ensure the screws and nuts are tightened.
5. Wear tight fitting clothes to prevent clothes from being caught by the machine when using it. Keep children or pets away from the equipment to avoid accidents.
6. Place the equipment on smooth, clean and level ground. Make sure there are no sharp objects near it. Do not use it near water and heat sources.
7. Avoid touching any moving parts with hands. Do not place your hands and feet in the space under the running belt.
8. This product is for one person only when it is running.
9. Please use the accessories provided by the manufacturer only, and do not attempt to repair on your own.
10. The appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children without supervision.
11. If the supply cord is damaged, it must be replaced by the manufacturer, its service agents or similarly qualified persons in order to avoid a hazard.
12. **The maximum weight capacity for this product is 265 lbs / 120 kg. DO NOT EXCEED MAXIMUM WEIGHT CAPACITY.**
13. **Please make sure to add 10ml of lubricant when using the product for the first time. Add lubricating oil every one year or after 100 hours of working.**

SAVE THESE INSTRUCTIONS

POWER SUPPLY PRECAUTIONS

1. Use US:120V~ 60Hz\EU:220-240V~ 50-60Hz power supply.
2. The power plug must be reliably grounded, and the socket must be equipped with a dedicated circuit to avoid sharing a circuit with other electrical equipment.
3. Directly plug the power cord firmly into the socket.
4. Use a qualified socket to avoid dangers arising therefrom. If the plug does not match the socket, do not use the plug and ask an electrician to handle it.
5. Do not let the power cord contact the rollers. Do not put the power supply on the running belt. Do not use any damaged plugs.
6. Do not pull out or insert the power plug with wet hands.
7. Pull out the plug from the socket before cleaning and maintenance.
8. Check whether the treadmill functions normally before use. If normally, you can use it, otherwise do not use it and contact our Customer Service Department in time.
9. Clip the safety lock wire to your clothes before exercise for emergency stop.
10. Ensure that there is a 2000*1000mm vacant safe area without obstacles behind the treadmill during exercise.
11. In case of an abnormality, pull up with the handrail to keep your feet off the running belt and jump out of the treadmill.
12. If you feel dizzy, chest pain, nausea, or breathless during exercise, stop exercising immediately and consult a fitness coach or doctor.
13. Do not use this product outdoors, under high humidity or sunlight.
14. Power off and unplug when you leave.

PRECAUTIONS FOR INSTALLATION

1. Read the instructions carefully before installation.
2. Take out all parts from the package and separately place them on the clean ground for your overall check and easy installation.
3. Check whether all parts are complete according to the packing list.
4. Be careful when using tools or handling. Do not install the product by force according to your preference.
5. Check whether tools and packaging materials left behind are dangerous. Plastic and foam are harmful to children.
6. Install the product properly after carefully reading the steps and instructions in the manual.
7. This product must be properly installed by an adult. If necessary, ask a professional to install it.



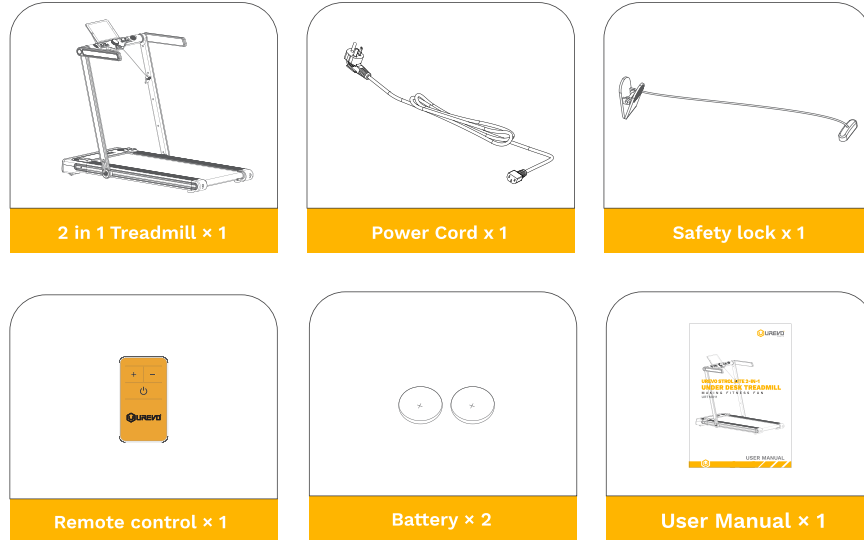
Warning: Install the product properly and do not damage it.

IMPORTANT:

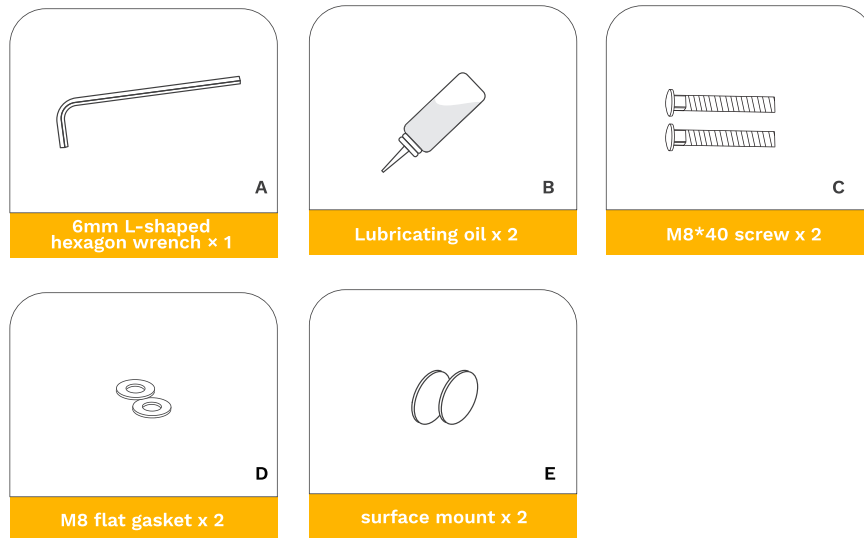
Read all instructions carefully before using this product. Retain this owner's manual for future reference.
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PACKING LIST

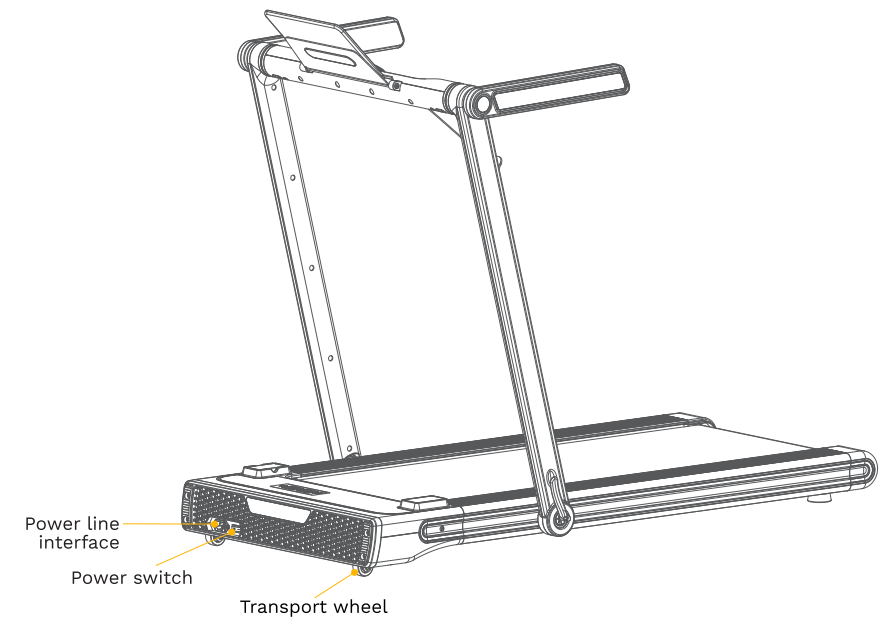
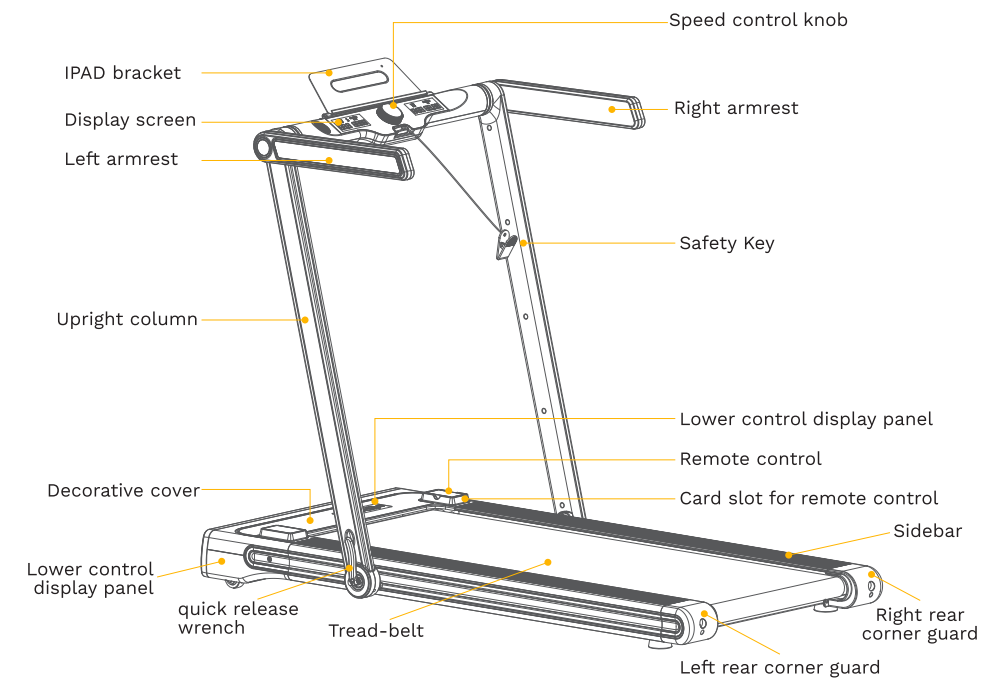
Product accessories



Tool pack



PRODUCT OVERVIEW



ASSEMBLY

INSTALLATION PREPARATION

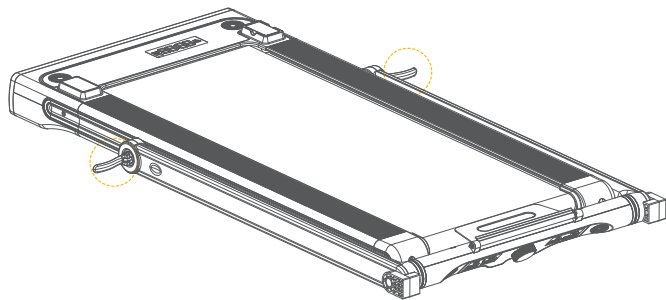
- For safety operation, please select a safe, dry, solid and spacious horizontal surface for installation;
- After receiving the product, remove all parts from the product package. Please carefully check whether the parts and tools are complete according to the packing list.

INSTALLATION STEPS

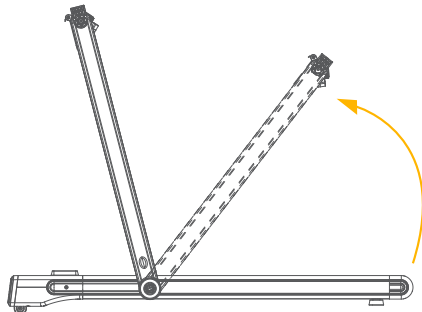


1. To prevent injury during assembly, please wear gloves and make sure there are two people assembling the product.
2. During product assembly, please pay attention to safety and avoid injury by moving parts.
3. To avoid injury, please keep away from bystanders and children during product assembly.
4. Do not use the product until it is completely assembled and checked.

1. Hold the column jacket with one hand and pull apart the quick release wrench with the other hand (same operations on right and left sides).

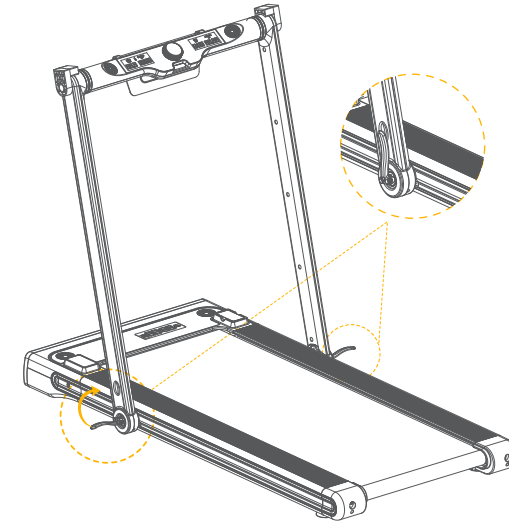


2. Lift and push the column jacket upward until it can't be moved.

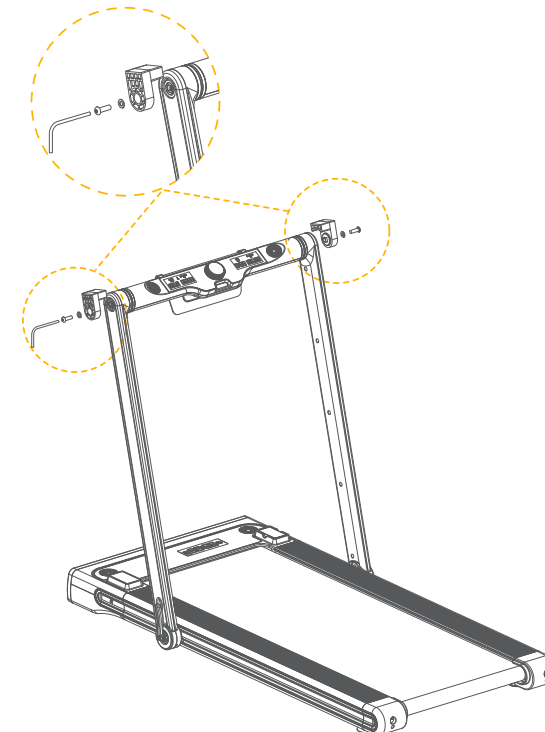


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3. Tighten the quick release wrench (same operations on right and left sides) and fix the armrests of upright column.



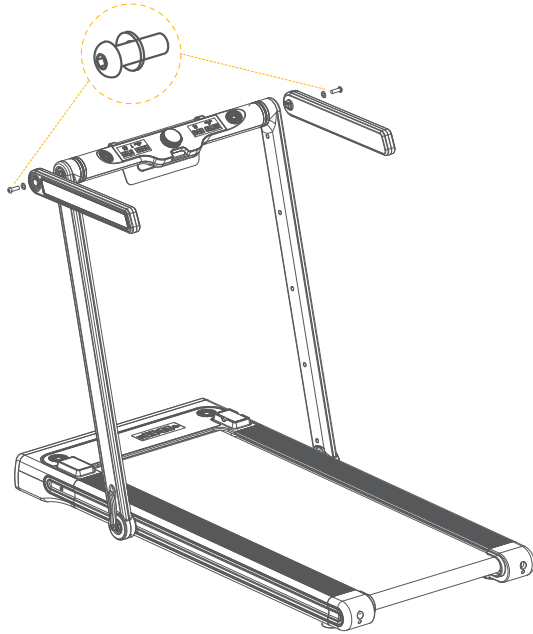
4. Remove the handrail corner protector with a hexagonal wrench (please discard it properly to protect the environment), and retain the screws.



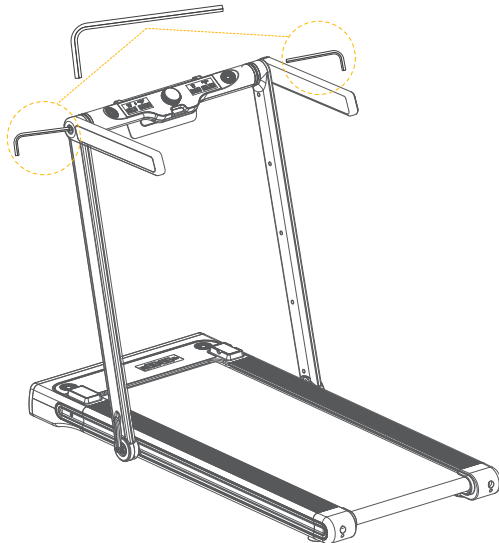
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5. Install armrests

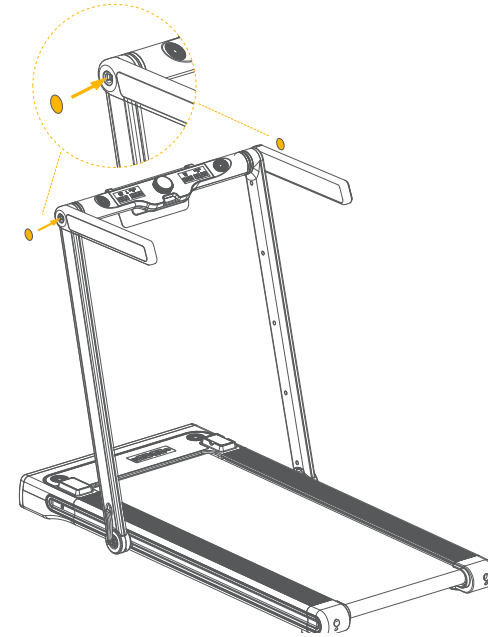
a. Insert the gasket (D) into the screw (C), align the screw hole of the horizontal armrest with that of the upright column in the direction shown in the figure, and insert the screw into the hole.



b. Tighten the screw (C) installed according to step a with the internal hexagonal wrench (A).

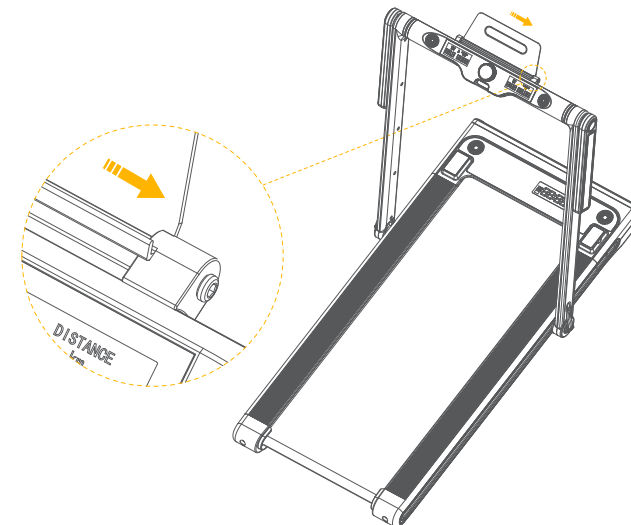


c. Paste the surface mount (E) to the outermost screw of the horizontal armrest.



Operations on right and left sides are the same in the above steps a, b and c.

5. Lift up IPAD bracket until it is aligned with the card slot and pushed to the "Lock" position, and fixed.



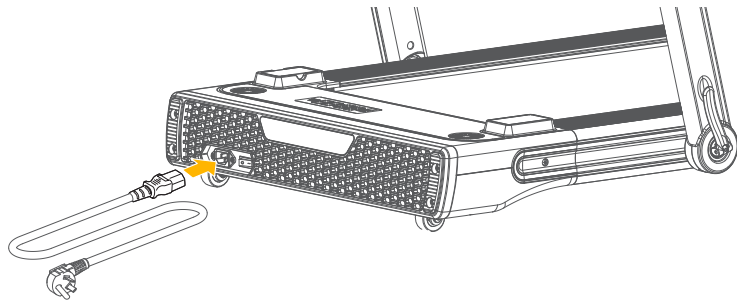
OPERATION

SAFETY KEY

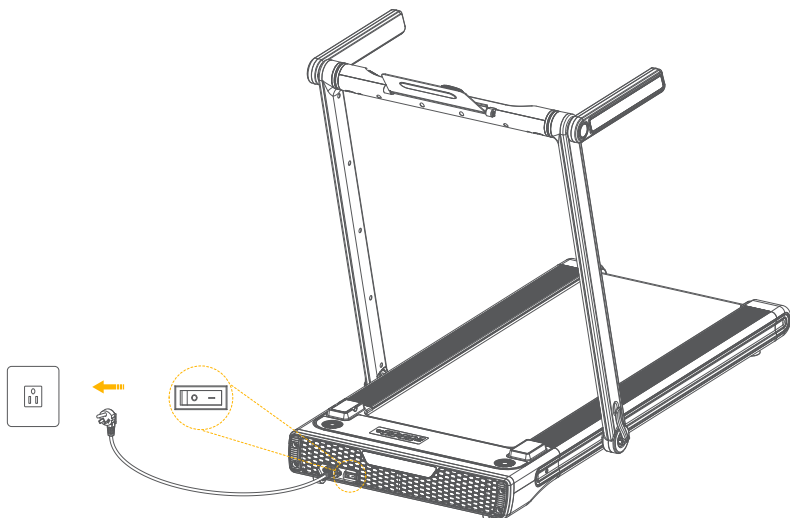
- The treadmill will only work if the safety lock is properly placed on the slot of the console.
- Make sure the Safety Key clip on the clothes when exercising in case of an accident.
- In any situation, pulling off the Safety Key, the treadmill will stop in an emergency, the "SPEED" window displays "----", At this time, you may not perform any other operation on the treadmill except shutting it down.
After the Safety Key is attached correctly again, the treadmill will enter the standby mode.

POWER ON

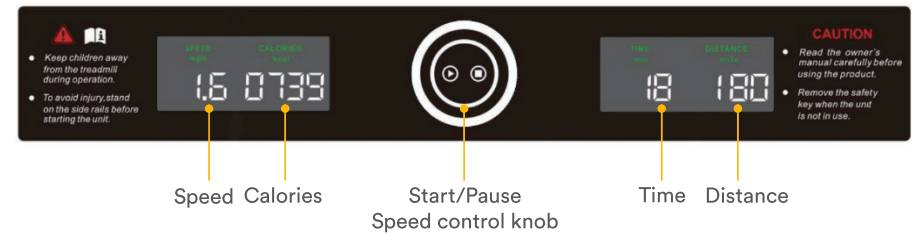
1. Insert the power line into the power line interface of the treadmill.



2. Insert the power plug, and then turn on the power switch. With a sound of "Di", the treadmill's instrument is turned on and the treadmill is started.



CONSOLE



Start / Pause :

The treadmill will be in standby mode after powering on and all windows are turned on.

Mode	Operation	State
Machine Standby Status	press	Start the machine and enter the running state
Machine Running Status	short press	Pause, data retention, enter the pause state
Machine Pause Status (Last 5 minutes)	long press for more than 3 seconds	Data is cleared and enter the standby state
	short press	Start the machine and enter the running state
	Not pressed for more than five minutes	Clear the data, turn off the screen, and enter the shutdown state

Speed up: Turn the knob clockwise to speed up; (increase by 0.2 miles each time)

Slow down: Turn the knob counterclockwise to slow down; (decrease by 0.2 miles each time)

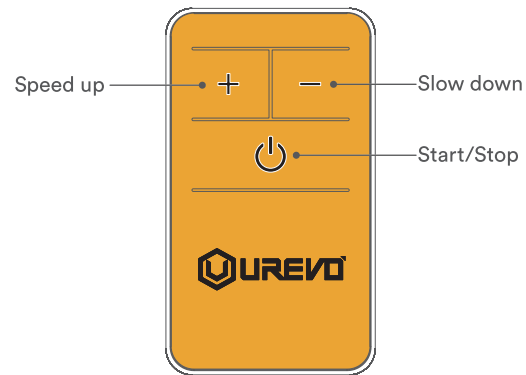


At any time, as soon as the safety lock switch is disconnected, the treadmill will rapidly stop running and all data will be cleared. All normal operation and running shall be carried out when the safety lock is properly placed in corresponding position.

Window

Name	Function
SPEED	1. In standby mode, display "----"; 2. When starting, display the countdown of "----"- "-----"- "-----" in sequence; 3. Display the exercising speed when exercising; 4. When the safety lock is disconnected, display "----";
TIME	Display the exercising time when exercising;
DIS.	Display the exercising distance when exercising;
CAL.	Display the exercising distance when exercising;

REMOTE CONTROL

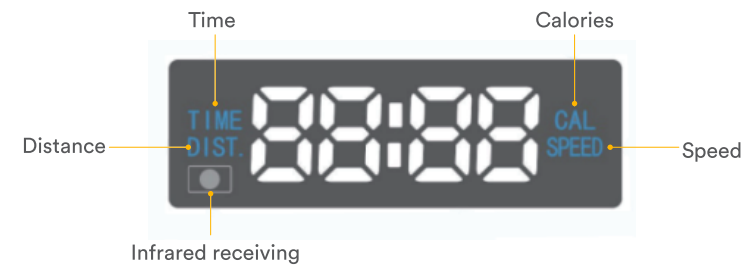


FUNCTIONS OF THE REMOTE CONTROL KEY

	<ol style="list-style-type: none"> 1. Press the key in standby mode; then, the treadmill will start running at the lowest speed of 0.6 mile after a 3-second countdown. 2. Press the key in running mode and the treadmill will stop running.
	Speed up: Press the key to increase the speed by 0.2 miles each time; press and hold the key “+” to increase the speed by 0.2 miles continuously.
	Slow down: Press the key to decrease the speed by 0.2 miles each time; press and hold the key “-” to decrease the speed by 0.2 miles continuously.

The speed can only be adjusted to 3.8mph by the remote control; and speeds above 3.8mph can only be adjusted with the knob.

LOWER CONTROL DISPLAY PANEL



Infrared receiving: The remote control needs to be aligned with this position while using the remote control for operation.

Function display: The display screen displays the speed data while adjusting the speed. The display screen will switch the function menu per 3s and circularly display time, speed, distance, and calories while not adjusting the speed.

PARAMETER DISPLAY AND SETTING RANGE

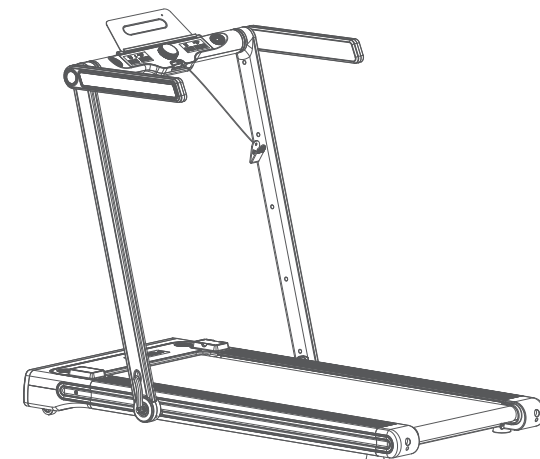
	Speed	Time	Distance	Heat
Display range	0.6-7.6MPH	0:00~99.59	0~99.9MI	0KCL—999KCL

MODE

The two-in-one treadmill has two modes: running machine mode (with the upright column erected) and walking machine mode (with the upright column folded).

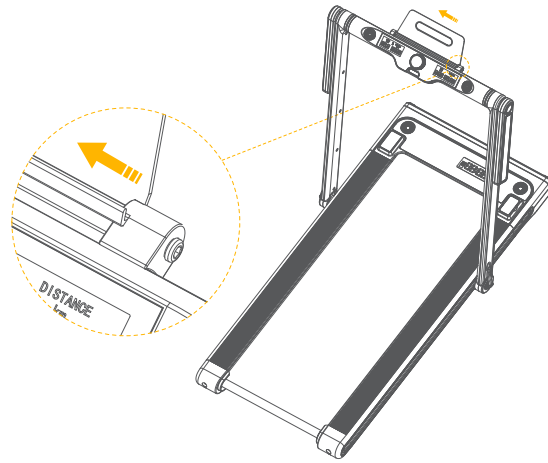
Running treadmill mode

When the upright column is erected, it is in running machine mode, at the speed of 0.6-7.6mph.

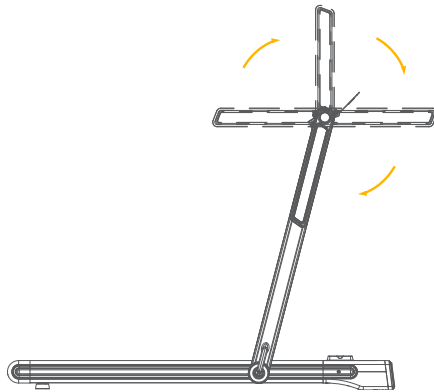


Walking machine mode

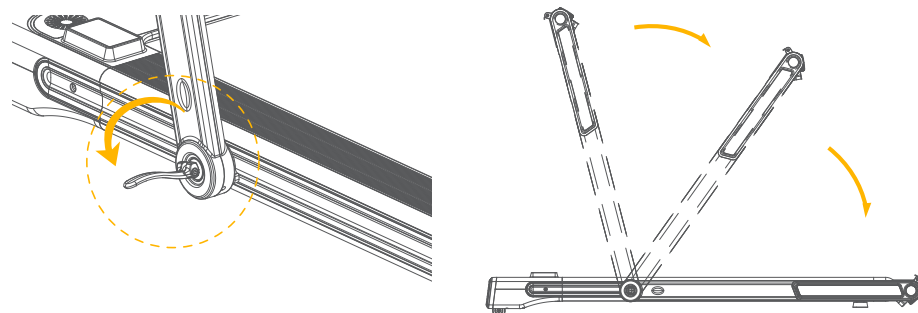
1. Push the IPAD bracket out of the card slot in the direction of “open” and fold it down.



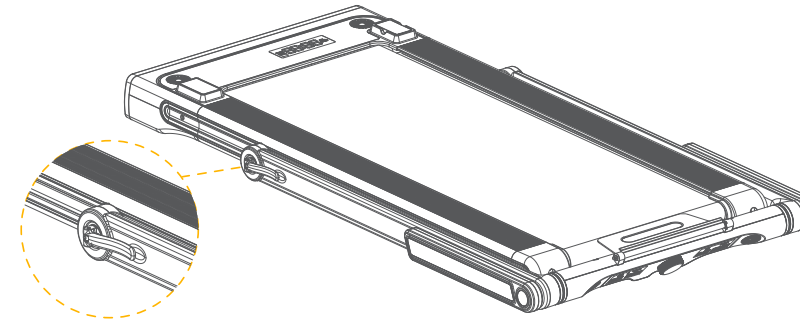
2. Rotate in the direction as shown in the following figure and lay down the horizontal armrest to make it overlap with the upright column (same operations on right and left sides).




3. Hold the column jacket with one hand and pull apart the quick release wrench with the other hand (same operations on right and left sides); hold and lower the column jacket until it is laid flat.



4. Tighten the quick release wrench reversely. It is in walking machine mode, at the speed of 0.6-3.8mph.



DORMANCY FUNCTION

When the treadmill stops running and has not been operated for more than 5 min, all data will be cleared; the system will automatically close all displays, enter into dormant mode and can be awakened by pressing the key .

ERROR CODE

Error Code	Fault Analysis	Handling Method And Sequence
E01	Poor communication between electronic meter and controller	<ol style="list-style-type: none"> 1. Check whether the connection wire between the electronic meter and the controller is in bad contact. 2. The main IC of the controller is in bad contact, re-plug tightly. 3. The power supply of the controller is abnormal, replace the controller.
E02	Explosion protection	<ol style="list-style-type: none"> 1. Motor open circuit or poor contact, replace the motor or check the connection terminal. 2. Power tube breakdown, replace the power tube or the controller.
E05	Overcurrent protection	<ol style="list-style-type: none"> 1. Overloaded. 2. Running platform resistance is too heavy, it needs to be oiled.
E06	Overload protection	<ol style="list-style-type: none"> 3. Motor is damaged, replace the motor.
E10	Communication failure of keyboard and panel's upper control connection	<ol style="list-style-type: none"> 1. Check whether the connection wire between the electronic meter and the controller is in bad contact. 2. controller has poor contact and needs to be plugged in again tightly. 3. the controller is abnormal, replace the controller.

FOLDING



- Please turn off the power switch and remove the power plug before folding.
- For folding steps of the treadmill, please refer to relevant operations in “the walking machine mode”.

1. Push the IPAD bracket out of the card slot in the direction of “open” and fold it down.
2. Rotate and lay down the horizontal armrest to make it overlap with the upright column. (Refer to the operations in “the walking machine mode”)
3. Hold the column jacket with one hand and pull apart the quick release wrench with the other hand (same operations on right and left sides); hold and lower the column jacket until it is laid flat. Tighten the quick release wrench reversely; then, the machine is folded. (Refer to operations in “the walking machine mode”)

SPECIFICATIONS

Production configuration	Specifications
Package size	1440*725*152.5 mm
Folded size	1380*735*140 mm
Product size	1300*1080*735 mm
Running area	425*1080 mm
Rated power	550W
Speed range	0.6-7.6 mph
Maximum load bearing capacity	120 KG, 265LBS
Net/gross weight	33/36 KG

MAINTENANCE

GENERAL CLEANING:

Proper maintenance is helpful to prolong the service life of the treadmill.

1. Please place the treadmill in a dry and shady environment. Do not place the treadmill outdoors in direct sunlight.
2. Check and lock all parts of the treadmill regularly, and replace defective parts in time.
3. Do not use the treadmill by force when it is damaged, so as to avoid product and personal damage.

TREADMILL ADJUSTMENT:

The treadmill Tread-belt is adjusted before leaving the factory, but after use, it will be stretched or have deviated from the center position. Please adjust it in time to avoid damage to the treadmill.

Adjust the tightness of the Tread-belt

If you are using the treadmill, the Tread-belt slips or does not run smoothly, you can adjust the tightness of the Tread-belt to improve it.

1. Insert the Allen key in the adjustment screw socket on the left side of the Tread-belt, and turn the wrench clockwise to tighten the Tread-belt;
2. Repeat step 1 to adjust the right screw. Be sure in adjusting the screw to rotate the same distance;
3. Repeat steps 1 and 2 until the Tread-belt doesn't slip;
4. If you need to loosen the Tread-belt, please turn the key counterclockwise, and note that the left and right sides should rotate the same distance.



The Tread-belt should not be adjusted too tightly, otherwise it will damage the Tread-belt, increase the pressure of the front / rear rotary drum, damage the drum bearing, produce noise and other problems.

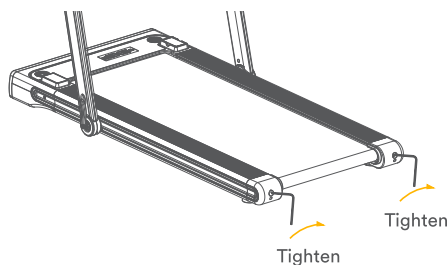
Adjustment of Tread-belt position

When using the treadmill, because of the possible force difference exerted by two feet and the unbalanced pressure exerted on the tread-belt, the tread-belt may deviate from the center, but this deviation phenomenon is normal. Leave the treadmill running unloaded for a period of time and the tread-belt will automatically return to the center. If it doesn't work, you need to adjust it manually.

1. Run the treadmill without load and adjust the speed to 0.6~0.9;
2. Observe the distance from the Tread-belt to the left and right sidebars:
 - If it deviates to the left, use an Allen key to turn the left screw clockwise;
 - If it deviates to the right, use an Allen key to turn the right screw clockwise;
 - If the Tread-belt is still not in the middle, repeat the above action until it is adjusted to the middle;



Do not over-tighten the rotary drum as this will cause permanent damage to the bearing.



LUBRICATING THE TREADMILL:

When the treadmill leaves the factory, Lubricant has been added, but necessary inspection is more helpful to keep the treadmill in the best condition for use.

Inspection steps

1. Pull up the side Tread-belt and reach out to touch the surface of the running deck as far as possible;
2. If you feel there is silicone oil, you don't need to add Lubricant for the time being;
3. If you touch the surface and it feels very dry, you need to add 10ml Silicone oil.

Lubrication cycle

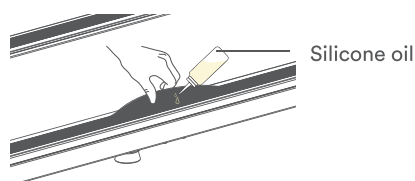
Time	Operation
First use	Check the lubrication, and add according to the situation
30 days or 30 hours of use	Check the lubrication, and add as needed
1 year or 100 hours of use	Add 10ml Silicone oil



Please use silicone oil not made of petroleum.

Adding steps

1. Cut a small opening in the oil bottle to ensure that it can be poured out, but not in a great amount;
2. Pull up the side Tread-belt so that you can place the oil bottle to the bottom of the running belt and inject oil into the middle of the running board. Put down the running belt;



3. Turn the treadmill on without loading for about one minute, so that the newly added Silicone oil can be automatically and evenly applied before use.

PRODUCT CLEANING:

1. After using the product each time, please wipe the stains off the Console and other parts with a clean cloth;
2. If the product is used frequently, it can be wiped with a mild detergent.



1. When cleaning the treadmill, the power switch should be turned off and the power cord should be removed from the socket.
2. Please do not use corrosive detergent to wipe.

PRODUCT PRESERVATION:

1. Please put the treadmill in a clean and dry environment.
2. When the treadmill is not in use, it can be folded to save space.
3. When the treadmill is not in use, please turn off the power switch and unplug the power plug.

MOVING

The transport wheel is installed under the treadmill to facilitate the user to move.

1. Before moving, turn off the power switch and unplug the power plug;
2. Fold up the treadmill;
3. Hold the running board, and tilt the treadmill down to move the treadmill.

TROUBLESHOOTING

Failures and solutions

This product is reliably designed and easy to use. In case of a problem, carefully read the solutions to the failures as described below.

Failure: No information is displayed on the screen.

Solution: Check whether the power cord is plugged in properly, whether the plug is loose, and whether the power switch is turned on.

Failure: Power outage during use.

Solution: Check whether the power cord is connected firmly and whether the overcurrent protector is disconnected.

Failure: Running belt is not centered.

Solution: Check whether the treadmill is placed on flat ground and whether the running belt is adjusted properly. Refer to the adjustment of running belt.

If the problem in your treadmill is not included in the above, and you are not sure how to solve it, please contact us (Email: Services@urevosports.com) timely and do not handle it by yourself.

WARRANTY

MANUFACTURER'S LIMITED WARRANTY

UREVO warrants to the original purchaser that this product is free from defects in material and workmanship when used for the purpose intended, under the conditions that it has been installed and operated in accordance with UREVO Owner's Manual. UREVO's obligation under this warranty applies to the following:

COMPONENT LENGTH OF WARRANTY

Structural Frame 1 year For Home Use Only
All Other Components 90 days For Home Use Only

EXCLUSIONS FROM WARRANTY COVERAGE:

UREVO does not warrant against and is not responsible for, and no implied warranty shall be deemed to cover, any product failure, product malfunction, or damages attributable to:

1. Improper installation and/or failure to abide by UREVO's installation guidelines;
2. Use of this product beyond normal home use, or in an application for which it was not designed;
3. Cosmetic items such as scratches, dents or discolorations;
4. Damage caused by normal wear and tear, vandalism, accidental or by animals;
5. Any act of Nature (such as fire, flooding, snow, ice, hurricane, earthquake, lightning or other natural disaster), environmental condition (such as air pollution, mold, mildew, etc.), or staining from foreign substances (such as dirt, grease, oil, etc.);
6. Normal weathering due to exposure to sunlight, weather and atmosphere which can cause colored surfaces to among other things, flake, chalk, accumulate dirt or stains.
7. Improper operation, alteration, handling, storage, abuse or neglect of the products.

UREVO, using its sole discretion, will either repair or replace free of charge any part(s) proven to be defective under normal home use. Any repair or replacement shall provide no new warranty coverage, but shall retain only the remaining portion of the original product's warranty. This warranty is offered only to the original purchaser and is not transferable. Proof of original purchase is required.

When ordering replacement parts please have the following information ready:

1. Order Number
2. Description of Parts(Add photos or videos would be helpful)
3. Part Number
4. Date of Purchase