# IT'S LIFE-SKILL TEACHING TIME! TELL THE TIME

Here are some ideas for how you can begin to incorporate time teaching into your day this Spring



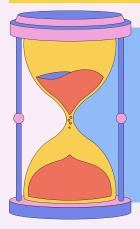
#### GO ANALOG

Use clock faces with large, clear numbers and distinct hour and minute hands. Consider using analog clocks initially as they help children understand the concept of time passing more intuitively than digital clocks.

#### **GET PLAYFUL**

Engage children in hands-on activities such as setting the time on a clock, moving the hands forward or backward to represent different times, and playing games like "What Time Is It?" where they must identify the time shown on a clock face.





### **STORY TIME**

Create stories or scenarios that involve time-related concepts. For instance, tell a story about a character who has to catch a train at a specific time or a race against the clock to complete a task before bedtime.

## **GET REAL**

Point out real-life examples of time, such as the duration of a favorite TV show, the time it takes to walk to the park, or the length of a bedtime story.

