# DR. VILLY SKINCARE

## **Skin Care Prescription**

oduct	DAY	NIGHT
Crystal Clear Cleansing Treatment with Active Oxygen O2 -100ml		
2. Eye Rejuvenation Cream -15ml		
3. Vitamin C + F Super-Power Serum -30ml		
4. Skin Whitening Cream -30ml		
5. Bakuchiol + Retinol 3% Super-Power Serum -30ml		
6. Hyaluronic Acid + Niacinamide Super-Power Serum -30ml		
7. Age Defense Cream Serum -30ml		
8. Neck & Décolleté Rejuvenation Cream with Exosomes -30ml		
9. Sunscreen Face Cream Spf50+ Tinted -60ml		
10. Perfection Lip Plumper -7ml		

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### **General Instructions**

- Vitamin C + F Super-Power Serum as well as Skin Whitening Cream should only be used at night during the summer, day & night during the winter.
- B+ R Super-Power Serum should only be used at night regardless of the season (please read carefully our personalized instructions below).
- B+R & Vitamin C+F Super-Power Serums cannot be combined in one application. You can apply them alternately instead.
- Sunscreen Face Cream Spf50+ can be used indoors as well if prolonged exposure to Blue Light should occur.

### B+R Super-Power Serum Super-Power Serum -30ml

Apply a small amount (2-3 drops) on the entire face only at night.

Gently massage the product in circular and upward motions until fully absorbed.

The product is suitable for all skin types.

#### Adjustment Period Instructions:

- First 2 weeks: Once x week, only at night.
- 3<sup>rd</sup> & 4<sup>th</sup> week: Twice x week, only at night.
- 5<sup>th</sup> & 6<sup>th</sup> week: 3 times x week, only at night.

After week 6, transitioning period, you can start using it on a daily basis, strictly at night, regardless of the season.

Avoid eye and mouth area.

While using the Bakuchiol + Retinol 3% Signature Serum, remember to apply a broad-spectrum sunscreen the morning after, and reapply it throughout the day as appropriate.