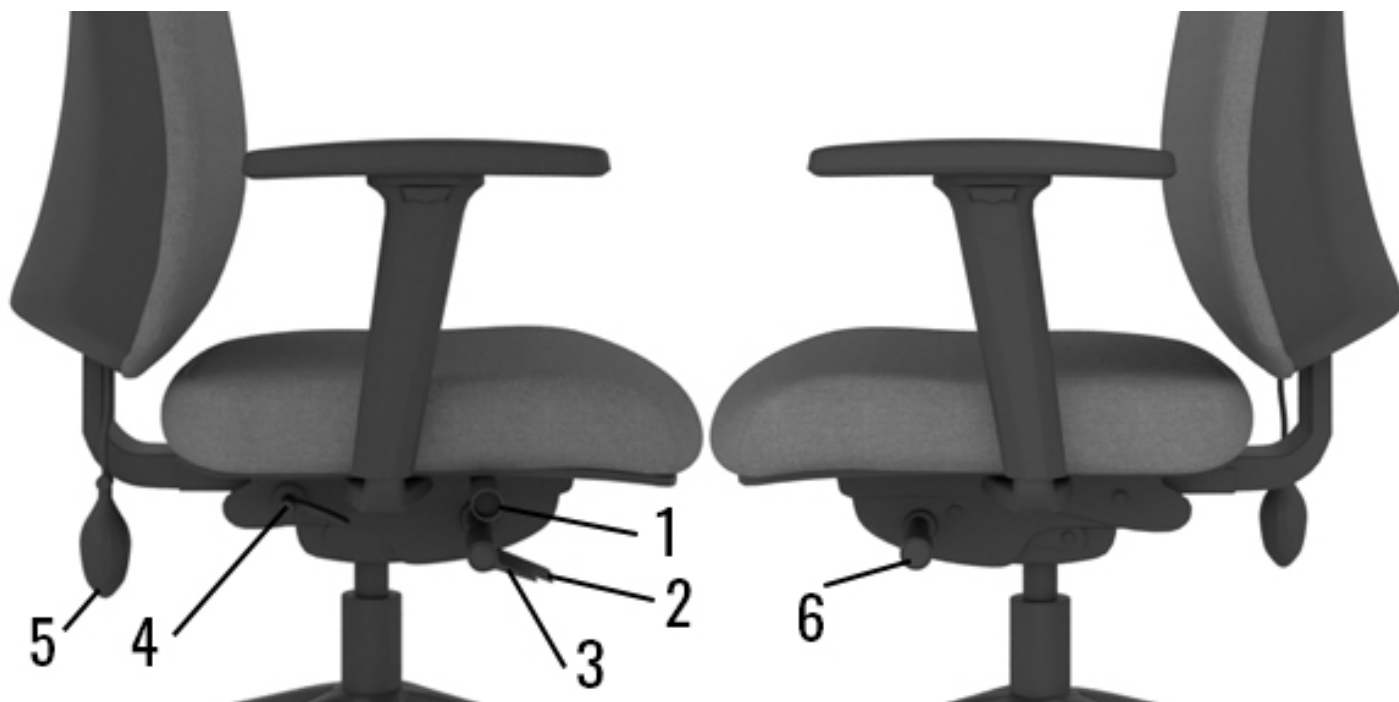


## How to use your YOU Ergo Upholstered Mechanism



### Synchronised Body Responsive Mechanism

Synchronised action performs in harmony with natural body movements, enhanced by a simple rotational click tension adjustment and 3-position seat angle settings.

#### 1) Seat Slide Adjustment

Rotate telescopic handle to alter seat depth. Release to lock into desired position.

#### 2) Seat Height Adjustment

Raise the lever and adjust the height of the seat to maximise comfort. Release lever when your seat is in your preferred position.

#### 3) Body Weight Tension Control

Rotate the lever anti-clockwise to increase tension and clockwise to decrease tension.

#### 4) Seat Tilt Adjustment

Rotate lever clockwise to increase seat tilt, rotate anti-clockwise to decrease seat tilt.

#### 5) Inflatable Lumbar Support

The hand pump at the rear of the seat will inflate the lumbar when squeezed. Depressing the valve will deflate the lumbar.

#### 6) Tilt Lock

Push the lever down to set the chair in any one of the 5 locking positions, or raise the lever to operate in free float mode.

**\* Please note that this product carries a maximum weight limit of 150kg \***