



Palesa Pads are washable, reusable sanitary pads made from high-quality absorbent and waterproof fabric.

They can be used each month for up to 5 years.

Our product range consists of **5 sizes of pads for various flows**, most women have a combination flow and require a selection of sizes. The pads are colour-coded by size to make it easy to choose the correct pad per day.



MINI

Light Flow



MIDI

Medium Flow



MAXI

Heavy Flow



MEGA

Very Heavy Flow



MAMA

Super Heavy Flow



3 MAXI pads for heavy flow

R 149



Essential Combo 4 pads

R 199



Kickstart Combo 6 pads

R 299



Kickstart Flo Kit 6 pads

R 399