16 ACTS OF KINDNESS KIDS CAN DO AT HOME



| Call or FaceTime your grandparents. |
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| Draw pretty pictures or write kind words on the sidewalk with sidewalk chalk. |
| Write short notes of appreciation to your parents such as "Thank you for teaching me at home." Leave the notes in surprising places. |
| Text a friend a cute or goofy picture of your pet. |
| Make an extra effort to get along with your siblings. |
| Leave notes of gratitude for delivery drivers or mail carriers. |
| Make a "hello" card for an aunt, uncle, or cousin, and mail it. |
| Do your chores without being reminded. |
| Volunteer to do an extra chore. |
| Compliment a family member. |
| Give a parent a big hug just because. |
| Send a friend a birthday card that you made. |
| Place large signs with nice words in your windows to make people smile as they pass by. |
| Write a note to your teacher to let him or her know something new that you have learned. |
| Smile! A smile from you is one of the kindest things you can do. |
| Be kind to yourself by having a dance party or blowing bubbles! |