

Paper measuring gauge

Step-by-step guide



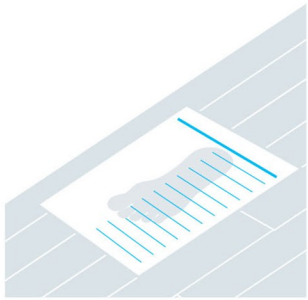
1. PRINTING THE GAUGE

When printing double check that your printer is set to 100% or 'do not scale' to ensure an accurate result. Once printed use a ruler to check the millimetre markings match up.



2. REMOVE THE WIDTH MEASURE

Cut along the dotted line to the left of the gauge to separate the width tape measure.



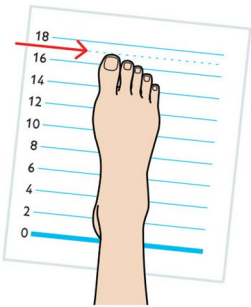
3. PLACE THE CHART ON A HARD FLOOR

You may find it helpful to place the heel line against a wall to make measuring easier.



4. GETTING STARTED

Ask your child to pop one foot onto the paper gauge and make sure the back of their heel lines up with the thick line, as shown. Double check they are standing normally and upright, with their weight in both feet.



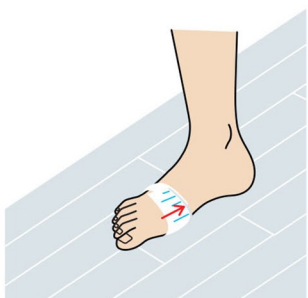
5. MEASURING THE LENGTH

Write down the millimetre measurement from their longest toe - there is no need to add any extra as we have already calculated growing room in to the conversion tables. Repeat the measurement with the other foot.



6. USING THE WIDTH TAPE

Wrap the cut-off width tape around the whole foot (i.e. underneath as well as over the top) at the widest point. The widest point is usually diagonally across from the big toe joint to the little toe joint. If you run your finger along either side of the foot you will feel a bump where the joints are.



7. MEASURING THE WIDTH

Pull the tape so that it is snug all around the foot and write down the millimetre measurement. Repeat for the other foot.



8. GETTING YOUR START-RITE SIZE

Use the largest length measurement and largest width measurement in our size lookup table to find their UK (Start-rite) size. Then see our brand conversion notes if you are buying a brand other than Start-rite.