



Sports Bra Fit Guide

Maximum Support: Lock and load. For those with a larger cup size who need the most support and desire the least amount of movement. Innovative designs that hold curves firmly in place. Perfect for demanding sports like running, horseback riding, tennis, CrossFit.

High Support: Balanced. High degree of shaping, support and adjustability. These bras work well for a variety of sports and body types. Great option for running, hiking, spinning, softball.

Medium Support: A step up from the traditional over-the-head sports bras. Women who want some shape, some support, something more than just snug fabric.

Light Support /High Comfort: Easy! These bras feel like a nice hug. They slip on (and off) easily, are uncomplicated, move with your body and feel comfortable enough to wear all day.

Aries Apparel bras by category:

Maximum Support

Anita Maximum
Anita Air Control Padded
Brooks Juno
Enell
Enell Racerback
Shock Absorber Run
Shock Absorber Ultimate Fly

High Support

Brooks & Moving Comfort Maia -NEW and older version
Brooks & Moving Comfort Fiona
Brooks Uplift
Brooks Embody
Shock Absorber Max (Multi Sport Support Bra - new name)

Champion Double Dry Distance (Discontinued)
Champion Distance Underwire 2.0

Medium Support

Champion Vented Compression Plus
Champion Shape T-Back
Champion Absolute Zip
Beachbody Energy
Beachbody Reveal Mesh
Beachbody Intent Compression
Nike Shape Zip

Light Support / High Comfort

Handful Adjustable
Handful Y-Back
Champion The Show Off
Nike Pro - adult and girls
Nike Pro Padded
Nike Pro Indy - adult and youth
Nike Pro Cool Indy Soft
Nike Pro Classic