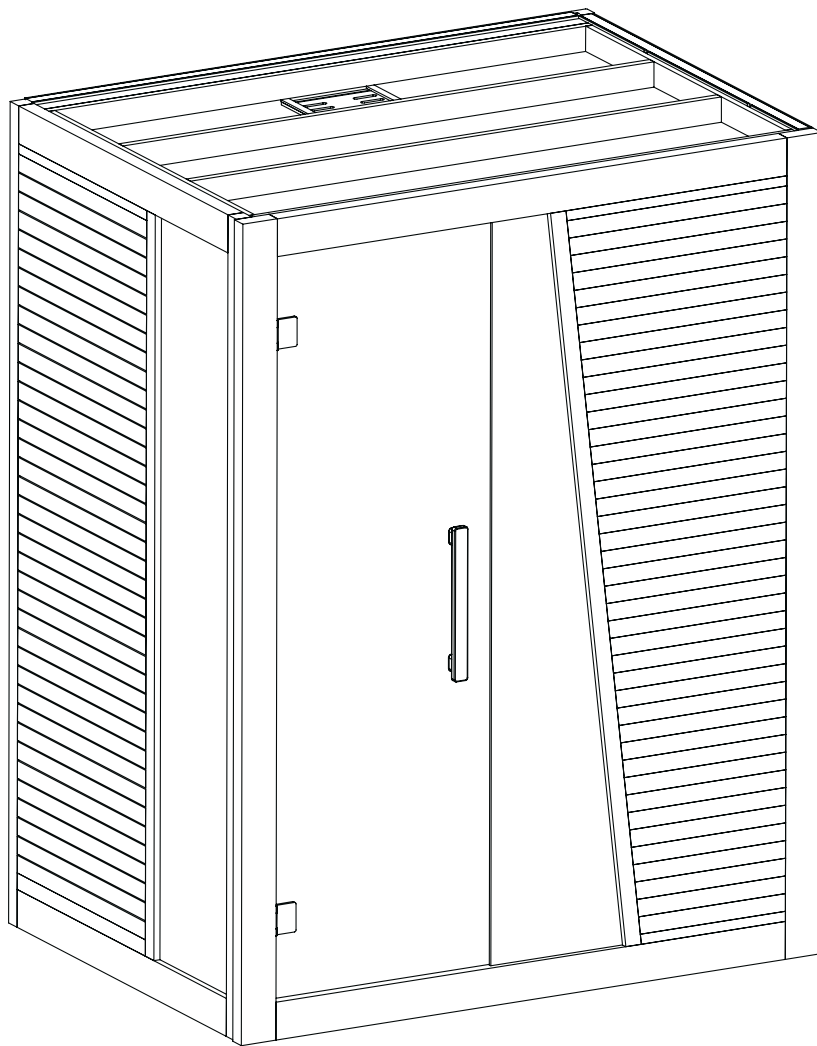


KOMOWA

INFRARED SAUNA

OPERATING INSTRUCTIONS



— ELEVATE NATURALLY —

Due to our continued product improvement, product illustrated on this instruction manual may vary slightly from the actual product.

IMPORTANT SAFETY GUIDELINES

GENERAL USE

- **Electrical Safety:** The use of extension cords or additional electrical appliances inside the sauna cabin is strictly prohibited.
- **Entrapment Prevention:** Do not install any locking mechanisms on the sauna door. Malfunctions could lead to entrapment within the cabin.
- **Ventilation:** If you experience discomfort or difficulty breathing, immediately open the ventilation window to increase airflow.

HEALTH & SAFETY

- **Hyperthermia Risk:** Avoid using the sauna if experiencing symptoms of hyperthermia, a condition where the body's temperature exceeds normal levels (98.6°F or 37°C), leading to symptoms such as dizziness, lethargy, and fainting.
- **Influence of Substances:** The consumption of alcohol, drugs, or certain medications can significantly increase the risk of hyperthermia. Use the sauna with extreme caution under these conditions.
- **Modifications:** Any alterations to the sauna's electrical system without proper authorization are prohibited and may pose serious safety risks.
- **Heat Safety:** Ensure the heating element's safety guard is securely in place before operation to prevent electric shock or burns.
- **Flammable Items:** Keep all flammable materials away from the sauna to prevent fire hazard.

SPECIFIC ADVISORIES

- **Immediate Exit:** Should you feel unwell, dizzy, or drowsy, exit the sauna immediately to prevent health risks.
- **Supervision Required:** Always supervise children and individuals with cognitive impairments during sauna use.
- **Medical Consultation:** Pregnant women, individuals in poor health, or those under medical supervision should consult a healthcare provider before sauna use.
- **Alcohol and Medication:** Excessive consumption of alcohol or medication prior to sauna use can lead to loss of consciousness. Exercise caution.

MAINTENANCE & SUPPORT

- **Troubleshooting:** Contact support at support@komowa.com for assistance with any sauna issues.
- **Power Disconnection:** Always disconnect the sauna from the power supply before performing any maintenance tasks.

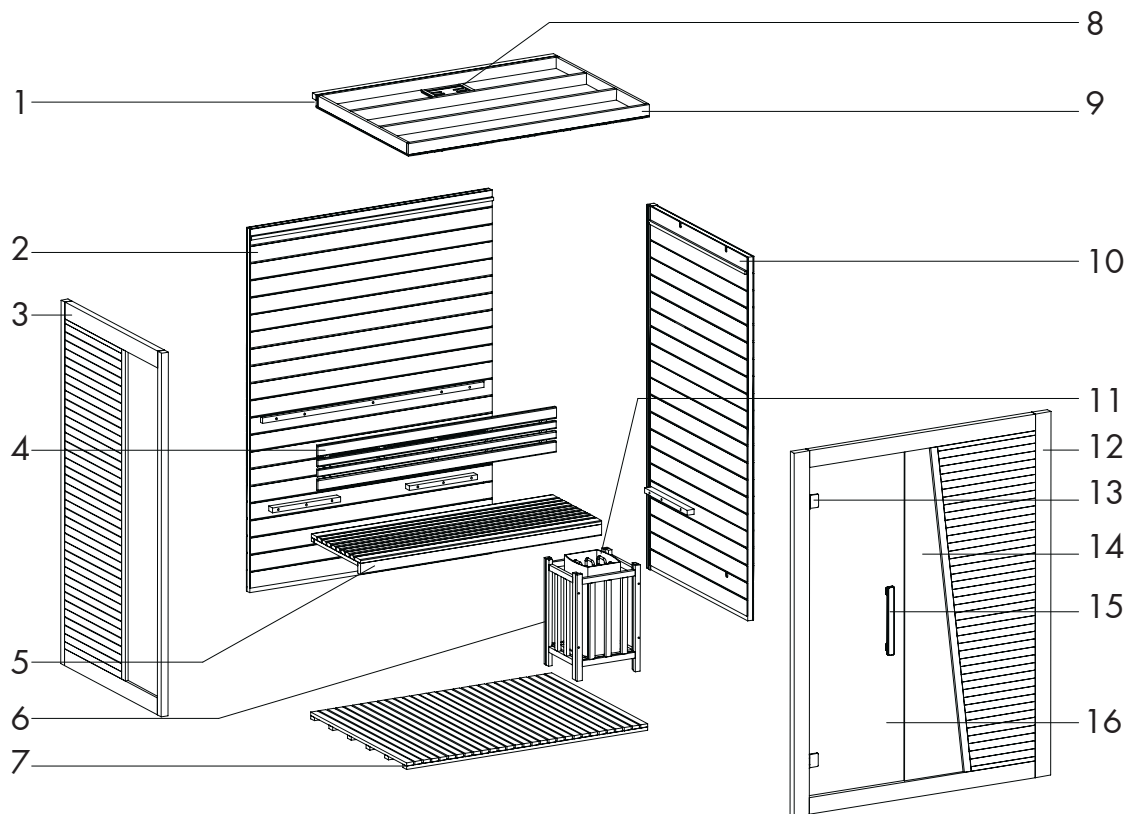
INSTALLATION REQUIREMENTS

1. **Dedicated Outlet:** The sauna must be connected to its own electrical outlet. Do not share the outlet with any other appliances to avoid overloading and potential electrical hazards.
2. **Level Surface:** Position the sauna on a completely level floor to ensure stability and proper operation.
3. **Moisture Prevention:** Avoid direct exposure of the sauna's exterior to water. If the installation area is prone to dampness, use a floor separator to elevate the sauna, keeping it dry and protected.
4. **Safe Storage:** Store flammable materials and chemicals away from the sauna area to prevent fire risks.

INSTALLATION PROCEDURE

Sauna Room:

1. Structure of Sauna



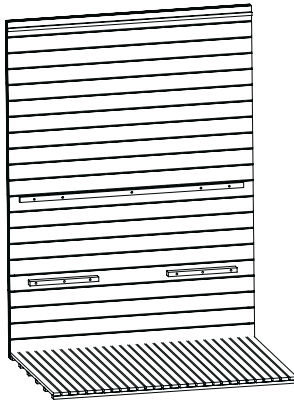
1	Light	6	Heater wooden frame.	11	Sauna stove	16	Glass door
2	Back board	7	Bottom board	12	Front board		
3	Left board	8	Ventilation	13	Hinge		
4	Backrest	9	Top board	14	Window glass		
5	B ench	10	Right board	15	Handle		

Due to our continued product improvement, product illustrated on this instruction manual may vary slightly from the actual product.

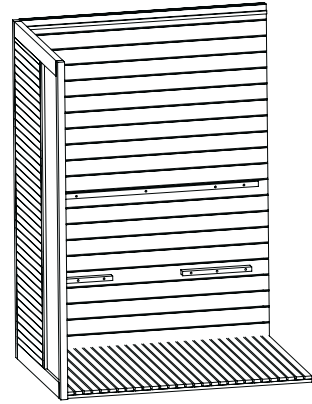
INSTALLATION PROCEDURE



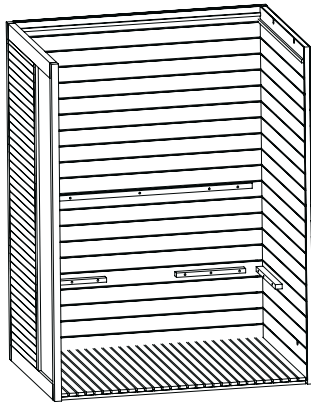
1 Bottom board



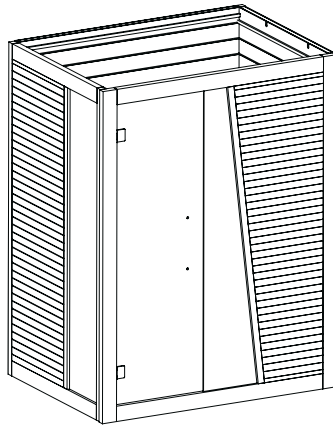
2 Back board



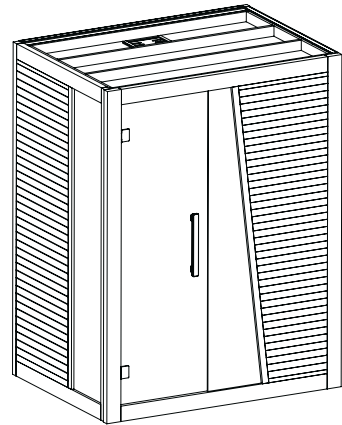
3 Left board



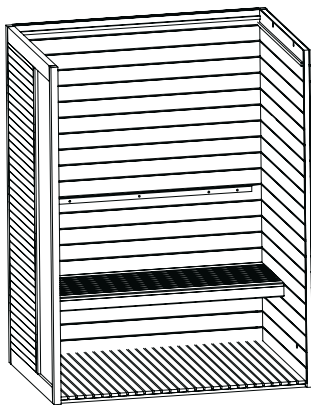
4 Right board



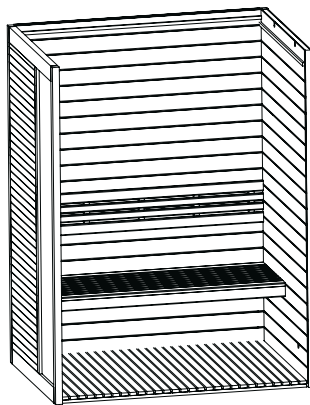
5 Front board



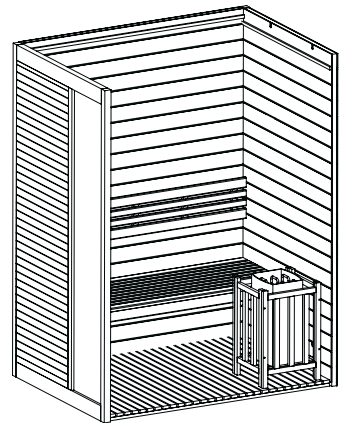
6 Top board



7 Bench



8 Backrest



9 Sauna stove

EXAMINE THE STOVE

- Remove the thermo-hygrometer from its packaging and place it at panel level within the sauna. Important: Ensure the thermo-hygrometer is not positioned directly beneath the heater to avoid inaccurate readings due to excessive heat.
- Carefully unbox the sauna heater and conduct a thorough inspection to ensure there are no visible defects or damage.



Disassemble the wooden frame



Connect the power supply line of the stove

- Detach one slat from the wooden support frame and secure it back in place using screws. This step is crucial for providing a stable base for the heater.
- Gently invert the sauna heater into the prepared wooden frame. Next, remove the right-hand side aluminum panel to access the power connection area.
 - Power Connection: Refer to the heater's manual for specific instructions on connecting the power supply. Ensure the power cord is positioned away from the heater to prevent heat damage, securing it firmly with screws.



Sauna stove location



Place the sauna stones

- Once the power connections are securely made, reattach the aluminum panel and the wooden slat to their original positions. Carefully position the heater in its designated spot within the sauna.
- Begin placing the sauna stones, starting with the larger ones at the bottom and the smaller ones on top. Arrange the stones loosely enough to allow for adequate air circulation. Finally, install the protective baffle over the stones to prevent accidental contact with the heater.

Important Note: The actual sauna heater and wooden frame may vary from this guide. For accurate installation and safety instructions, always consult the manual provided with your sauna heater.

OPERATION

Precautions

1. Ensure all circuitry and plugs meet the required safety standards and are in good condition to prevent electrical hazards.
2. Before starting, set the sauna to a comfortable temperature and timer setting based on personal preference and health considerations.
3. Hydration is key. Drink at least one cup of water before entering the sauna to prepare your body for increased sweating.
4. Continue to hydrate during and after your sauna session, following guidelines from a healthcare professional if necessary.
5. To prevent burns, avoid direct contact with the heating elements and surfaces inside the sauna.
6. **WARNING:** Never cover the heater or infrared emitters. Obstructing these components can lead to overheating and poses a significant fire risk.
7. Check the sauna's interior and exterior for any objects or materials that should not be inside the sauna space to prevent fire hazards and ensure proper operation.
8. Consult a doctor before using the sauna if you have medical conditions, such as heart problems or high blood pressure, to ensure it's safe for you.

Operation

1. Plug the sauna into a dedicated outlet as specified on the nameplate. Ensure the outlet is not shared with other appliances to avoid overloading the electrical system.
2. Always unplug the sauna when it's not in use to conserve energy and reduce the risk of electrical accidents.
3. After each sauna session, allow the unit to cool down before cleaning or performing any maintenance to prevent burns or damage to the unit.
4. **DO NOT OPERATE THE SAUNA UNSUPERVISED.** Always be present or have someone nearby when the sauna is in use to quickly address any issues that may arise, reducing the risk of fire or injury.
5. Regularly inspect the sauna for any signs of wear and tear or damage to electrical components. Promptly address any issues to maintain safety and performance.
6. Ensure the sauna is placed on a stable, level surface and that there's adequate ventilation around it to allow for proper heat dissipation and air circulation.
7. Follow the manufacturer's guidelines for maximum occupancy and duration of use to avoid overheating and to ensure a safe and enjoyable experience.

WARNINGS

Fire Hazards:

- Never dry clothing or leave towels inside the sauna to prevent fire risks.

Burns and Electric Shock:

- Avoid touching or using metal tools on the sauna heater's protective cover to prevent burns and electric shocks.

Lighting Caution:

- Do not touch the sauna's light bulb while it is on. To replace the bulb, turn off the sauna, ensure it is powered down, and wait for the bulb to cool completely.

Health and Age Restrictions:

- The sauna is not suitable for individuals with open wounds, eye diseases, or severe sunburns.
- Elderly individuals, those in frail health, pregnant women, and infants should not use the sauna. Children aged 6 and above may use the sauna only under adult supervision.
- If you have a medical condition affected by temperature changes, consult a physician before sauna use.

Additional Warnings:

- Pets should never be placed inside the sauna.
- Do not use the sauna while under the influence of alcohol for your safety and well-being.

TROUBLESHOOTING

	Issue	Possible Cause	Countermeasure
1	Indicator light for power supply not working	Light bulb is not working	Check or replace connector
		No power supply input	Check circuitry
		Indicator light is broken	Replace outer controller
2	Sauna stove is not heating up	The heater is damaged	Replace heater
		The wire junction or the heater's wire is loose	Check and tighten
3	Odor from the sauna	Circuit issue	Clean circuit board Replace damaged parts
4	Light bulb is not working	Burned out bulb	Replace bulb
		Lamp holder is damaged	Replace lamp holder