



## July Journaling Prompts

1. July is time for summer fun. Write a list of all the things you want to do this month!
2. Picnics are a fun way to spend time outside and share a meal with friends or family. What would you take with you on a picnic if you could make the whole menu yourself?
3. If you were asked to create a brand new ice cream flavor, what would it be? Describe the taste and draw a picture of a scoop of your new flavor.
4. Most schools have a long summer break. Do you like having 2 and a half months off at once or would you rather have shorter breaks during the school year?
5. What do you think your teachers do during summer break? Describe what you think it's like to be a teacher during summertime.
6. Have you been on vacation with your family? What is your favorite place you have visited?
7. You've been asked to design a new amusement park ride! Draw your creation and describe what it is like to ride it.
8. Think about your favorite animal. What super power would you like to borrow from them?
9. Families sometimes move during the summer. If you could meet new students right now during summer break, how could you help them feel included in your community?

10. If you could invent a machine to do your least favorite chore, what would it be? How would it work? Describe your chore machine and draw a picture of it.
11. Would you rather take a vacation to a beach or to the mountains? What would you like to do on your vacation?
12. If you could visit any other country, where would you go? What would you like to ask the people who live in that country?
13. Being friends with someone different than you makes life fun and interesting. Write a story about a giraffe and a hippopotamus who are best friends who spend summer break together.
14. A time capsule is a container buried in the ground for a long period of time. If you were to create a time capsule with 5 items that remind you of your summer break, what would you put in it? Draw a photo of your time capsule and write a story about the person who finds it.
15. Find a map of the United States, close your eyes, and put your finger on a state without looking. What state did you choose? Write a story about going on vacation to that state.
16. Have you had a sleepover at a friend's house this summer? Share a story about something that they do at their house that is different than in your family.
17. Did you know that July has a day called Take Your Houseplant for a Walk Day? Draw a picture of you taking a houseplant for a walk through your neighborhood.

18. What if you could have a summer job working for your local newspaper? Write a story about somewhere in your town or something that has happened this month.
19. What is your favorite way to spend a rainy summer day? Write about your favorite things to do when you can't go outside.
20. Do you know any elderly people in your community? What are some ways that you could show them kindness while you are on summer vacation?
21. What do you think it will be like to take a summer vacation in 20 years? How will you travel? What will you do?
22. What is the last movie you saw? Who was your favorite character? What are 5 things that make them unique? What are 5 things you have in common with them?
23. Have you ever wondered what it was like when your parents or grandparents were your age? Ask one of the adults in your family to tell you about their summer break when they were your age, and write about what it would be like to go back in time and see for yourself.
24. A family tree is a way to draw a chart of everyone in your family. Draw your own family tree, and add at least one thing that you admire about each family member, including yourself.