

BANSAL FOOD LABORATORY

(Govt. Registered)

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Reference no. 37

Date: 03.07.2023

Party: A.L OVERSEAS PVT LTD. GHARAUNDA (HR)

Pertaining to: CAPITAL CLASSIC WHITE BASMATI RICE

Sample: RICE

Received on: 03.07.2023

NUTRITIONAL INFORMATION* (UNCOOKED RICE)

SERVINGS PER PACK: 20

SERVINGS SIZE: 50 g

	PER 100 g	PER SERVE	***%CONTRIBUTION TO RDA PER SERVE
ENERGY (kcal)	367	184	9.2
FAT (g)	1.04	0.52	0.03
SATURATED FAT (g)	0.21	0.11	
TRANS FAT (g)	0.0	0.0	
PROTEINS (g)	9.98	5.00	
CARBOHYDRATES (g)	79.14	39.57	
DIETARY FIBRE (g)	0.96	0.48	
CHOLESTEROL (mg)	0.0	0.0	
SUGAR (g)	0.0	0.0	0.0

*APPROXIMATE VALUE

**CALCULATED AS PER FSSAI GUIDELINES ON LABELLING OF PREPACKAGED FOOD.YOUR DAILY VALUES MAY BE HIGHER OR LOWER DEPENDING ON YOUR CALORIES NEEDS

END OF REPORT

Verified by:

R.Bansal
(M.Sc. Biotech)
FOR BANSAL FOOD LAB.



S.Bansal
(Authorised Laboratory)
FOR BANSAL FOOD LAB.

Note: sample not drawn by us and not sealed in our presence. * The above results pertain only to the sample tested. * This report in full or in part shall not be used for Legal action. *This report cannot be reproduced without the written permission from the Director.

* Samples are destroyed after testing. *Practical and clerical errors are likely to occur. * Methods used; FSSAI manual.