



## CHAKRAS, ELEMENTS, COLORS AND THE SOLFEGGIO FREQUENCIES

Fork	Color	Energy Tuner Hz	Body Tuner Hz	Intent	Chakra	Anterior	Posterior	Element
<i>Parts of the body governed by the corresponding chakra and possible energetic imbalance within the region.</i>								
LA	Purple	852 Hz	213 Hz	Intuition	6 <sup>th</sup>	Brow	Cranial	Light
	<i>Head, Ears, Nose, Eyes, Mouth, Brain, Pituitary &amp; Pineal Glands, Hypothalamus, and Nervous System Energetic Imbalances: Blindness, Headaches, Eye Strain, Blurred Vision, Nightmares, Sinus Problems</i>							
SOL	Blue	741 Hz	185.25 Hz	Expression	5 <sup>th</sup>	Throat	Cervical	Ether
	<i>Throat, Neck and Shoulders, Thyroid, Para-Thyroid, Esophagus, and Larynx Energetic Imbalances: Thyroid Problems, Hearing Problems, Sore Throat, Stiff Neck, Colds</i>							
FA	Green	639 Hz	159.75 Hz	Connecting	4 <sup>th</sup>	Heart	Thoracic	Air
	<i>Upper Arms, Heart, Lungs, Breasts, Thymus Gland, Circulatory System and Respiratory System Energetic Imbalances: Asthma, High Blood Pressure, Heart Disease, Lung Disease</i>							
MI	Gold	528 Hz	132 Hz	Transformation	3 <sup>rd</sup>	Solar Plexus	Lumbar	Fire
	<i>Elbow, Stomach, Pancreas, Spleen, Liver, Gallbladder, Adrenals and Digestive System Energetic Imbalances: Ulcers, Diabetes, Hypoglycemia, Digestive Disorders, Gallstones</i>							
RE	Orange	417 Hz	104.25 Hz	Change	2 <sup>nd</sup>	Sacral	Sacrum	Water
	<i>Forearms, Kidneys, Bladder, Pelvic Area, Sex Glands, and Reproductive System Energetic Imbalances: Impotence, Frigidity, Uterine, Bladder or Kidney Difficulties, Stiff Lower Back</i>							
UT	Red	396 Hz	99 Hz	Liberate	1 <sup>st</sup>	Root	Coccyx	Earth
	<i>Hands &amp; Wrists, Rectum, Legs, Feet, Base of Spine, Adrenals, and Elimination System Energetic Imbalances: Weight Problems, Hemorrhoids, Constipation, Sciatica, Degenerative Arthritis, Knee Problems</i>							

Note: There are many different Chakra Charts. We have compiled several of these together to develop a system that complements SomaEnergetics™ Tuning Sessions.  
Disclaimer: We in no way diagnose or treat disease. The use of tuning forks is to open energy channels allowing the body the opportunity to heal itself.

**SomaEnergetics™ Sound Therapies - Exploring Science, Sound and Spirituality - Developer David Hulse, C.V.S.M.T.**

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