

Buster's results are here

Advanced Pet Sensitivity Test

Redemption code: MYPSUS8E34943C67

Report date: 4th Jul 2023



Dear Andrei Diaconu,

We are delighted to present you with **Buster's** test results report!

Your pet results have been created by our state of the art bioresonance testing machine and our technician **Gemma**.

Your pets results

Your pets results are divided into sections by the type of items tested. Within each section you'll find an overview page, this is to ensure the results are as clear and concise as possible and your attention is drawn to the information that is of greatest value to you. You can see the full list of items tested in the detailed analysis page. Your pets results report is designed to provide the utmost clarity on your pet results and the actions we would recommend.

We believe that in providing you with your pet test results and relevant information in each section, these results can form the beginning of a journey, enabling you to make positive changes to your pets daily diet and environment. In doing so we want you to be able to take steps towards your pets eating a diet, which is nutritious and enjoyable and living a life, which is healthful and happy.

If you have any further questions please do not hesitate to get in touch with us.

Sincerely,
My Pet Sensitivity Team

Complementary Alternative Medicine (CAMs)

Our sensitivity tests are carried out using bioresonance therapy and is categorised under Complementary and Alternative Medicines (CAMs) which covers a wide range of therapies that fall outside mainstream medicine. Tests and related information provided do not make a medical diagnosis nor is it intended to be a substitute for professional medical advice, diagnosis or treatment.

Always seek the advice of your veterinarian service or other qualified health provider if your pet has a medical condition or any questions you may have regarding a medical condition and/or medical symptoms your pet has.

Got a question?



Come and chat to us via [LiveChat](#) on our website or email info@mypetsensitivity.com

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SAMPLE

TIP!
Throughout your pets results PDF you can use the top 'Back to contents' link to jump back to this page.

Disclaimer

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USE AT YOUR OWN RISK: This report is for informational purposes only. Consult a physician before undertaking any nutritional plan or diet program. It is your responsibility to evaluate your own pets medical and physical condition, or that of your clients pets, and to independently determine whether to perform, use or adapt any of the information or content on this report or on our website.

Interpreting your pets results - explainer

Sensitivity NOT Allergy

It is important to reiterate that this test is NOT for allergy. It is easy to confuse allergy and sensitivity or intolerance as the different terms are often used interchangeably, which leads to misinterpretation. Allergy and sensitivity are not the same. Of course if someone is allergic to a food item it could be described as being 'sensitive' however as a health condition allergy is different from sensitivity or intolerance.

There are a couple of fundamental differences between allergy and sensitivity; having food sensitivity may be uncomfortable and cause symptoms that, whilst annoying, embarrassing or even debilitating, do not have the potential to be life-threatening like those caused by food allergy; food sensitivity can also change over time, it can often be overcome through implementation of a food elimination diet and/or improving gut health, however food allergy tends to be lifelong.

The physiological process, which takes place in the body during an allergic reaction, is also entirely different to that of sensitivity. An allergic reaction involves the immune system and cells called antibodies, whereas this is not involved in sensitivity. Hair testing does not test antibody levels therefore this is why it cannot be used to test for allergy.

Known Allergy

Your pet may have a known allergy; so let's help you to interpret sensitivity results to this item.

Scenario 1

The item your pet is allergic to shows as a moderate or high reactivity item.

This means that as well as a food allergy your pet has a food sensitivity. If you have already removed this item from your pet's diet you do not need to take any action. If you have not removed it previously, it is worth considering doing so, however we would not recommend reintroduction following the elimination diet.

Scenario 2

The item your pet is allergic to shows as a no reactivity item.

This means that your pet does not have food sensitivity to this item however the result does not question or contradict the presence of a food allergy to the item. It does NOT mean you should reintroduce the item to their diet, you should respect the symptoms or test results your pet has had previously with regards to allergy. Remember this test does not test for allergy.

Everyday Foods

It is common for a food item consumed in the daily diet or very frequently, to test as a moderate or high sensitivity item. This can happen with food sensitivity and may be due to the body suddenly struggling to process or breakdown particular constituents of the food. This could be caused by overconsumption of a food group or could be down to an imbalance in gut bacteria or the presence of low-level inflammation in the gut.

Whatever the cause do not despair. We are talking about food sensitivity and NOT allergy; therefore completing a food elimination diet with subsequent reintroduction can help. This may mean your pet needs to eliminate a favourite food or staple in their diet for a period of weeks but you will be able to reintroduce the item. Eliminating food items for a period of time can allow the gut time to 'rest' from trigger foods and the reintroduction of items can allow you to assess how a food or food group makes your pet feel.

Gut Nourishment

In most cases carrying out an elimination diet is enough to improve symptoms and allow for a greater understanding of any foods, which aren't agreeing with your pets body. It is also worth considering the nourishment of the digestive tract and addressing any gut bacteria imbalances to further improve gut function and reduce digestive symptoms.



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01.

Complementary and Alternative Medicine



Complementary and Alternative Medicine



What is Complementary and Alternative Medicine?

Bioresonance therapy and testing is categorised as a complementary and alternative medicine (CAM). This is a diverse group of therapies, practices and products, which fall outside of conventional medicine or healthcare.

A complementary therapy is used alongside conventional medicine or treatment, whilst alternative therapy is used in place of conventional medicine or treatment. Some therapies or practices could be used as either complementary or alternative; it depends on whether it is combined with conventional medicine alongside or not.

Other therapies and practices, which are considered complementary and alternative medicine:

- Aromatherapy
- Acupuncture
- Homeopathy
- Massage therapy
- Naturopathy
- Osteopathy
- Pilates
- Yoga



Finding Complementary and Alternative Medicine Practitioners

When using complementary and alternative medicine it is important that you look for a veterinarian who is registered with a regulatory body for their field of expertise.

If you think your pet has a health condition always seek advice from a veterinarian first.

The NHS and CAMs:

<https://www.nhs.uk/conditions/complementary-and-alternative-medicine/>



02.

Food sensitivities analysis



Food sensitivities analysis



What is a food sensitivity?

Food sensitivity happens when the body has difficulty digesting a particular food. Having food sensitivity can cause symptoms such as bloating, bowel movement changes, headaches and fatigue. It can also contribute towards symptoms experienced by those with chronic conditions such as irritable bowel syndrome, chronic fatigue, arthritis, autism and ADD/ADHD.



What is a food allergy?

Food sensitivity should not be confused with food allergy. This test is for food sensitivity ONLY. Food allergy symptoms include coughing, sneezing, runny nose/eyes, itchy mouth/eyes, swelling of the lips/face, rashes, worsening of eczema and/or asthma, wheezing, breathing difficulties, vomiting, diarrhoea and, in rare cases, anaphylaxis. Testing for food allergy can only be done through a blood, skin prick or patch test. If you suspect your pet has a food allergy please see your veterinarian.

Interpreting your pet results

This report summarises the items to focus on, along with the relevant actions to take. We only show within this report the items that are rated as either high or moderate reactivity, to provide you with a focused list of key items. To view a list of the full items tested in this report [click here](#).

High Reactivity

These are the food items that our testing shows your pet has a sensitivity to.

Moderate Reactivity

These are the food items that our testing shows your pet could potentially have a sensitivity to.

Your pet food sensitivities overview

High Reactivity

- Parsley Flakes
- Egg Yolk (chicken)
- Sesame Oil
- Wheat Middlings
- Halibut
- Celery
- Potato Starch
- Lactobacillus Acidophilus
- Alligator Meal
- Milk (cow)
- Chicken Fat

These food items have been identified as those, which may be causing or contributing to physical symptoms.

We would recommend the removal of these items from your pets daily diet using a structured elimination diet. See details on how to implement an effective elimination diet in section 8.

Moderate Reactivity

- Kiwis
- Sunflower Oil
- Calcium Carbonate
- Rice Bran
- Yeast
- Copper Sulfate
- Cod Liver Oil
- Bananas
- Peas
- Coconut Oil
- Soy Protein Isolate
- Rabbit Heart
- Pumpkin
- Anchovy Meal
- Ocean Fish Meal
- Brewers Yeast
- Cashew Nuts
- Yogurt (plain)
- Ground Yellow Corn
- Chicken Broth
- Orchard Grass Hay
- Potato Starch
- Egg White (duck)

These food items have been identified as those, which may have the potential to cause or contribute to physical symptoms.

We would always recommend prioritising the removal of the high reactivity items first and then considering the removal of moderate reactivity items thereafter.

It is also worth considering that having these items in isolation may not cause symptoms, however having a number of moderate reactivity items in the same meal or day may lead to symptoms due to an accumulative effect. See details on how to implement an effective elimination diet in section 8.

03.

Additives sensitivites analysis



Additives sensitivities analysis



What is an additive?

Food additives are substances added to foods to perform specific functions. Additives may be natural, nature identical or artificial. The main groups of food additives are antioxidants, colours, flavour enhancers, sweeteners, emulsifiers and stabilisers and preservatives.

Natural additives are substances found naturally in a foodstuff and are extracted from one food to be used in another. For example, beetroot juice with its bright purple colour can be used to colour other foods such as sweets.

Nature identical additives are man-made copies of substances that occur naturally. For example, benzoic acid is a substance that is found in nature but is also made synthetically and used as a preservative.

Artificial additives are not naturally present in foods and are made synthetically. An example is azodicarbonamide, a flour improver that is used to help bread dough hold together.

Interpreting your pet results

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High Reactivity

These are the additive items that our testing shows your pet has a sensitivity to.

Moderate Reactivity

These are the additive items that our testing shows your pet could potentially have a sensitivity to.

Your pet additives sensitivities overview

High Reactivity

- Sodium Selenate
- E 308 Synthetic

These additive items have been identified as those, which may be causing or contributing to physical symptoms.

We would recommend the removal of these items from your pets daily diet using a structured elimination diet. See details on how to implement an effective elimination diet in section 8.

Moderate Reactivity

- E 307 AlphaTocopherol
- Calcium Chloride
- Calcium Sulfate

These additive items have been identified as those, which may have the potential to cause or contribute to physical symptoms.

We would always recommend prioritising the removal of the high reactivity items first and then considering the removal of moderate reactivity items thereafter.

It is also worth considering that having these items in isolation may not cause symptoms, however having a number of moderate reactivity items in the same meal or day may lead to symptoms due to an accumulative effect. See details on how to implement an effective elimination diet in section 8.

04.

Environmental sensitivites analysis



Environmental sensitivities analysis



What is an environmental sensitivity?

Environmental sensitivity happens when the body has difficulty digesting a particular food. Having food sensitivity can cause symptoms such as scratching/itchy skin, licking (especially the paws), and face rubbing.

Affected dogs may also experience red skin, loss of fur, and recurrent skin and/or ear infections.

Interpreting your pet results

This report summarises the items to focus on, along with the relevant actions to take. We only show within this report the items that are rated as either high or moderate reactivity, to provide you with a focused list of key items. To view a list of the full items tested in this report [click here](#).

High Reactivity

These are the environmental items that our testing shows your pet has a sensitivity to.

Moderate Reactivity

These are the environmental items that our testing shows your pet could potentially have a sensitivity to.

Your pets environmental sensitivities overview

High Reactivity

- Sodium Hypochlorite
- Tulip

These environmental items have been identified as those, which may be causing or contributing to physical symptoms.

We would recommend the removal of these items from your pets daily diet using a structured elimination diet. See details on how to implement an effective elimination diet in section 8.

Moderate Reactivity

- Cherry Tree
- Aspen Tree

These environmental items have been identified as those, which may have the potential to cause or contribute to physical symptoms.

We would always recommend prioritising the removal of the high reactivity items first and then considering the removal of moderate reactivity items thereafter.

It is also worth considering that having these items in isolation may not cause symptoms, however having a number of moderate reactivity items in the same meal or day may lead to symptoms due to an accumulative effect. See details on how to implement an effective elimination diet in section 8.

05.

Nutrition sensitivity analysis



Nurtition sensitivities analysis



What is a nurtition sensitivity?

Non-food items can, just like food items, cause the body to react, which leads to the production of symptoms such as headaches and fatigue. If you suspect your pet has an allergy please see your veterinarian. It is important to note that this is not an allergy test. Any known pollen, dust mite or mould allergies you know your pet have may or may not come up in this test.

Interpreting your pet results

This report summarises the items to focus on, along with the relevant actions to take. We only show within this report the items that are rated as either high or moderate reactivity, to provide you with a focused list of key items. To view a list of the full items tested in this report [click here](#).

High Reactivity

These are the nutrition items that our testing shows your pet has a sensitivity to.

Moderate Reactivity

These are the nutrition items that our testing shows your pet could potentially have a sensitivity to.

Your pets nutrition sensitivities overview

Moderate Reactivity

- Tyrosine
- Phosphorus
- Potassium
- Selenium

These nutrition items have been identified as those, which may have the potential to cause or contribute to physical symptoms.

We would always recommend prioritising the removal of the high reactivity items first and then considering the removal of moderate reactivity items thereafter.

It is also worth considering that having these items in isolation may not cause symptoms, however having a number of moderate reactivity items in the same meal or day may lead to symptoms due to an accumulative effect. See details on how to implement an effective elimination diet in section 8.

06.

Metals & Minerals sensitivity analysis



Metal sensitivities analysis



What is metal toxicity?

Metal toxicity is the build-up of large amounts of heavy metals in the soft tissues of the body. The heavy metals most commonly associated with toxicity are lead, mercury, arsenic and cadmium. Exposure usually occurs through industrial exposure, pollution, food, medication, improperly coated food containers or the ingestion of lead-based paints. Symptoms vary between the different types of heavy metals.

What to do if your pet has high levels of exposure?

It is important to look at lowering your pets day-to-day level of exposure. Consider your pets environment, the foods they eat, water, cosmetics and cleaning products.

Your pets body is constantly detoxifying things from their everyday environment such as chemicals in foods, cosmetics and cleaning products, caffeine, alcohol, medications and even their own hormones. You can help your pets body with detoxification processes by ensuring they; drink plenty of water, eat a diet that is as wholefood as possible, avoid processed foods and exercise regularly.

Potential sources in your pets environment

Heavy metals are a part of our everyday life and at low levels are detoxified by the body causing no issue. However it is beneficial to have a greater awareness of where your pet may come into contact with metals and therefore help your pets reduce their potential exposure.

Food - Pesticides, insecticides and herbicides used on crops can lead to contaminated food produce. Contaminated water can result in fish and seafood containing heavy metals.

Water - Pipework that water runs through is the most likely cause of any heavy metals in drinking water. For this reason it is always best to filter your pets water.

Air - Pollution from vehicles such as cars, trains and aeroplanes contributes to heavy metals, which can be inhaled. Industrial factories and agricultural areas, which use pesticides on crops are also ways metals get into the air we breathe.

Cosmetics - Lead, arsenic, mercury, aluminium, zinc and chromium can be found in many cosmetics such as lipstick, whitening toothpaste, eyeliner, nail polish, moisturiser, sunscreen, foundation, blusher, concealer and eye drops. Some metals are added as ingredients whilst others are contaminants.

Cleaning products - Everyday household cleaning products like polish, all purpose sprays and garden products like insecticides and pesticides contain heavy metals.

Interpreting your pets results

To help you interpret your pets results you will find an overview of the metal sensitivities. This overview summarises the items to focus on along with the relevant actions to take. All items tested are rated as either high, moderate or no reactivity, in the overview section you will see only those items, which tested as high or moderate. The no reactivity items can be found in the detailed analysis section.

Ideally the metals will show no reactivity in testing. If however there are metals identified as moderate or high reactivity do not panic. Through lowering daily exposure and helping your pets body with detoxification processes can reduce its own toxicity levels.

Interpreting your pet results

This report summarises the items to focus on, along with the relevant actions to take. We only show within this report the items that are rated as either high or moderate reactivity, to provide you with a focused list of key items. To view a list of the full items tested in this report [click here](#).

High Reactivity

These are the metal and mineral items that our testing shows your pet has a sensitivity to.

Moderate Reactivity

These are the metal and mineral items that our testing shows your pet could potentially have a sensitivity to.

Your pets metal sensitivities overview

High Reactivity

- Molybdenum (Mo)

These items have been identified as those, which may be causing or contributing to physical symptoms.

We would recommend the removal of these items from your pets daily diet using a structured elimination diet. See details on how to implement an effective elimination diet in section 8.

Moderate Reactivity

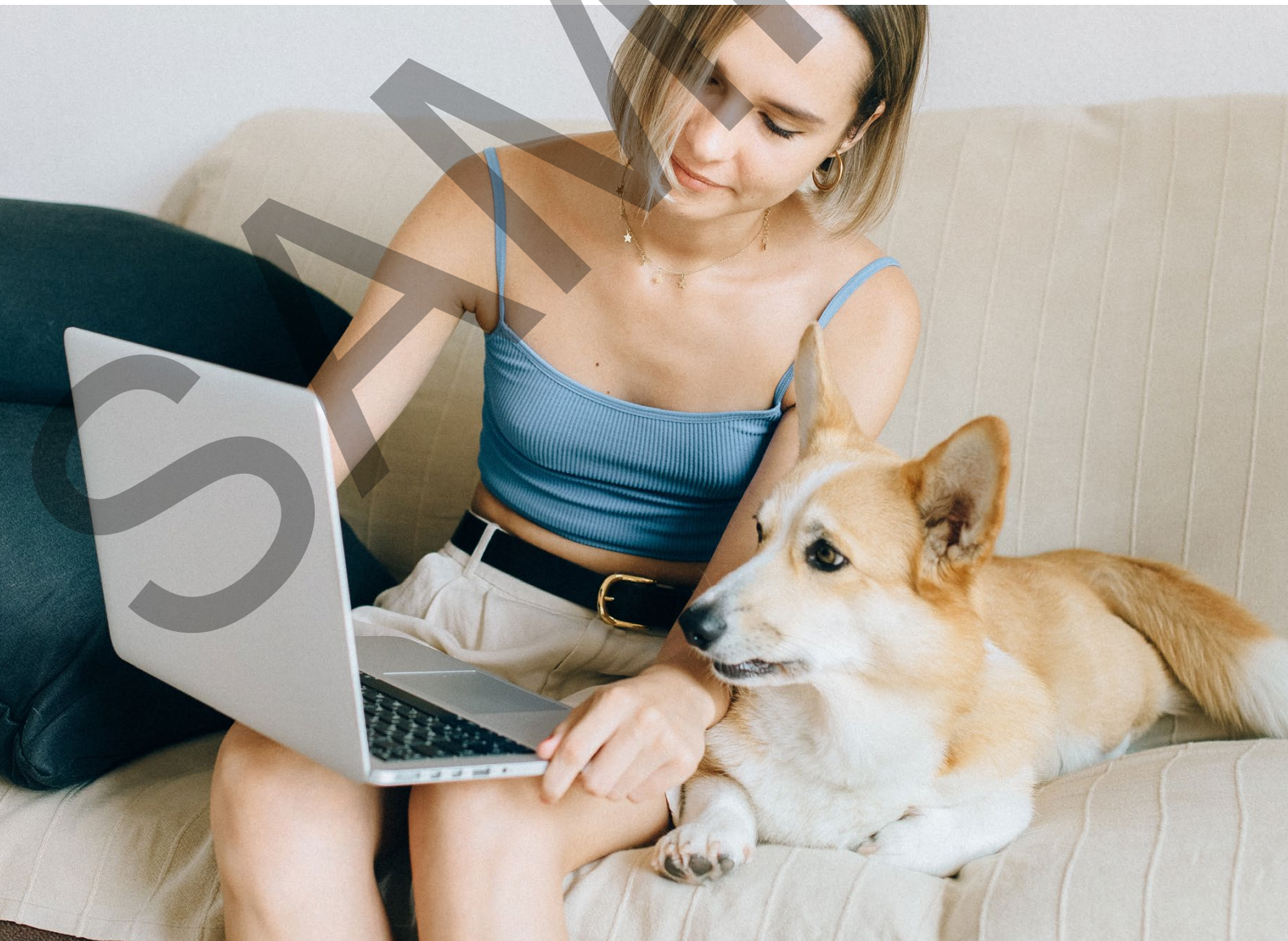
- Radium (Ra)
- Uranium (U)
- Tin (Sn)

These metals have been identified as ones to which you should monitor your pets exposure to.

It is also recommended that you aid your pets body's natural detoxification processes by ensuring your pet drink plenty of filtered water, eat a diet that is rich in wholefoods (particularly fruits and vegetables), avoid processed foods, reduce caffeine and/or alcohol intake, lower nicotine usage and exercise regularly.

07.

Your pets next steps



08.

Elimination diet



Elimination diet

What is an elimination diet?

It is conducted over a short period of time, normally around four weeks. In certain cases it may be recommended to conduct a longer elimination diet, however generally around four weeks is sufficient time to get good results. At the end of this period you can reintroduce items to your pet one by one at the same time as monitoring your pets symptoms and general wellbeing.

1

How does it work?

In the removal and then reintroduction of items you get a clear understanding of those foods which make your pet feel well and which ones make them feel unwell.

2

Elimination phase

All high and medium reactive foods are removed from the diet, along with any known allergy or intolerant foods. Your pet can eat freely from those foods in the no reactivity category. Your pet should aim for this phase to last four weeks.

3

Reintroduction phase

During the reintroduction phase you should bring one item in at a time and then monitor symptoms for the next two days.

You will find a reintroduction diary at the end of this section where you can note the food and drinks that your pet consumes along with any symptoms they experience.

What can't your pet eat on an elimination diet?

Each pet will be different in the foods they should eliminate during the elimination phase. The priority items to remove are those, which are shown in the high reactivity category. If eliminating these items alone seems like a big undertaking stick with the removal of only these items. However if you feel your pet can also achieve the removal of those foods in the medium reactivity category during the elimination phase also do so.

You must also respect any known allergies or intolerances. For example if you know your pet is allergic to wheat or lactose intolerant and it comes up in the no reactivity section, do not bring them back into your pets diet.

What can your pet eat on an elimination diet?

Your pet can eat any items, which are shown as having no reactivity, except any to which your pet have known allergies or intolerances.

What's important during an elimination diet?

In removing items from your pets diet your pet is also removing nutrients. Whilst it is only for a short period of time it remains important that your pet maintain a good daily intake of vitamins and minerals through their diet.



What happens after an elimination diet?

Following an elimination diet you should have good clarity on which foods work well for your pet and which provoke symptoms or make your pet feel less than it's best. If you do find there are items or food groups, which provoke symptoms, it is worth considering the reduction or removal of these items from your pets diet.

Should you choose to greatly reduce or eliminate an item or food group from your pet diet ensure your pet replace the nutrients your pet would have got from the item or food group with alternative sources.

To get the best out of your pets diet and to support their health and wellbeing ensure that, in the most part, their food comes from non-processed, natural sources and contains a breadth of vitamins and minerals.

Reintroduction diary

Date: __/__/__

	LIST FOOD (NOTE TIMES)	NOTE SYMPTOMS
Mon		
Tue		
Wed		
Thur		
Fri		
Sat		
Sun		

Metal potential sources

Aluminium

Can be found in: Cans, foils, kitchen utensils, window frames and beer kegs

Antimony

Can be found in: Batteries, low friction metals and cable sheathing

Argon

Can be found in: Welding and light bulbs

Arsenic

Can be found in: Rat poisons and insecticides

Barium

Can be found in: Paints, fireworks, some medicines and the process of making glass

Beryllium

Can be found in: Springs, electrical contacts and spot-welding electrodes

Bismuth

Can be found in: Usually mixed with other metals

Boron

Can be found in: Clay pots, detergent, glass, flares and fibreglass

Bromine

Can be found in: Flame-retardants, water purification systems and dyes

Cadmium

Can be found in: Re-chargeable batteries

Caesium

Can be found in: Atomic clocks and photoelectric cells

Cerium

Can be found in: Air conditioners, computer and ovens

Chlorine

Can be found in: Bleach, papermaking, swimming pools

Chromium

Can be found in: Stainless steel cutlery, wood preservatives, dyes and pigments

Cobalt

Can be found in: Cutting tools and dyes

Copper

Can be found in: Electrical generators and motors

Dysprosium

Can be found in: Lasers and many alloys

Fluorine

Can be found in: Toothpaste and etched glass

Gadolinium

Can be found in: Many alloys

Gallium

Can be found in: Electronics, alloys and thermometers

Germanium

Can be found in: Glass lenses, fluorescent lights, electronics and many alloys

Gold

Can be found in: Jewellery

Hafnium

Can be found in: Many alloys

Holmium

Can be found in: Lasers

Indium

Can be found in: Electronics and mirrors

Iridium

Can be found in: Alloys and materials that need to withstand high temperatures

Lead

Can be found in: Lead-acid storage batteries

Lithium

Can be found in: Rechargeable non-rechargeable batteries, some medications and alloys

Mercury

Can be found in: Batteries, fluorescent lights, felt production, thermometers and barometers

Molybdenum

Can be found in: Many alloys

Nickel

Can be found in: Stainless steel

Palladium

Can be found in: Car exhaust manufacture, dental fillings and jewellery

Platinum

Can be found in: Jewellery, decoration and dental work

Radium

Can be found in: Some medicines and glowing paints

Rhenium

Can be found in: Many alloys and flash photography

Rhodium

Can be found in: Spark plugs and highly reflective materials

Rubidium

Can be found in: Many alloys and amalgams

Ruthenium

Can be found in: Many alloys and corrosion resistant metals

Samarium

Can be found in: Many alloys and audio equipment

Silicon

Can be found in: Glass, pottery, computer chips and bricks

Silver

Can be found in: Jewellery

Strontium

Can be found in: Firework production, tin cans (food)

Sulphur

Can be found in: Medicines, fertilisers, fireworks and matches

Tantalum

Can be found in: Surgical equipment and camera lenses

Tin

Can be found in: Alloying metal

Titanium

Can be found in: Alloying metal

Vanadium

Can be found in: Alloying metal

Zinc

Can be found in: Many alloys, paint, fluorescent lights and the process of making plastic

Zirconium

Can be found in: Corrosion resistant alloys, magnets and some gem stones

Now you've tested your pet, why not test yourself...



Identify the right food and drink for your body

- + Quick & easy sensitivity testing
- + Improve your health & wellbeing

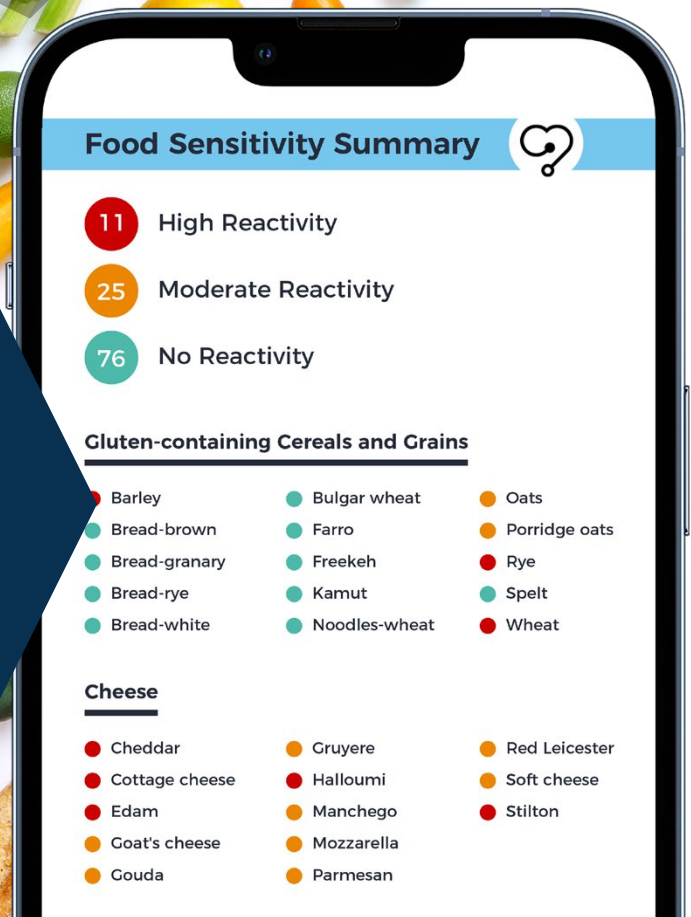


Test up to **970** items

Search for 'Check My Body Health' to find your test!

USE CODE: **PET10**

to get an exclusive 10% off all sensitivity tests



Contact us

If your pet have any questions
please get in touch with the
My Pet Sensitivity team on:

info@mypetsensitivity.com

 [/mypetsensitivity](https://www.facebook.com/mypetsensitivity)  [@mypetsensitivity](https://www.instagram.com/mypetsensitivity)

**Have you enjoyed
your pet test
experience?**

We would love to hear about your
experience with My Pet Sensitivity.

Please like, share and leave us a review.

 **Trustpilot**



Think before you print.

Please consider the environment before printing. We can all do our bit to help the planet.

