

# Palesa Pads®

Washable, reusable  
sanitary towels



WASH & REUSE FOR  
**5 YEARS**



Plastic hanger and extra pads not included.

## R399 COMBO DEAL

- \* 6 reusable pads **R289**
- \* Bucket & cleaning products **R80**
- \* Drying clip **R20**
- \* Hand mirror (to check for STDs) **R10**

- \* The average girl requires 3 pads per day
- \* Our Kickstart Flo Kit provides 6 pads
- \* She would use 3 pads during the day
- \* Wash 3 pads in the evening
- \* And would have 3 pad for the next day

**Palesa Pads are washable, reusable sanitary towels and offer great value at around R6 per month over a 5 years period, compared to the cost of R40 per month for disposable pads.**

## Benefits of using our cloth pads

- \* No chemicals so fewer skin irritations and infections
- \* Lighter menstrual cramps
- \* No unpleasant odours
- \* Reusable for up to 5 years so you save money
- \* Environmentally friendly

**MADE IN SOUTH AFRICA**

### WASH BEFORE USE



- ✓ Non-profit company
- ✓ SARS registered PBO (S18A)
- ✓ B-BBEE Level 1 contributor

[www.palesapads.com](http://www.palesapads.com)

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